



# It's About Life!

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## Blood Center of Northcentral Wisconsin

### PARENTAL /GUARDIAN CONSENT FORM FOR SIXTEEN-YEAR-OLD BLOOD DONORS

Your minor has shown an interest in helping the community by donating blood. Wisconsin State Law requires written consent from a parent/guardian when a 16-year-old donates blood. We hope that you will support and encourage your minor's interest by signing this consent form. A signed consent will be required for each donation until the donor reaches age 17. The donation process includes:

- Registration – The donor should present a form of identification and provide the blood center with current address and phone number.
- Health history and mini physical – The donor will answer a questionnaire which includes health and behavior history questions. The donor will also have his/her temperature, blood pressure, pulse, and blood count evaluated. The donor must weigh at least 110 pounds.
- Blood Collection - Blood donation is a safe procedure using only single-use sterile supplies. Screening tests for infectious agents (as required by the Food and Drug Administration) will be performed on a sample of blood collected. Notification of medically significant abnormalities found during assessment or testing will be made to the minor and his/her guardian as required by regulatory agencies. The donor's name may be placed on a confidential deferral list for the defined period of time. Notification to state or local health departments may be made if required by law. Your minor should not donate blood in order to obtain infectious disease testing. There may be circumstances in which infectious disease tests are not performed.
- Refreshments – The donor will be observed after donation until he/she feels comfortable leaving the area. Snacks and drinks are provided to replenish fluids.

Risks - The blood donation process is usually uneventful, but not entirely without risk. On occasion, donors may experience mild to moderate side effects. These side effects may include feeling warm/sweaty, becoming pale, feeling faint or dizzy, upset stomach, bruising, swelling or redness at the needle insertion site, pain at the insertion site, fatigue, hyperventilation, low blood pressure and headache. Less common side effects include fainting, muscle spasms, or on extremely rare occasions, nerve damage or seizures. Reactions to blood donation can occur at any time throughout the donation process, including after the donor has left the donation site. We encourage donors to eat a healthy meal before donation. It may be advantageous to drink extra fluids before donation to reduce dizziness and light-headedness. An additional risk of blood donation is iron depletion, since the removal of red blood cells from your body also removes iron. Iron is needed to make new red blood cells. Your body uses stored iron or iron from your diet to make new red blood cells. Frequent blood donors (more than two times a year), and menstruating women are at a higher risk than others.

Please contact the Blood Center of Northcentral Wisconsin if you have any questions.

PLEASE COMPLETE THE BOTTOM SECTION OF THIS FORM AND RETAIN THE TOP SECTION

I give permission/consent for \_\_\_\_\_  
(please print minor's name) (date of birth)

to make a voluntary donation of whole blood to the Blood Center of Northcentral Wisconsin, Inc. I understand that both my minor and I will be notified if the blood testing process reveals any abnormalities that are medically significant.

Parent/Guardian (print name) \_\_\_\_\_

Address \_\_\_\_\_

Parent/Guardian Home Phone # \_\_\_\_\_ Work/Cell# \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_