



Cascade Women's Health  
PHYSICIANS AND SURGEONS

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## **SKIN BIOPSY - CARE INSTRUCTIONS**

1. If you notice that your pad and/or underwear have become soaked with blood, apply steady pressure with gauze ( or clean facecloth ) for 15 minutes without peeking. This should stop the bleeding and then you can change your pad or underwear. In the unlikely event that the bleeding persists, repeat the pressure for another 15 minutes.
2. Keep the biopsy site clean and dry today. Use a squeeze bottle filled with warm water to rinse yourself after urinating or defecating, then gently pat dry.
3. Tomorrow, clean the biopsy site with soap and water. Cotton swabs soaked with soapy warm water can be used to gently cleanse away scabs, crusts any drainage that may be present. Tub soaks are helpful and recommended.
4. The biopsy site may appear slightly red for the first few days, this is normal. Call our office if the redness increases and the site becomes sore and/ or develops a purulent (pus-like) discharge.
5. Rarely, women will complain of pain caused by biopsy. We may suggest plain Tylenol, 2 tablets every 4 hours as needed. If you feel you are experiencing excessive pain, call the office.