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# **AGAPE FAMILY SHELTER**

ADDRESS: 139 S 9th St. TARGET POPULATION:

Lebanon, Pa. 17042 Homeless women and their

children

PHONE: 272-6573 FEES: None

AFTER HOURS PHONE: Same as above

HOURS: Office: 9:00 a.m. - 5:00 p.m.

DIRECTOR:
Cynthia Smith

House: 9:00 a.m. - 8:00 p.m.

#### **SERVICES**

AGAPE provides temporary shelter for a period of up to 60 days. There is guidance for the women to attain housing and to become financially stable. There are programs for the women in the following areas: life skills training, Christian sharing groups and support groups.

ALL CLIENTS ARE TO BE REFERRED TO AGAPE BY DIRECTLY CALLING THE SHELTER. ALL PROSPECTIVE CLIENTS MUST MAKE AN APPOINTMENT TO SPEAK WITH THE DIRECTOR PERSONALLY.

#### OPPORTUNITIES FOR VOLUNTEERS

Shelter Workers Children Program Workers Public Relations

Volunteer Coordinator: Cynthia Smith Telephone: 272-6573

# **AIDS COMMUNITY ALLIANCE**

ADDRESS: 401 Division Street

Suite 100

Harrisburg, Pa. 17101

PHONE: 1-800-867-1550

FAX: 233-7196

TARGET POPULATION:

People living with HIV/AIDS and their families, friends, significant others. Information/education service opportunities available for the

community at large.

## **SERVICES**

Services provided: Case management services, HIV/AIDS education, support groups, counseling, and testing. All services are free.

# **AMERICAN CANCER SOCIETY**

ADDRESS: 526 Cumberland Street. P. O. Box 1274 Lebanon, Pa. 17042  PHONE: 273-4740 1800-ACS-2345  FAX: 273-3891	TARGET POPULATION: Lebanon County  FEE: All services & programs free of charge			
<u>SERVICES</u>				
The Lebanon Unit of the American Cancer S patients and their families:	ociety provides the following services to cancer			
Help with medications	Transportation/Mileage reimbursement			
Information & Referral	remoursement			
Look Good – Feel Better	Programs on cancer prevention/risk and early detection			
Self help and other support services	Gift items such as dressings, wigs			
All programs and services are provided free to residents of Lebanon County. Trained speakers are available to present programs to groups and individuals.				
<u>OPPORTUNITIES F</u>	<u>OR VOLUNTEERS</u>			
We interview potential volunteers and can find a place for EACH one. The more volunteers we have the more we can do. This is a volunteer driven program.				
Volunteer Coordinator: Carla Carpenter Telephone: 1800-ACS-2345				
SUPPORT GROUPS				
□Look Good - Feel Better				
☐ Breast Cancer Rehabilitation (Reach to Recovery)				

#### **AMERICAN HEART ASSOCIATION**

ADDRESS: 335 S 8<sup>th</sup> Street TARGET POPULATION:

Lebanon, Pa. 17042 General Public

MAILING ADDRESS: P.O. Box1263

Lebanon, Pa. 17042

PHONE: 273-0463 FEE: None

AFTER HOURS PHONE: Same – Answer Machine DIVISION DIRECTOR:

Kathy Andrews

HOURS: Varies due to part-time staff persons

Usual Hours: 9:00 a.m. - 11:30 a.m. Mon., Wed., Thurs.

1:00 p.m. - 4:30 p.m. Mon., - Thurs.

#### **SERVICES**

The Heart Association's mission is to reduce disability and death from cardiovascular diseases and stroke. To accomplish this mission they are dedicated to: research and provide educational programs to the public. They provide information on nutrition, non-smoking, cardiac care, exercise, hypertension, and programs including CPR training, hypertension screening, nutrition and heart health education of the young.

#### OPPORTUNITIES FOR VOLUNTEERS

Office Help- Receptionist
Programming- Blood Pressure Taker
CPR Instructor
Fund Raising-Residential
Special Events

Volunteer Coordinator: Kathy Andrews Telephone: 273-0463

## **AMERICAN LUNG ASSOCIATION OF PENNSYLVANIA**

ADDRESS: 3001 Old Gettysburg Road TARGET POPULATION:

Camp Hill, Pa. 17011 Individuals with lung related diseases

(includes smoking cessation)

Agency covers 17 Counties in Central

PA

EXECUTIVE DIRECTOR:

HOURS: 8:30 a.m. - 4:30 p.m. Kathleen L.Fackler Monday - Friday

#### **SERVICES**

The Lung Association provides the following services: helps those with asthma and breathing problems through Adult and Family Asthma Programs, Asthma Camps for children with asthma, Better breathing Clubs for maintenance, public education on subject of lung diseases, smoking cessation and related materials, and air pollution issues.

#### OPPORTUNITIES FOR VOLUNTEERS

Volunteers are needed to train as facilitators for smoking clinics, to assist with other occasional programs, also clerical help is needed for stuffing envelopes for mailings, etc.

Volunteer Coordinator: Kathleen Fackler Telephone: 1-800-932-0903

SUPPORT GROUPS - See Support Directory Asthma & Allergies Parents Support Group Better Breathers Club

PHONE: (717) 541-LUNG

TOLL FREE: 1-800-932-0903

#### **AMERICAN RED CROSS**

ADDRESS: 1220 Mifflin Street TARGET POPULATION:

Lebanon, Pa. 17046-3347 Residents of Lebanon County

PHONE: 273-2671 FEE: None, except materials

AFTER HOURS PHONE: 273-2671

HOURS: 8:30 a.m. - 4:30 p.m. EXECUTIVE DIRECTOR:

Monday - Friday Dawn Vitez

# **SERVICES**

The American Red Cross provides casework services to military families and Veterans, and Disaster Relief (emergency food, clothing, shelter, & medical supplies). We offer courses in First Aid, Water & Boat Safety, and Health Services. Nursing and Volunteer support is available for community projects and programs.

# OPPORTUNITIES FOR VOLUNTEERS

**Disaster Services** 

Community Services - Mall displays,

parades, Cedar Haven sewing, V.A. Hospital Square Dances, birthday socials, and other

activities

Clerical

Transportation

Youth Activities

Service to military families nighttime volunteer

**Board Member** 

**INSTRUCTORS** 

- a) AIDS Education
- b) Parenting
- c) Blood Pressure
- d)Vital Signs
- e) Janie Visits the Hospital
- f) Basic Aid Training
- g) Safety CPR, First Aid Standard &

Advanced, Water Safety,

Nursing

Volunteer Coordinators: Bette Douple and Priscilla Gonya

Phone: 273-2671

#### **AREA AGENCY ON AGING**

ADDRESS: 710 Maple St. TARGET POPULATION:

Senior Center, 2nd Floor 60 years or older

Lebanon, Pa 17046

PHONE: 273-9262 or 274-1439 FEES: Donation or Sliding fees for certain services

AFTER HOURS PHONE: None

DIRECTOR: Mike

HOURS: 8:00 a.m. to 4:30 p.m. Kristovensky

Monday - Friday

# **SERVICES**

1. <u>Administration</u> - Activities related to the fiscal and general programmatic management of the overall agency operations, which are necessary to implement the area plan including planning and coordination functions. Includes costs incurred that are not traceable to any specific service and not directly assignable to another cost center. Also includes indirect cost charged for County support functions.

- 2. <u>Program Development</u> Staff time devoted to planning and coordination of activities, which are of a general nature and not specificity assignable to a service such as investigation and acquiring of the sources of funding, development, and expansion of services, implementation of agency personnel policies, staff training and orientation and review of program effectiveness.
- 3. Outreach The initial introduction of Area Agency on Aging Services to elderly individuals. Includes door to door contact with persons who may be isolated or lacking the knowledge of available community services. Also available is a slide show, presented to community or church groups.
- 4. <u>Information and Referral</u> The nerve center for all information and services requests from or for the aging. Includes provisions of relevant information on and referral to community resources providing or making available needed services and appropriate follow-up activities. For information call 273-9262 or 274-1439.
- 5. <u>Counseling</u> These activities seek to improve the client's skills in problem solving and/or ability to cope with existing personal, social or environmental problems.
- 6. <u>Meals Home Delivered</u> Provides a hot nutritious meal to individuals' homes for older persons who either physically or financially cannot obtain an adequate diet.
- 7. <u>Transportation</u> (Non Center) Transportation services which enable individuals to travel to and from community facilities in order to receive services, reduce isolation, or other wise promote independent living. The Area Agency on Aging provides transportation through a contract with COLT, for the elderly anywhere in the County emphasizing doctor and hospital appointments, shopping assistance, and other social services.

- 8. Protective Services The agency does intake (collection of info. and screening of all reports of elder abuse), investigation (a thorough exploration of the situation to determine if the report can be substantiated) and case management. This service is provided to any county resident aged 60 and older who is the victim of abuse (physical, mental and/or emotional.), neglect, exploitation or abandonment. Referrals can be made 24 hours a day at 273-9262. Office staff is available Monday through Friday from 8:00 a.m. 4:30 p.m. An answering machine will explain how to reach an oncall worker after hours. Once a report is received, investigation will occur within 72 hours. Protective services are designed to be short-term services and will be terminated as soon as the imminent risk is alleviated. These services, which are provided by public and private agencies, include legal consultation, police protection, counseling, health care treatment, emergency services, financial management, in home services and case management.
- 9. <u>Care Management</u> Care Management is a series of activities performed by casework staff of the Area Agency on Aging so that a client's need may be identified and appropriate services to meet that need, can be initiated. The Care management process includes:
  - (a) A standardized comprehensive assessment is made, usually in the client's home, to thoroughly explore the client's need;
  - (b) Preparation of a written service plan, developed in cooperation with, and agreed to by, the client; and
  - (c) Arranging needed services for the client, either through the Area Agency on Aging or other community agencies.
  - (d) Continuing contact with the client to discuss the services that are being provided and ensure that they continue to be necessary and appropriate, and that the client is satisfied with the service provided.
- 10. <u>Placement Services</u> Placement services provides for the placement of dependent adults, who require personal care in sheltered residential settings such as Domiciliary Care Homes or Personal Care Boarding Homes or with relatives where the primary mode of care is social rather than medical. Placement Services include arranging for needed medical, functional, psychological or psychiatric evaluations when necessary, and development of an inventory of currently certified placement settings conducting inspections and approving settings.
- 11. <u>Center Services for the Elderly</u> Senior Center services are group-focus activities provided at specific locations designed to respond to the social, economic, emotional, and physical needs of interest to elderly persons. Specific services would include Congregate Meals provided in a group setting designed to facilitate socialization and promotion of better health in providing low cost nutritionally adequate meals. This service would also include transportation to and from specific centers.
- 12. <u>Legal Services</u> The Area Agency provides education and training on legal problems confronting the elderly through the distribution of booklets such as legal rights of nursing home patients and landlord/tenant responsibilities. A contract is maintained with Mid Penn Legal Services to provide legal assistance for those elderly who are financially eligible, less than 125% of the poverty level.
- 13. <u>Homemaker/Home Health Aide</u> Services of home help and personal care provided in the client's home by a trained, supervised homemaker, when there are no other responsible persons available or

capable of providing such service. Services include: care and management of the home, personal care to ill clients such as bathing and hair care, and helping them get in and out of bed, supportive assistance to family members, assistance with household tasks, routine light housework and planning and preparing meals.

- 14. <u>Chore Services</u> This program accepts referrals from persons age 60 and over for assistance in such outdoor chores as grass cutting, raking leaves and snow removal. The primary source of help would be from the Rent-a-Kid program, which in addition to helping the elderly also benefits students by giving them the opportunity to obtain a part-time summer job. The AAA matches kids in the community with elderly clients needing these chores. A small fee will be required to be paid by the client. If equipment is needed to complete the chore, the AAA maintains a list of private individuals who will perform the service for an hourly rate agreed upon by the client and the service provider.
- 15. <u>Employment/Job Development</u> Employment services are designed to encourage employment of persons who are 55 years of age or older. Included are all activities related to the employment of older workers in subsidized jobs, including counseling, job development, referrals and actual placements. Referral to sources of relevant training, vocational, educational and/or basic education provision of information on job openings, contracting industries, businesses and other places of employment to advocate the hiring of older workers.
- 16. <u>Subsidized Employment</u> Placement of eligible older workers who are 55 years of age or older in Senior Community Service Employment Program subsidized employment paid by the agency for a limited time to provide job experience and training with the ultimate goal being movement to unsubsidized placement.
- 17. <u>Telephone Reassurance</u> Through a contract with Crisis Intervention the Area Agency on Aging provides daily reassurance calls to specific individuals on a daily basis.
- 18. <u>Long Term Care Ombudsman</u> Through this program the Area Agency on Aging is responsible for receiving, investigation and resolving complaints from residents of nursing care facilities & personal care boarding homes in Lebanon County.
- 19. <u>Special Projects</u> This service consists of specific initiatives undertaken by the agency designed to improve the health of social well being of elderly persons in the community. Service would include such activities as publication of nursing home and housing information, per capita tax directory, and discount booklet. Provision of health-screening day and other special agency activities would also be a component of this service.
- 20. <u>Health Fair/Health Screening</u> Once each year a Health Fair, which provides approximately 15 screening procedures to determine appropriate treatment of course of action, is held at the Senior Center. Monthly screening for blood pressure and diabetes is held at different Congregate Meal sites.
- 21. <u>APPRISE</u> Trained volunteers will be helping in counsel senior citizens with questions concerning their Medicare coverage, Medicare claim forms and supplemental insurance coverage on n individual basis. These volunteers will also be able to assist in completing Pennsylvania Property

Tax, Rent Rebate, PACE, and the Lebanon County Energy Assistance applications. This program also provides a seminar once a month covering all forms of health insurance available for senior citizens residing in Lebanon County. This seminar is presented the first Wednesday of each month and you must call for reservations.

- 22. <u>Personal Assistants Service</u> In an effort to delay institutionalization as long as possible, this program provides "hands on" personal care to elderly clients during nontraditional working hours 6 a.m. to 8 a.m. and 4 p.m. to 8 p.m. on weekdays. Service is provided Saturdays, Sundays, and holidays between 6 a.m. and 8 a.m. Assistance with bathing, dressing and getting in and out of bed as well as other personal care can be performed by trained attendants.
- Eldercare Serves continent adults 60+ and older. This service is appropriate for consumers whose caregivers prefer them not being home alone during the day or the caregiver needs a care-giving break to rest, do chores, run errands, work, etc. There are three ADC facilities. The first is located adjacent to Cedar Haven at 15 Metro Drive, Lebanon. The second is located with the Messiah Lutheran Church at 1800 Oak Street, Lebanon. The third is located within the Lebanon Valley Brethren Home at 1200 Grubb Street, Palmyra. The hours of operation for all facilities are Monday through Friday, from 7:30 a.m. to 5:00 p.m., closed on holidays. Consumers are expected to attend the ADC program per day, it is recommended they attend at least 4 hours or the entire business day.. . Breakfast, lunch, and an afternoon snack are provided to consumers who are at the facility at those times. Activities are geared toward the consumer's functional levels and abilities and include; current events, discussions, trivia, word games, in-chair exercises, games, short films, videos, sing-alongs, entertainment, crafts, etc. A nurse is o duty to handle emergencies and to administer medications during ADC hours if needed. Transportation is to be provided by family/caregivers or arrangements can be made with COLT to ride the mini-bus. At this time, there is a suggested donation of \$16.00 per day for ADC. For more information, call the Lebanon County Area Agency on Aging and ask for Melissa Meiskey (caseworker).
- 24. <u>Alzheimer's Support Group Educational Support Group</u> If you are caring for someone with Alzheimer's Disease or related dementia, the Lebanon County Alzheimer's Educational Support Group could be beneficial in helping you find ways to cope with the daily stress encountered in caring for an dementia consumer. Presentations are made by professionals as well as our caregivers and steering committee members in an effort to help you determine ways to deal with problems you may encounter. Opportunity is also provided for caregivers to share feelings and experiences with each other. Meetings are held the 2nd Monday of each month from 7:00 p.m. 8:30 p.m. at Cornwall Manor in the Freeman Hall dining room.
- 25. Smoke Detector Program All Lebanon County residents 60 years of age or older or physically disabled are eligible to receive free smoke detector(s) for their home or apartment. However, physically disabled individuals under the age of 60 may receive a free smoke detector if the meet agency financial eligibility criteria. A visually designed smoke detector is available for those persons who are severely hearing impaired. Maintenance of the detector such as replacing batteries is the responsibility of the resident. Application for this program can be made by contacting the Area Agency on Aging.

- 26. <u>Family Caregiver Support Program</u> Another program offered by the Lebanon County Area Agency on Aging is the Family Caregiver Support Program. You may be eligible for this program, if you are providing care for and living with a physically and/or mentally impaired spouse or relative who is 60 years of age or older. For income eligible families, the program offers up to \$200 per month reimbursement for the purchase of consumable supplies (adult disposable briefs, bed pads, etc.) and respite care. A onetime grant of up to \$2,000 may be available to purchase assistive devices or home modification that would benefit or promote independence of the care receiver (wheel chair ramp, etc.) For more information or to determine eligibility for the program call Lois Troy at Lebanon Co. Area Agency on Aging.
- 27. <u>Assistance Technology/Risk Reduction Home Modification Program</u> In the attempt to keep senior citizens in their own homes as long as possible, this program has been developed for consumers who are age 60 and over, usually living alone, are at 125% of the poverty level, and are not clinically eligible for nursing facility care and services. It is one-time grant of up to \$2,000 for the purchase of assistance technology and/or home modification which will enable the consumer to remain at home without being at risk of functional or physical deterioration, and removal of the risk of imminent placement in a nursing facility.
- 28. Options The Options program is supported by the Pennsylvania Departments of Aging and Public Welfare. The Lebanon County Area Agency on Aging operates the program. The purpose of Options is to determine the consumer's needs and the most appropriate and effective means of meeting those needs. Assessment outcomes can range from Home and Community based services to placement in a Nursing Facility, Personal Care Home (Assisted Living) or Domicillary Care and to make application for funding if financially eligible. A complete physical, functional, social, nutritional, and emotional assessment completed by the assessor along with a medical evaluation completed by the consumer's physician which are used to determine the consumer's needs. Financial eligibility for funding assistance with placement in Nursing Homes, Personal Care Homes and Domicillary Homes is determined by the Lebanon County Assistance Office.
- 29. <u>Home Support</u> Assistance with housekeeping and laundry on a limited basis for persons 60 years and older.
- 30. Pa. Dept of Aging Waiver Program- New program of home and community based services that are an alternative to nursing home care. To qualify for services an individual must be 60 years of age or older, reside in Lebanon County, meet certain financial criteria, require the level of care of a nursing facility, and choose community based services rather than placement in a nursing facility. Services include hands on care to assist with personal hygiene and home maintenance activities, specialized therapies with a physician's order, medical supplies and equipment, caregiver relief, environmental modifications, meals on wheels, older adult family living, personal emergency response system, nursing services and counseling. For further information contact: Lebanon County Area Agency on Aging.

#### OPPORTUNITIES FOR VOLUNTEERS

Home-delivered Meals Adult Daycare SIAP Senior Lunch on Sites Transportation Special Projects Volunteer Coordinator: Michelle Long PHONE: 273-9262

#### **ARTHRITIS FOUNDATION**

ADDRESS: 630 Janet Avenue

Lancaster, Pa. 17601

PHONE: 397-6271

AFTER HOURS PHONE: 397-6271

HOURS: 8:30 a.m. - 4:30 p.m.

Monday - Friday

TARGET POPULATION:

Arthritis patients, patients with related conditions, or anyone interested in the patient or disease in Lancaster/Lebanon Counties totaling more then 73,000.

FEE: None

BRANCH DIRECTOR: Tammy Kerr

#### **SERVICES**

The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases. The Arthritis Foundation is the source of help and hope for two million people in Pennsylvania with arthritis. The term "arthritis" refers to over 100 forms of related conditions, including lupus, fibromyalgia, osteo and rheumatoid arthritis, gout, lyme disease, and other musculoskeletal chronic illnesses.

The Foundation raises funds for research for this country's number one crippling disease, as well as using those funds for education and patient services. Services include a listing of Rheumatologists and Arthritis Clinics, a loan closet of health care equipment, support groups, patient handbooks and care manuals, information on self-help devices and offering Self-help Classes covering exercises and advice on how to manage your arthritis. Arthritis Aquatic exercise programs are held at the YMCA, Lebanon Valley College and several other locations (fee). Call for details.

#### OPPORTUNITIES FOR VOLUNTEERS

Membership in the Arthritis Foundation
Fashion Show - Children
Golf Fund Raiser
Self Help Instructors
Support Group Leaders
Jingle Bell Run for Arthritis
Rose Day
Lebanon Advisory Committee

# BETTER BUSINESS BUREAU OF EASTERN PA. CAPITAL DIVISION

ADDRESS: 29 East King St.-Suite 322

Lancaster, Pa. 17602

PHONE: 291-1151 (Lancaster)

HOURS: 9:00 a.m. - 3:45 p.m.

Monday - Friday

AFTER HOURS PHONE: (215) 985-9313

FAX: 291-3241

DIRECTOR: Chet Amend

TARGET POPULATION: Consumers & Business in the following Counties Adams, Dauphin Cumberland, Franklin, Fulton, Juanita, Mifflin, Lancaster, Lebanon, York, and Perry.

Reports, complaint forms, and pamphlets available free. Complaints can now be entered on the Internet at www.bbb.org\*. It is not necessary to call the BBB before entering this site. The ZIP code of the business will take the complaint to the appropriate BBB office.

• Reliability reports on businesses also available at this website at no cost.

#### **SERVICES**

The Better Business Bureau provides information on businesses and charities, offers complaint-handling services, and provides consumer information. The Bureau's Autoline Program assists in the resolution of problems involving manufacturing defects in certain vehicles. The BBB offers mediation and arbitration services as a means to resolve disputes involving businesses and consumers. Our consumer education services include speeches, personal consumer counseling by phone, general consumer information.

# **BIG BROTHERS/ BIG SISTERS OF LEBANON**

ADDRESS: 746 Cumberland Street TARGET POPULATION: Children

Suite F- 2<sup>nd</sup> Floor between 7 and 16 years of age.
Lebanon, Pa. 17042 Volunteers age 16 and up

PHONE: (717) 272-4443 FEE: None

DIRECTOR: Julie A. Baum CONTACT PERSON: Julie Baum

## **SERVICES**

Big Brothers Big Sisters provide a supervised primarily, one-to-one adult relationship to a child in need of an adult friend. Four programs exist in Lebanon County: Community, Sports Buddies, School Based Mentoring, and Brighter Futures.

#### **BOY SCOUTS OF AMERICA**

ADDRESS: Pennsylvania Dutch Council TARGET POPULATION:

630 Janet Avenue Boys 6-21 years old

Lancaster, Pa. 17601 Girls 9th grade – 21 years old

PHONE: 1-888-427-2616 FEES: \$10.00-youth

\$10.00-adult, \$1.00 accident insurance

AFTER HOURS PHONE: Same as above

HOURS: 8:00 a.m. - 5:00 p.m.

Monday - Friday DIRECTOR: Edward Rasmuson

## **SERVICES**

BSA mission statement: It is the mission of the Boy Scouts of America to serve others by helping to instill values in young people and in other ways prepare them to make ethical choices over their lifetime in achieving their full potential.

#### **OPPORTUNITIES FOR VOLUNTEERS**

District Committee
Commissioner Staff
Merit Badge Counselors
Unit Committee
Cubmaster
Scout Master

Volunteer Coordinator: Glenn Achey Telephone: 273-8788 Address: 405 Greenfield Drive Lebanon, PA 17042

#### **BRIDGE OF HOPE – LEBANON COUNTY**

ADDRESS: 210 East Main Street – A TARGET POPULATION:

Annville, Pa. 17003 Single mothers – Lebanon Co.

PHONE: 685-1231 FEE: None

FAX: 685-1233

FAMILY RESOURCE COORDINATOR/CONTACT PERSON:

Dawn Darkes

#### **SERVICE**

Ending and preventing homelessness, one church and one family at a time.

Bridge of Hope Lebanon County strives to end and prevent homelessness for women and children with the help of trained mentoring groups within congregations. Single mothers achieve permanent housing and financial self-sufficiency through employment and attain stability and enhanced self esteem through ongoing mentoring friendships. Our goal is to exemplify Christ's love and to promote physical, emotional, social and spiritual wholeness.

## BUREAU OF BLINDNESS AND VISUAL SERVICES DEPT. OF LABOR & INDUSTRY

#### OFFICE OF VOCATIONAL REHABILITATION

ADDRESS: Forum Place

555 Walnut Street, 8<sup>th</sup> Floor TARGET POPULATION:

Harrisburg, Pa. 17110 People who are blind or visually

impaired of all ages in an 8 county area. Also people who are multiply disabled who qualify visually

PHONE: 787-7500 or 787-1733 (T.T.Y.)

TOLL FREE: 1-866-375-8264 FEES: None\*

HOURS: 8:00 a.m. - 4:30 p.m. DISTRICT MANAGER:

Monday - Friday Mary K. Moyer

#### **SERVICES**

The Bureau of Blindness and visual Services (BBVS) offers specialized services and rehabilitative programs to help persons who are blind or visually impaired work and maintain independent lives. Our six District Offices provide a wide range of services throughout the Commonwealth.

\*There is a financial needs test for some services Financial eligibility is determined on an individual basis

#### **OPPORTUNITIES FOR VOLUNTEERS**

Transportation of Lebanon County residents for reimbursement Volunteer Coordinator: Anne T. Strok Telephone: 787-7500

#### **CARON FOUNDATION**

ADDRESS: Box 150, Galen Hall Road

Wernersville, Pa. 19565

PHONE: 1-800-678-2332

AFTER HOURS PHONE: Same as above

HOURS: Facility: 24 hours, 7days a week

Office: 8:30 a.m. - 5:00 p.m. daily

DIRECTOR: Doug Tieman

President & CEO

TARGET POPULATION: Chemical dependency (substance abuse) treatment center for addicted adults, Adolescents, and families

FEE: Vary with service Call intake for current rate at

1 (800) 678-2332

#### **SERVICES**

Caron Foundation provides inpatient detoxification, rehabilitation, drug and alcohol abuse screening, assessment, aftercare, out patient programming for chemically dependent people. Caron Foundation programming is based on the 12–step principles of Alcoholics Anonymous. The primary objective is to effect change in the individual to allow that patient to return to a normal productive life without use of chemicals. Caron's Center for Self Development is a 30-bed facility designed to treat families whose lives have been impacted by chemically dependency. Inpatient 5 ½ day treatment programs for adult children of alcoholics, co-dependency, nicotine cessation, and compulsive overeating, are available. The Rosie Kearney House for Women is an 18 bed extended care facility for chemically dependent women, and the Caron Men's Extended Care is a 12 bed facility for chemically dependent men, who have completed a treatment program who require additional support prior to returning home.

In addition, Caron Adolescent Extended Care provides aftercare for young people ages 13 to 19 at our Wernersville facility.

#### OPPORTUNITIES FOR VOLUNTEERS

Sending out mailings Envelope stuffing Phone: 1-800-678-2332

SUPPORT GROUPS: See support groups directory Chit Chat Alumni Chapter

AA - NA - Alateen - Alanon Meetings

#### **CATHOLIC CHARITIES**

SITE ADDRESS: COUNSELING SERVICES SITE ADDRESS: FAMILY FOCUS

503 Cumberland Street 1431 Walnut Street Lebanon, PA 17042 Lebanon, PA 17042

COUNSELING PHONE: 273-8514 FAMILY FOCUS PHONE: 273-3011

PROGRAM DIRECTOR: KIRK REIDER, PROGRAM DIRECTOR: Jan Edwards

LCSW, ACSW

HOURS: 8:30 a.m. - 5:00 p.m. TARGET POPULATION:

Monday - Friday Residents of Lebanon County

Counseling, Advocacy and Education; Education/Referral to benefit all age groups

FEES: Out Patient Counseling Program groups without regard for economic, cultural, or

\$70.00 per hour; sliding fee scale religious background or affiliation

MA & CBHN

Outpatient services through

#### **SERVICES**

OUTPATIENT SERVICES: which include marriage counseling, individual, and family therapy, parent-child counseling, Family Focus Program, pregnancy, adoption services, Advocacy/Education services, and informational & referral.

INTENSIVE IN-HOME SERVICES, FAMILY FOCUS: provides therapy, case management, crisis intervention for families with children at risk for placement outside of their home due to the children's mental health needs.

LOURDES HOUSE: Catholic Charities provides housing for single pregnant women under the age of 30 through Lourdes house located in Harrisburg, Pa.

#### **CEDAR HAVEN**

ADDRESS: 590 S 5th Avenue TARGET POPULATION:

Lebanon, Pa. 17042 Elderly & disabled needing nursing

care

PHONE: 274-0421

AFTER HOURS PHONE: 274-0421

FEE: Varies

HOURS: 24 hours

ADMINISTRATOR:

BUSINESS HOURS: 8:00 a.m. - 4:00 p.m. Edward Schlegel, N.H.A.

Monday - Friday ASSISTANT ADMINISTRATOR:

Marcia E. Krause, N.H.A.

#### **SERVICES**

Cedar Haven provides a complete range of nursing and related ancillary services to the indigent people of Lebanon County who require skilled or intermediate nursing care.

## **OPPORTUNITY FOR VOLUNTEERS**

Student Volunteer Program, ages 14 & up
Special Laundry
Gardening Program
Adopt-A-Friend Program
Assist in patient care
Feeding residents
Art & craft activities
Transporting residents within the bldg.
Clerical duties
Entertainment
Grandparent Program

Volunteer Coordinator: Diane Kline Telephone: 274-0421

#### CENTRAL PENNSYLVANIA MARCH OF DIMES

ADDRESS: 160 S Progress Ave. TARGET POPULATION:

Suite 1 C

Harrisburg, Pa. 17109 Cumberland, Juniata, Fulton, Snyder, and Union Counties. Mothers and

Babies: Women of child bearing age

Lebanon, Perry, Dauphin, Franklin,

PHONE: 1-800-533-9255 or (717) 545-4534

AFTER HOURS PHONE: 545-4534

HOURS: 9:00 a.m. - 5:00 p.m. FEES: None

Monday -Friday

**DIVISION DIRECTOR:** 

Carol Bergeron

**COMMUNITY DIRECTOR:** 

Michelle Rogers

#### **SERVICES**

The March of Dimes provides professional and public education on prenatal care and birth defects prevention. Financial support of health care providers for medical services programs relative to our mission. Distribution of free information to hospitals, clinics, schools, and private physicians. Fund local community programs supporting the mission through an annual request for proposals.

#### OPPORTUNITIES FOR VOLUNTEERS

Special events fund raising
Board of Directors
Advisory Committee
Office Work
Public Health Education
Medical Needs Review
Healthy Professional Advisory Board

## CHILD CARE INFORMATION SERVICES OF LEBANON COUNTY

ADDRESS: 730 Locust Street HOURS: 8:30 a.m. to 5:00 p.m. Lebanon, Pa. 17042 Monday - Friday

PHONE: (717) 274-6552 or COORDINATOR: Lorita Valente

1-888-313-2247

# SEEKING CHILD CARE AND NOT SURE WHERE TO LOOK OR WHAT TO LOOK FOR?

CHILD CARE INFORMATION SERVICES OF LEBANON COUNTY OFFERS **FREE** RESOURCE AND REFERRAL SERVICES FOR CHILD CARE.

#### MISSION STATEMENT

The Pennsylvania Department of Public Welfare, through its Child Care Information Services Agencies, administers the Subsidized Child Day Care Program for low-income families and makes resource and referral services available to all citizens of Pennsylvania.

#### **SERVICES**

- Computerized searches for regulated child care that meets individual family needs
- Information on questions to ask and things to look for when interviewing a day care provider
- Information on area agencies that could assist parents and children
- Brochures and videos on various children's issues such as child development, health and safety
- Lending Library offering books, videos and children's games
- Information on child care subsidy to assist with the cost of child care

#### **CIL**

# CENTER FOR INDEPENDENT LIVING OF CENTRAL PA.

ADDRESS: 207 House Ave. Suite 107 TARGET POPULATION:

Camp Hill, Pa. 17011-2308 Anyone with a disability residing in

Central PA

ADDRESS: 313 W. Liberty Street

Suite 107

Lancaster, Pa 17603 (717) 273-4256

PHONE: 731 1900 or in Cumberland, FEES: No fees for consumers

1-800-323-6060 737-1335 (TTY)

Answer Machine on weekends

1-800-829-7404 (TTY)

WEB SITE: www.cilcp.org

#### **SUMMARY**

The Center for Independent Living is a non-profit, non-residential agency that is dedicated to advancing the rights of people with disabilities by preventing or eliminating physical, psychological, social, and attitude barriers which deny the rights and privileges that we all take for granted.

#### **SERVICES**

Services are consumer controlled and include training designed to increase self-reliance, living skills, and enhance self-confidence. Examples of this training include, but are not limited to: cooking, budgeting, housing search, benefits counseling, and home maintenance skills. Training is also available to empower people with disabilities to speak for themselves and others. Information and resource materials are available related to all disabilities and disability issues.

- 1. ADA TECHNICAL ASSISTANCE provides technical assistance to businesses or organizations on meeting ADA compliance. This includes a walk-through of the business by qualified people with disabilities and a written summary of recommendations. Fees for this service may vary.
- 2. SENSITIVITY AWARENESS TRAINING educates the public, in general, about communicating with people with disabilities and becoming more aware about people with disabilities, accessibility, and disability issues. Included in this training are videotapes, facts/myths about people with disabilities, and group participation exercises. Fees may vary for this service.
- 3. PEER HELPER GROUP Trained volunteers with disabilities provide role modeling for people with disabilities. Services include emotional support, goal attainment, and a listening ear to assist

other people with disabilities in obtaining an independent lifestyle. Peer Helper Training is available to people with disabilities that have a sincere desire to help others cope with and understand their own disabilities. Training sessions are available to fit individual time schedules.

- 4. PENNSYLVANIA TRANSPORTATION ALLIANCE to unify people with disabilities in a statewide effort to ensure accessible, affordable transportation for all Pennsylvanians with disabilities.
- 5. STATEWIDE ACTION TEAM to provide assistance to local grassroots advocacy groups.
- 6. RURAL ACCESSIBILITY MODIFICATION PROJECT (RAMP) through a network of volunteers and donated materials builds ramps and minor home modifications for people with disabilities who are low income.

#### **COMPEER PROGRAM OF LEBANON COUNTY**

ADDRESS: 250 South 7<sup>th</sup> Street, Suite 2 TARGET POPULATION: Severely

Lebanon, Pa. 17042 mentally ill persons 18 years of age or Older and live either in transitional

PHONE: (717) 272-8317 living facilities, with their families

or on their own. HOURS: 8:00 a.m. - 4:00 p.m.

Monday - Friday FEE: None

FAX: 272-0898 DIRECTOR: Teri Birch

E-Mail: compeerlebanon@verizon.net

#### **SERVICES**

The mission of Compeer of Lebanon County is to complement professional care by providing acceptance and friendship for consumers of mental health services so that they may attain a higher level of functioning and sense of belonging in our Lebanon Valley. By matching an adult in recovery from a chronic psychiatric illness in a one-to-one friendly relationship with a trained volunteer, Compeer helps to bridge the gap between institutional treatment and community-based services. Through its volunteer recruitment, one-to one match, and educational programs, Compeer works in the community to reduce hospitalizations, reduce the stigma associated with mental illnesses, and enhance public understanding and acceptance of people with a mental illness.

Compeer is regarded as an adjunct to therapy. Our neighbors in recovery from a mental illness, who are socially isolated by their illness and stigma, are referred to the program by a mental health professional. Some participants live independently or with a family member. Others live in a supervised environment such as a personal care home or supported housing environment. In many cases, their Compeer friend is the only person outside of the mental health delivery system with whom they nave any regular and consistent contact.

Compeer volunteers represent all segments of society. Some volunteers may be professional; others may be mental health consumers. Altruism is the common denominator. Volunteer applicants are carefully screened to assure their motivation and suitability as either "Compeer Callers" or one-to-one Compeer "buddies". The Compeer staff and the individual's case manager or therapist provides ongoing training, monitoring, and support of the relationship.

#### OPPORTUNITES FOR VOLUNTEERS

Compeer Calling – A weekly supportive telephone call to a person on the wait list. One –to-One Compeer Friendship Match – Four hours a month for at least one year doing the things people normally do- a walk in the park, grocery shopping, playing cards, attending a community or congregational event, or just talking.

Senior Resource Volunteer- Assists the staff in training new volunteers.

Fundraising, clerical and special events volunteers

# **COUNTY OF LEBANON TRANSIT AUTHORITY - COLT**

ADDRESS: 200 Willow St. TARGET POPULATION:

Lebanon, Pa. 17046 All of Lebanon

PHONE: 274-3664 FEES: Student \$ .50

Student fare Monday-Friday, August 15<sup>th</sup> – June 15<sup>th</sup>

FAX: 274-3514 August 15" – June 15"
City Fare \$140

Rural Fare \$1.80 DEMAND RESPONSE: 274-3514 City Transfer \$ .40

County Transfer FREE AFTER HOURS PHONE: 269-3774

EXECUTIVE DIRECTOR: THERESA L. GIURINTANO

OFFICE HOURS: OFFICE 8:00 a.m. - 4:00 p.m.

DEMAND RESPONSE OFFICE

8:00 a.m. - 4:00 p.m.

#### FIXED ROUTE OPERATING

6:00 a.m. - 6:00 p.m. Monday - Friday

7:00 a.m. - 6:00 p.m. Saturday

TWILIGHT RUN

until 11:30 p.m. Monday-Saturday

#### DEMAND RESPONSE OPERATING

8:00 a.m. - 4:00 p.m. Mon-Fri. (County)

8:00 a.m. - 2:00 p.m. Saturday (County)

8:00 a.m. - 6:00 p.m. Mon.-Sat (City)

8:30 a.m. - 3:00 p.m. Saturday (City)

#### **SERVICES**

Lebanon County: FIXED ROUTE

City: Lebanon

Boroughs: Cornwall, Jonestown, Myerstown, Richland, Palmyra

Township: Bethel, East Hanover, Heidelberg, Jackson, Millcreek, North Annville, North Cornwall,

North Lebanon, South Lebanon, Swatara, West Cornwall, West Lebanon.

#### DEMAND RESPONSIVE SHARED RIDE:

Where: All Areas of Lebanon County

Who: Anyone age 60 or older may ride the minibus, after registration, for a \$ 1.00 charge each

way. Persons not over 60 years of age will be charged a fare\*

DEMAND RESPONSE FARE STRUCTURE\* \$7.57 One-way anywhere in Lebanon County,

SUPPORT GROUPS: Demand Response Advisory Meeting

#### **CRISIS INTERVENTION AND INFORMATION CENTER**

TARGET POPULATION:

ADDRESS: Good Samaritan Hospital Persons in Crisis

4th & Walnut St.

Lebanon, Pa. 17042 FEES: Your health insurance may be

billed.

PHONE: 274-3363

**DIRECTOR: Molly Connor** 

HOURS: 24 hours per day/ 7 days a week

#### **SERVICES**

Crisis Intervention and Information Center services are available on an any-hour basis. The targeted problems served by Crisis Intervention are information and referral, mental health, alcohol/drug abuse, marital conflicts, and family conflicts. The services offered include counseling, other specialized and supportive, information and referral as needed, and reassurance contacts to the elderly. Counselors are also available to speak with emergency room patients if needed and inhouse patients as well. Crises Intervention counselors serve as Mental Health delegates for emergency commitments and make on-site visits into the community when appropriate.

## OPPORTUNITIES FOR VOLUNTEERS

Telephone Reassurance Callers
Filing
Special Projects

Volunteer Coordinator: Molly Connor Phone: 274-3363

# <u>CYSTIC FIBROSIS FOUNDATION</u> <u>Central Pennsylvania Chapter</u>

ADDRESS: 55 South Progress Ave. TARGET POPULATION:

Harrisburg, Pa. 17109 Individuals with Cystic

Fibrosis and volunteers

PHONE: 671-4000

FEES: None

HOURS: 8:30 a.m. - 5:30 p.m.

Monday - Friday DIRECTOR Erin Velazquez

# **SERVICES**

The Cystic Fibrosis Foundation offers literature on CF and raises money through numerous fund raising events throughout the year. We also offer discounts, through our CF Services Department on CF drugs.

## **OPPORTUNITIES FOR VOLUNTEERS**

Various

Volunteer Coordinator: Erin Velazques Phone: 671-4000

## DEAF AND HARD-OF-HEARING SERVICES OF LANCASTER COUNTY

ADDRESS: 1810 Oregon Pike. Lancaster, Pa. 17601

PHONE: (717) 397-4741 Audiology, Voice, & TTY (717) 291-1839 Deaf Services, Voice & TTY

DAYTIME FAX: (717) 291-1830

AFTER HOURS PHONE: Answer machine at above numbers TTY Answer Machine (717) 397-4742 EMERGENCY CONTACT: TTY & Deaf Contact 24 hours 299 4855 (V) 299 7184 (TTY)

HOURS: 8:30 a.m. - 5:00 p.m. Monday - Friday TARGET POPULATION:

Deaf and hard of hearing of Central Pa. and those in need of information about deafness, sign language and related topics.

FEES: Reduced rates for hearing tests, hourly rate for interpreters, fees for sign classes. Special lease purchase program for hearing aids, and other equipment for deaf or hard of hearing people.

EXECUTIVE DIRECTOR: Barry Witmer

#### STATEMENT OF PURPOSE

Deaf and Hard-of-Hearing Services of Lancaster County is a nonprofit, charitable organization whose mission is to provide services and education to the community which will enhance the quality of life for Deaf and Hard-of Hearing individuals. The agency will advocate for the self-determination of the Deaf and Hard-of-Hearing, facilitate improved interaction between the Deaf and Hearing communities, and provide clinical audiology services.

#### **SERVICES**

Interpreting services
Audiological services
Case Management Services
Advocacy
Speakers Bureau
Sign Language Classes
Assistive devices for the deaf (sales & rental)
Sliding fee scale for Audiological testing
Information on deafness and hearing loss
Workshops
Walk-in referral and telephone interpreting
English instruction
Newsletters

# **DEPARTMENT OF VETERANS AFFAIRS MEDICAL CENTER**

ADDRESS: 1700 S Lincoln Ave. TARGET POPULATION:

Lebanon, Pa. 17042 Female/Male Veterans

PHONE: 272-6621 FEES: Depends on priority group

(800) 409-8771

HOURS: 24 hours/7 days a week CEO: Robert W. Callahan

#### **SERVICES**

The VA Medical Center is a 247 bed facility providing medical, surgical, psychiatric and rehabilitative services to veterans in South Central Pennsylvania. A team of qualified healthcare professionals provides quality, compassionate care on both an inpatient and outpatient basis. The facility also houses a 136-bed Nursing Home Care Unit.

Health services offered at the Lebanon VAMC include (but are not limited to): ambulatory surgery, general surgery, cardiology, dermatology, endocrinology, gastroenterology, neurology, infectious disease, pulmonary, optometry, urology, podiatry, psychiatry, and geropsychiatry, dental care, substance abuse treatment, and a variety of social, psychological and rehabilitative services. In addition, the medical center takes pride in its affiliation with the Pennsylvania State University College of Medicine at Hershey. This venture promotes a more in depth aspect of medical treatment for our veteran population.

The Lebanon VAMC offers a continuum of care for eligible veterans. After maximum inpatient benefit is achieved, veterans are provided with appropriate follow-up care- be it outpatient, nursing home or residential home care. These services are provided either by the VAMC or through healthcare providers located within a veteran's local community.

The Lebanon VAMC emphasizes veteran outreach and access to care. Community Based Outpatient Clinics (CBOC) offering primary care are located at Camp Hill, Reading, Pottsville, York, and Lancaster. Eligible veterans interested in scheduling an appointment should call (717) 272-6621. A Vet Center located at 1500 N 2<sup>nd</sup> Street, Suite 2, Harrisburg, PA 17102, provides readjustment counseling for Vietnam veterans. Interested veterans should call (717) 782-3954 for more information.

HEALTH CARE FOR HOMELESS VETERANS – The Department of Veterans Affairs program targets veterans who are homeless – in shelters/missions/outdoors or are imminently homeless. Imminently homeless veterans live with others – no lease or mortgage of their own – or are staying in single room occupancy facilities or in substandard housing.

If your client states she or he is a veteran, please contact the Homeless Program Secretary at (717) 272-6621, extension 4554.

Through our program, veterans gain access to psychosocial and medical treatment. Vocational rehabilitation, substance abuse treatment, rehabilitative medicine, and housing are some of the available features of our psychosocial and medical treatment protocols.

Veterans interested in determining their eligibility or in learning more about the variety of health services provided by the Lebanon VA Medical Center – should contact the Health Benefits Advisor at 228-6000.

#### OPPORTUNITIES FOR VOLUNTEERS

Administrative Area Clinical Area

Many opportunities exist for those interested in volunteering at this medical center. Some 400 regularly scheduled volunteers donate their time, and abilities to the center. Numerous veteran services, organizations, civic groups and community members, together with our staff, work together to provide veterans with the care they deserve. Additionally, Voluntary Service has developed a college scholarship, which is available to youth volunteers. Persons interested in volunteering should call Voluntary Service at (717) 272-6621 Ext. 6030.

## DEVELOPMENTAL AND DISABILITY SERVICES OF LEBANON VALLEY

ADDRESS: 1126 Walnut St.

Lebanon, Pa. 17042

PHONE: 274-3493 - OFFICE

274-1304 - FAX 274-3493 - TTY

WEB SITE: ddslebanon.org

HOURS: 8:00 a.m. - 4:00 p.m.

Monday - Friday

TARGET POPULATION:

Individuals of all ages with disabilities and their families. Serves children, birth to five years, with developmental delays, and adults with disabilities

seeking employment.

**DIRECTOR:** Colleen Christian

FEES: None

**SERVICES** 

## **INDIVIDUALS WITH DISABILITIES:**

- 1. JOB COACHING PROGRAM offers services to adults with disabilities seeking employment in the community. This includes placement, training and long term follow along, to assure job success.
- 2. PENNSYLVANIA ELKS HOME SERVICE PROGRAM provides a registered nurse who offers a variety of social case work services to individuals with disabilities and their families. This includes assistance in contact with other agencies, independent living needs, and counseling on financial and medical insurance issues.

#### **CHILDREN WITH DEVELOPMENTAL DELAYS:**

Early Intervention Services are offered to children birth to five years of age with developmental delays. Referrals for service for children birth to three years are received from Lebanon County MH/MR. For children three to five years, referrals are received from Lancaster-Lebanon IU13. Children are evaluated by a team of professionals including speech, physical and occupational therapists as well as an Early Intervention Specialist. Children determined eligible for services are placed in either the Early Developmental Program, which is home-based and serves children birth to three years, or they are placed in the Preschool Program for children three years of age through age five. An Individual Family Service Plan (IFSP) or Individual Education Plan (IEP) is developed with the child's parents to address the child's needs.

#### **NURSERY SCHOOL PROGRAM**

Program for children ages 3 to 5 years of ALL abilities. Fee for service program currently \$7.00 per day for two or four mornings or afternoons per week.

#### **CAP PROGRAM**

This program is open to children 18 months to 3 years of age and their parents. The program is designed to be fun. It will give opportunities for socialization and education through songs, play and stories. CAP is held every other Friday from 10:00 A.M. to 11:00 A.M. at the Alley Family Center. Enrollment is without cost and is limited.

<u>OPPORTUNITY FOR VOLUNTEERS</u> -Teacher Aide - Office Work – Fund Raising-Gardening-Landscaping

# **DISABLED AMERICAN VETERANS**

TARGET POPULATION: Any and

all PA residents who have honorably

disabilities as a result of that service

who are entitled to VA medical care but are unable to get to the care facility

served in any branch of the U.S. Armed Forces; esp. those who have

The spouses and children of the same

ADDRESS: Phil Arnold, DAV REP VAMC, Bldg. 17-502 Lebanon, PA 17042

PHONE: 272-6621 x 4596 AFTER HOURS PHONE: Same

Answer Machine/24 hrs.

FEES: NONE

DIRECTOR: Richard Mattie, HSC

STATE DIRECTOR: D.A.V. State Commander (elected annually)

(717) 761-4060

# **SERVICES**

# Primary duty of HSC is:

TRANSPORTATION ASSISTANCE: For vets who CAN NOT get to treatment in ANY OTHER way. The DAV Transport Network is NOT a means to save bus fare or enable a family member to avoid taking time off work. DAV volunteers, in their own cars, on their own time, drive vets to VA Medical appointments. All DAV volunteer drivers have their own lives to live so transport requests must be made as early as possible.

#### Other services of HSC are:

BENEFITS ASSISTANCE: HSC translates VA benefits to vets into simple, clear English so vets can understand what the law entitles them to. If a vet is entitled to something he/she is not getting, the HSC will help write up a claim, document it and forward it to DAV National Service Officers (NSO) who will carry it through the VA bureaucracy for the veteran. No appointment is necessary but it helps if the vet brings his discharge papers and any other military papers he/she has to the HSC's office.

*IN-HOSPITAL SERVICE*: To hospitalized vets including: explaining hospital rules, writing official letters (volunteers do family letters), help the vet contact hospital library, canteen etc. and visit vets on their wards if requested.

#### OPPORTUNITIES FOR VOLUNTEERS

Driving vets to & from treatment in their own cars, driving VA vehicles (after being license by the VA), manning an information desk, pushing wheelchairs, helping with recreational activities

Volunteer Coordinators: Phone: 272-6621 ext. 4327

Mrs. Kathy Trostle & Mrs. Laurie Moody

# DOMESTIC VIOLENCE INTERVENTION OF LEBANON COUNTY

ADDRESS: P.O. Box 42 TARGET POPULATION:

Lebanon, Pa. 17042 Victims of Domestic Violence and

their children in Lebanon County. PHONE: (717) 273-7190

FEES: All services are FREE HOURS: 24 hours – 7 days a week

DIRECTOR: Lynn Snead

## **SERVICES**

Domestic Violence Intervention provides services to victims of domestic violence and their children in Lebanon County. Services include: 24 hour hotline referral and counseling, emergency shelter and transportation, individual counseling, children's counseling and advocacy, legal advocacy, accompaniment assistance in obtaining a protection from abuse order (PFA), transitional housing and public education.

DVI also provides a support group for battered women. The support group is free and confidential. For more information call 273-7190. See the Support Group Directory.

## **VOLUNTEER OPPPRTUNITIES:**

Volunteers provide direct services to victims and children, transportation, clerical work and public education. Some positions require a 40-hour training which is held twice a year for interested persons.

# **EPHRATA AREA REHABILITATION SERVICES**

ADDRESS: 1301 Lehman Street TARGET POPULATION: M.R. adults

Lebanon, Pa. 17046

FEES: M. R. funded PHONE: 272-3209

DIRECTOR: Marlene Hinkle

HOURS: 9:00 a.m. - 3:00 p.m. Monday - Friday

# **SERVICES**

The Ephrata Area Rehabilitation Services is a training facility for M.R. adults. This program focuses on pre-vocational tasks and social skills. Also, E.A.R.S. provides a WORK ACTIVITY CENTER / W.A.C. that prepares the person to work in the community at a competitive job sight. Ages of clients are 21 years and older.

# **EXPERIENCE WORKS, INC.** (formerly Green Thumb, Inc.)

ADDRESS: 817 South Market Street TARGET POPULATION:

Mechanicsburg, Pa. 17055-4700 Individuals 55 and over

who meet eligibility guide

PHONE: (717) 790-0165 or lines.

1-800-854-1578

HOURS: 8:00 a.m. - 4:30 p.m. DIRECTOR: Jo Rinehart

Monday - Friday

## **SERVICES**

Experience Works, Inc. is a non-profit private sector grantee of the US Department of Labor which operates a training and employment program for older citizens. Most participants in the b Senior Community Service Employment Program are economically disadvantaged and live in rural or suburban areas.

Individuals enrolled in the program receive on-the-job training matched to their interests and experiences, as well as individual counseling on finding and keeping jobs. Experience Works, Inc. coordinates with other agencies to assist participants with housing, nutrition, health care and other social services.

Experience Works, Inc. mission is to strengthen families, community, and our nation by providing older and disadvantaged individuals with opportunities to learn, work, and serve others.

# **4-H PROGRAM**

ADDRESS: Penn State Extension TARGET POPULATION:

2120 Cornwall Rd. Suite 1 Ages 8-19, living in city, town,

Lebanon, Pa. 17042-9777 country. Adults serve as

volunteer leaders.

PHONE: 270-4391 FEE: None

AFTER HOURS PHONE: None DIRECTOR: Martha Gregory

4-H Youth Development

## **SERVICES**

In 4-H neighborhood clubs, youth learn-by- doing through 4-H projects. They learn from adult volunteers. Also 4-H members organize social activities, community service and recognition. 4-H can involve kids no matter where they live. Youth may enroll in the following projects: foods, clothing, gardening, careers, photography, pets, large animals, and leadership.

# **OPPORTUNITIES FOR VOLUNTEERS**

Project Leader
Organization Leader
Activity Leader
Resource Person
Board Member
Camp Chaperone
Event Chaperone
Training is provided for all volunteers

Volunteer Coordinator: Martha Gregory Telephone: 270-4391

# **FAMILY FOCUS**

ADDRESS: 1431 Walnut St. PHONE: 273-3011

Lebanon, Pa. 17042

FEES: There are no out of pocket fees to families who participate in Family Focus. This service is reimbursable by Medical Assistance, Lebanon

PROGRAM DIRECTOR:

Jan Edwards

County MH/MR,, third party insurers and MCO's

## **SERVICES**

Family Focus is a Family-Based Mental Health Service designed to prevent hospitalization or outof-home placement of a child or adolescent with emotional disturbances and, when appropriate, to assist in reuniting families whose child or adolescent has been placed outside of the home. Intensive therapeutic intervention and support services are provided to the child and family to empower the family to care for their child with an emotional disturbance.

The guiding principle of Family-Based Mental Health Services is that children grow up best in their own homes. Consequently, there is an emphasis upon families as partner and resources in treatment planning and in ongoing treatment.

# **UNIQUE ASPECTS**

- 1. Family Focus is a comprehensive service delivered by a team of therapists
- 2. Teams are available to enrolled families 24 hours a day, 7 days a week
- 3. Services are provided in the family's home and community services are intensive
- 4. Case management Services and Family Support Services are provided

#### WHO IS ELIGIBLE

The program is designed for families:

- 1. with children or adolescents (0-21) who have serious emotional or behavioral problems
- 2. with children or adolescents where there is a risk of psychiatric hospitalization or other out-of-home placement
- 3. with adult members in the home agreeing to participate in the program
- 4. who are registered with MH/MR

#### WHO CAN MAKE A REFERRAL

Anyone can refer a child who meets the criteria: A parent, school, Doctor, or any other social service agency. The process must begin by calling the child's MCO for Behavioral Health or by calling Lebanon County MH/MR if the child does not have an MCO. MH/MR phone number is 274-3415 and Children's Behavioral Health Network Provider (CBHNP) is 1-888-722-86546.

# FEMALE OFENDERS RE-ENTRY PROGRAM OF LEBANON COUNTY F.O.R.E

ADDRESS: 503 Oak Street TARGET POPULATION:

Lebanon, Pa. 17042 Females released from a correctional

institution, primarily LCCF

FEE: None

PHONE: (717) 273-9328 HOURS OF OPERATION:

Monday - Friday 8:30 a.m. - 4:30 p.m.

PRESIDENT: Gwen Ward

# **MISSION STATEMENT**

The mission of F.O.R.E. is to provide advocacy, education, and support for female offenders. Through personal empowerment and accountability F.O.R.E., will promote a successful transition for female offenders into the community.

## **SERVICES**

F.O.R.E. is a service of Lebanon County Community Action Partnership. F.O.R.E. provides direct services for female offenders including counseling, support, information and referrals. F.O.R.E. will also provide information and referral services for the families of offenders.

# **OPPORTUNITIES FOR VOLUNTEERS**

Board Committee Membership Fund Raising

# **THE GATHERING PLACE**

ADDRESS: 440 Pershing Avenue TARGET POPULATION:

Lancaster, Pa. 17602 Individuals living with HIV/AIDS and

their families.

**MAILING ADDRESS:** 

P.O. Box 1222

Lancaster, Pa. 17608-1222 Fee: None

OFFICE PHONE: (717) 295-4630 HOURS: Monday - Friday 8:00 a.m. - 4:30 p.m.

**EXECUTIVE DIRECTOR:** 

Pastor Robert Lewis

# **SERVICES**

The Gathering Place offers daily services to those infected and affected with HIV/AIDS. We service the person living with the disease and their family members.

# **GATEWAY EMPLOYMENT GROUP, INC.**

ADDRESS: 37 N 9th Street

Lebanon, Pa. 17046

PHONE:

FAX: 273-9378

AFTER HOURS PHONE: Leave message

HOURS: 8:00 a.m. - 4:00 p.m.

Monday - Friday

TARGET POPULATION:

Lebanon County residents who are in need of vocational rehabilitation and are deemed appropriate for services Gateway provides.

FEES: None

DIRECTOR: Stephanie Ritter PROGRAM MANAGER:

Lynn Stewart

# **SERVICES**

Gateway is a vocational rehabilitation agency dedicated to increasing employment opportunities for persons experiencing mental health and physical disabilities. Services include vocational assessment, job readiness class, case management; community based transitional employment opportunities and supported employment.

# GIRL SCOUTS OF THE UNITED STATES OF AMERICA PENN LAUREL GIRL SCOUT COUNCIL GIRL SCOUTS IN THE HEART OF PENNSYLVANIA

ADDRESS: 151 Good Drive TARGET POPULATION:

Lancaster, Pa. 17603 All girls ages 5-17

PHONE: (717) 397-8115 FEES: National dues are \$10.00/year

757-3561 (YORK) Harrisburg 1-800-692-7816

In addition troops collect dues from Membership Development Manager: Gwen Ward members (.25 to \$1.00 meeting)

EXECUTIVE DIRECTOR: Betsy Keefer (York)

HOURS: 9:00 a.m. - 2:00 p.m., Monday - Friday. Other times available by appointment.

# SERVICES

Penn Laurel Girl Scout Council offers informal educational opportunities for girls ages 5-17 years old through opportunities in the Arts, Technology, Ecology, Interpersonal skills, Social relationships, and Well Being. Membership is open to anyone regardless of race, religion, or creed, who is willing to prescribe to the Promise and Law. We strive to foster personal growth and awareness of the community needs through the performance of service projects. Adult membership is open to men and women. The Lebanon Field office serves all of Lebanon County, which is broken up into four geographic areas, which we call Neighborhoods. Sunrise neighborhood is comprised of Schaefferstown, Newmanstown, Myerstown, Richland and out lying areas. Cedar Valley neighborhood is Lebanon City, Ebenezer, North Lebanon Township, Cornwall, South Lebanon and all communities served by those school districts. Western Pines neighborhood includes the communities of Cleona, Palmyra, Campbelltown and Annville. Blue Mountain neighborhood serves Jonestown, East Hanover, Fredericksburg, and Lickdale areas in the Northern Lebanon School District. Customized Programs serve girls at various housing developments in Lebanon City. They include: Highland Glen, Lebanon Village, Brookside, Spruce Park, and Webster Manor. Grants are available to cover registration fees and many other costs. Financial barriers should not be a concern when considering joining a Girl Scout program.

#### OPPORTUNITIES FOR VOLUNTEERS

Leaders/Assistant Leaders Service Project Coordinator **Special Event Committees** Adult Recruitment Administrative Work Library Resource Aide Teaching particular crafts Office and Clerical Work

Financial Advisors for Troops

Volunteer Coordinator: Gwen Ward serves the entire county, but each neighborhood has a volunteer member in charge of that area

# **GOODWILL INDUSTRIES OF CENTRAL PA., INC.**

ADDRESS: 798 S 12<sup>th</sup> Street TARGET POPULATION: Persons Lebanon, Pa. 17042 with disabilities and other special

with disabilities and other specia

needs

PHONE: 272-7557 FEES: Varied with services

provided

HOURS: Monday - Saturday 9:00 a.m. - 9:00 p.m. HARRISBURG

Sunday 12 noon – 5:00 p.m. EXECUTIVE DIRECTOR: Gary

McElwain

LEBANON MANAGER: Jean

# **SERVICES**

Vocational Evaluation
Job Training & Placement
Detoxification Program
Adult Day Care for Severely Disabled

# **OPPORTUNITIES FOR VOLUNTEERS**

Numerous - call for details

# **GSH HOME MED CARE INC.**

ADDRESS: 301 Schneider Drive TARGET POPULATION: Any person

Lebanon, Pa. 17046 who requires medical equipment

and medical supplies

PHONE: 272-2057 FEES: Purchases/services according

to product

HOURS: 9:00 a.m. - 5:00 p.m.

Monday - Friday

DIRECTOR: Roy Zimmerman

9:00 a.m. - 1:00 p.m.

Saturday

24 Hours Emergency Service

# **SERVICES**

GSH Home Med Care Inc. provides oxygen, home medical equipment and supplies to patients who need this service. We carry a full line of supplies from braces and weights to hospital beds and wheelchairs. We provide 24-hour emergency service for our rental equipment and will also do all of the billing to your insurance company when eligible. Please call for more information.

# HABITAT FOR HUMANITY LEBANON COUNTY

ADDRESS: 235 South 12<sup>th</sup> Street PHONE: (717) 228-1490

Lebanon, Pa. 17042

FAX: (717) 228-1508 MAILING ADDRESS: P.O. Box 1161

Lebanon, Pa. 17042

PRESIDENT: Jason Giurintano

EXECUTIVE DIRECTOR: Pamela Tricamo

## **SERVICES**

Habitat for Humanity is a non-profit ecumenical organization that works in partnership with the community, volunteers, and future homeowners to provide simple, decent, affordable housing for low-income families in need of more adequate shelter. Selected families agree to contribute 500 "sweat equity" hours and in turn Habitat sells the home to the homeowner with a no interest 20 to 25 year mortgage. Volunteers are needed at the worksite and on committees.

# **HALCYON ACTIVITY CENTER, INC.**

ADDRESS: 39 S 8th St. TARGET POPULATION:

Lebanon, Pa. 17042 Persons with mental illness and/

or mental retardation.

PHONE: 272-3291

HOURS: 8:30 a.m. - 7:30 p.m. FEE: None. Clients must be

Monday and Thursday referred by and/or approved 8:30 a.m. - 4:30 p.m. for service by Lebanon County

Tuesday, Wednesday & Friday MH/MR Program

1:00 p.m. - 4:00 p.m. Saturday 1:00p.m. - 5:00 p.m. Sunday

EXECUTIVE DIRECTOR:
Dorothy Robison

# **SERVICES**

#### DAY PROGRAM

Designed for persons with serious mental illness and intended to offer opportunity for self-growth and development. Support and discussion groups, leisure education training, adult living skills instruction, and a variety of recreational activities.

#### EVENING AND WEEKEND PROGRAM

Offers community based social and recreational activities to participants. Sports events, concerts, shopping trips, dinner meetings, camping, volleyball, picnics, are examples of some activities on the schedule.

## **DROP-IN CENTER**

Unstructured service which allows members to engage in activities that focus on socialization and interaction. Provides opportunity for peer networking and support. Consumers of mental health services operate evening and weekend hours.

#### INDIVIDUAL SUPPORT

Staff available to discuss individual concerns with members as needed.

# **HILLCREST WOMEN'S MEDICAL CENTER**

ADDRESS: 2709 N Front St. TARGET POPULATION:

Harrisburg, Pa. 17110 Female Reproductive

Health Care

PHONE: 1-800-245-2040 (State Wide) FEES: Pregnancy (Base)

Termination \$375-\$990

HOURS: 8:30 a.m. - 5:00 p.m.

Monday - Saturday DIRECTOR: Maria Friel

# **SERVICES**

Hillcrest Women's Medical Center provides pregnancy testing, pregnancy termination, and pregnancy counseling, IUD insertion, Depo Provera shots, and initial and annual visits for birth control. The Center also works with Universities to provide intern programs for students.

# Local Anesthesia - abortion

LMP through 12 weeks of pregnancy	\$295.00
13 weeks	375.00
14 weeks	425.00
15 weeks	510.00
16 weeks	600.00
17 weeks	700.00

# **HISPANIC OUTREACH**

ADDRESS: 1012 Brock Drive TARGET POPULATION:

Lebanon, PA 17046 Latino

PHONE: 273-8901

HOURS: 8:30 a.m. - 4:30 p.m.

Monday - Friday

# **SERVICES**

Hispanic Outreach is a community building agency which services include advocacy for the Hispanic population. Hispanic Outreach works with local schools, hospitals, police departments, city and county government, state agencies & emergency management agencies, among others to improve the Latino community. Please contact Lucy Fletcha for more information.

# **HUMANE SOCIETY OF LEBANON COUNTY**

ADDRESS: 150 Ramona Rd. TARGET POPULATION:

Myerstown, Pa. 17067 Lebanon County

PHONE: (717) 273-3300 FEES: Municipalities charged

for pick up of strays. Individuals

AFTER HOURS PHONE: Same as above pay to surrender their pets

HOURS: Monday Closed PRESIDENT: Stacey Stevens

Tuesday - Friday 11:00 a.m. - 6:00 p.m.

Saturday 10:00 a.m. - 4:00 p.m. Sunday 12:00 noon - 4:00 p.m.

# **SERVICES**

The Humane Society of Lebanon investigates all complaints of abandonment, neglect, and cruelty of animals, and secure corrections of same by education when possible or prosecution when warranted. The society maintains a modern, sanitary animal shelter for animal picked up or surrendered by their owners.

## OPPORTUNITIES FOR VOLUNTEERS

Aid in pet therapy projects
Aid in fund raising projects
Help shelter employees with their duties

**VOLUNTEER COORDINATORS:** 

Sue Green - 964-3580 & Jean Zimmerman -273-0384

# JUBILEE MINISTRIES

ADDRESS: 235 S 12<sup>th</sup> Street

Lebanon, PA

PHONE: 274-7528

AFTER HOURS PHONE: Same - Answer

Machine

HOURS: 8:00 a.m. - 4:00 p.m.

Monday - Friday for Financial Assistance

call to schedule appointment for

financial assistance

TARGET POPULATION: Prison ex-offenders and inmates. their families. Secondary is other persons in need of assistance, material needs, and/or counseling.

DIRECTOR: Clair Weaver CHAPLAIN: Kent Martin COUNSELOR: Mimi Keller

# SERVICES

Jubilee Family Ministries provides services for prison inmates and/or their families through referral to other agencies or direct support. We will address any legitimate need and our services may extend to the non-prison-related community as well. Provides a meeting place for single adults at Café Beracah.

## OPPORTUNITIES FOR VOLUNTEERS

Providing Christian support by relating both in prison and outside by forming friendships with inmate families;

Share & care friend Transportation services; Assistant teachers for Bible studies **Clothing Sorters** Merchandise Preparers

Volunteer Coordinator: Each dept. coordinates his/her own Volunteers

# SUPPORT GROUPS

- 1. Ladies Group
- 2. New Vine -- Ex-Inmate Support Group

Contact Mimi Keller or Jon Seip

# **KIDNEY FOUNDATION OF CENTRAL PA.**

ADDRESS: 4813 Jonestown Road TARGET POPULATION: Renal

Harrisburg, PA. 17109 failure and kidney transplant patients

PHONE: 652-8123 FEES: None

1-800-762-6202

HOURS: 8:30 a.m. - 4:30 p.m.

AFTER HOURS PHONE: Answer Machine Monday - Friday

# **SERVICES**

The Kidney Foundation of Central PA provides public and professional education on kidney disease. Financial assistance is provided based on economic needs. There is medical alert jewelry available for all dialysis patients.

# OPPORTUNITIES FOR VOLUNTEERS

Office Help
Fund Raising
Special Events
Health Fairs
Many others with a variety of needs

VOLUNTEER COORDINATOR: Steven Jones PHONE: 652-8123

# **KIWANIS CLUB OF LEBANON**

ADDRESS: P.O. Box 274 TARGET POPULATION:

Lebanon, Pa. 17042 Professional & Business people

ages 20 and older

PHONE: 273-6976 DUES/MEALS: \$100 quarter

SECRETARY: Ford Rau PRESIDENT: Eugene Chris Smith

MEETINGS: Thursdays 12:10 p.m. - 1:30 p.m.

Hebron Banquet Hall 701 East Walnut Street Lebanon, Pa. 17042

## **SERVICES**

The Kiwanis Club provides scholarships, supports underprivileged children and participates in community projects. **YOUNG CHILDREN PRIORITY ONE** is Kiwanis' major emphasis program, which addresses the needs of children – prenatal through age five.

# **LANCASTER-LEBANON INTERMEDIATE UNIT**

ADDRESS: 1 Cumberland Street TARGET POPULATION:

Lebanon, Pa. 17042 Exceptional Children

PHONE: 450-1545 FEES: None

HOURS: Office 7:30 a.m. - 4:30 p.m. EXECUTIVE DIRECTOR:

Monday - Friday Dr. Linda Rhen

## **SERVICES**

The Exceptional Children Services Division of the Intermediate Unit 13 serves as a partner to local school districts in meeting the special educational needs of children in the 22 school districts in Lancaster and Lebanon Counties. The IU responds to the requests of the districts to develop and deliver needed programs and services.

## OPPORTUNITIES FOR VOLUNTEER

Assist teacher in classrooms Telephone: 560-4640

SUPPORT GROUP GED alumnae

## **LEBANON ADULT EDUCATION CENTER**

ADDRESS: 1 Cumberland St. TARGET POPULATION:

> Lebanon, Pa. 17042 Adults 16 and older (not enrolled in public school) seeking to further their

> > education

PHONE: 450-1500 AFTER HOURS PHONE: Answer Machine

FEES: None

HOURS: 8:00 a.m. - 4:00 p.m. Monday - Friday LEBANON COUNTY

> Some Evening Classes Available COORDINATOR: Joseph Morales

#### **SERVICES**

The Lebanon Adult Education Center provides free training programs for adults interested in acquiring or improving reading, writing, and math skills as preparation for the GED (General Educational Development) Exam, higher education and employment. English as second language classes are also available at the beginning to advanced level for adults with limited English skills. All classes are offered on an open entry/open exit basis, so new students can register at any time. The Adult Education Center also operates a Family Literacy program in cooperation with the Lebanon School District and Lebanon Head Start program. The new program allows adults to pursue educational goals, acquire parenting skills and participate in early childhood education activities with their children.

# OPPORTUNITIES FOR VOLUNTEERS

Classroom Aides:

1. English as a second language

2. Adult basic education/GED preparation

Volunteer Tutors - Working with adult learners with teacher's guidance Volunteer Coordinator: Joe Morales Phone: 274-0778

# **LEBANON AREA CAREERLINK**

ADDRESS: 243 Schneider Drive TARGET POPULATION: All Lebanon, Pa. 17046 areas regarding employment

FEE: None

PHONE: 274-2554

AFTER HOURS PHONE: Same (voice mail) SITE MANAGER:

Nori Fisher

HOURS: 8:00 a.m. - 4:30 p.m.

Monday - Friday

# **SERVICES**

The Lebanon Area CareerLink provides referral and placement services to all individuals requesting assistance. Services include job search workshops, counseling, Veterans Services and information on various cost cutting programs for employers when hiring new employees. We also have representatives from the following on site: Office of Vocational Rehabilitation, Department of Public Welfare, PROBE, EDSI (assisting welfare clients), SEC (schooling & on the job training), and Areotek Staffing (all staffing needs). All can be accessed through the above phone number.

# LEBANON COUNTY ASSISTANCE OFFICE

ADDRESS: 625 S 8th St.

P.O. Box 870

Lebanon, Pa. 17042

TARGET POPULATION: Low income persons needing cash, medical, energy assistance, and home care

PHONE: 270-3600

1-800-229-3626

273-1641 – Energy Assistance

FEES: \* Co-payment for medical

services

AFTER HOURS PHONE: For Energy Assistance Only

273-1641 Leave Message

HOURS: 8:00 a.m. - 5:00 p.m. Monday - Friday EXECUTIVE DIRECTOR: Maureen Lewandowski

The Lebanon County Assistance Office, Bureau of Income Maintenance, Department of Public Welfare of the Commonwealth of Pennsylvania, located at 625 S. 8<sup>th</sup> Street, Lebanon PA will provide services and referrals to our applicants for and recipients of the programs administered by this agency without regard to race, color, religious creed, ancestry, sex, disability, age or national origin.

## **SERVICE**

The Lebanon County Assistance Office offers emergency cash assistance, food stamps, special financial aid, childcare payments, cash assistance and emergency cash, medical assistance/SSI advocacy (helping people apply for benefits at the Social Security Office), financial assistance, and emergency fuel assistance. For emergency fuel assistance November through March please call 273-1641. Healthy Beginnings serves pregnant women and children under10 years of age. Nursing home care payments and Healthy Horizon programs available. Employment programs are available through Lebanon CareerLink.

<sup>\*</sup>Medial Assistance has a co-payment for some services - cash, medical, food stamps, energy assistance; healthy horizons programs have a resource requirement besides income.

# **LEBANON COUNTY ASSOCIATION OF REALTORS**

ADDRESS: 1300 Florence Street TARGET POPULATION:

Lebanon, Pa. 17042 All of Lebanon County,

State of PA.

PHONE: 272-6126

FEES: member dues vary

AFTER HOURS PHONE: 272-1244

**DIRECTOR:** Mary Rakow

HOURS: 9:00 a.m. - 4:00 p.m.

#### **OBJECTIVES OF THE ASSOCIATION ARE:**

Section 1. To unite those engaged in the recognized branches of the real estate profession in the community for the purpose of exerting a beneficial influence upon the profession and related interest.

Section 2. To promote and maintain high standard of CONDUCT in the real estate profession as expressed in the Code of the National Association of Realtors.

Section 3. To provide a unified medium for real estate owners and those engaged in the real state profession whereby their interest may be safeguarded and advanced.

Section 4. To further the interest of home & other real property ownership.

Section 5. To unite those engaged in the real estate profession in this community with the PENNSYLVANIA ASSOCIATION OF REALTORS, and the NATIONAL ASSOCIATION Of REALTORS, thereby furthering their own objectives throughout the state and nation, & obtaining the benefits & privileges of membership therein.

Section 6. To designate, for the benefit of the public, those individuals within its jurisdiction authorized to use the term REALTORS as licensed, prescribed and controlled by the NATIONAL ASSOCIATION OF REALTORS.

# **SERVICES**

The Lebanon Association of Realtors is to unite those engaged in the recognized branches of the real estate profession in this community for the purpose of exerting a beneficial influence upon the profession and related interests. It also promotes and maintains high standard of conduct in the real state profession as expressed in the Code of Ethics of the National Association of Realtors. An application for membership shall be made available to anyone requesting it. More in formation is available by contacting the above.

# LEBANON COUNTY CAREER AND TECHNOLOGY CENTER

ADDRESS: 833 Metro Drive TARGET POPULATION: Adults

Lebanon, Pa. 17042 and secondary students of Lebanon

County

PHONE: 273-8551 FEES: Varies

HOURS: 8:00 a.m. - 4:00 p.m. DIRECTOR: Stephen Kachniasz

Monday - Friday

# **SERVICES**

The school provides career and technical training for secondary and post secondary students of Lebanon County. Daytime programs in Communications, Construction, Manufacturing, Personal Services, Technical Service and Transportation Occupations available to both secondary students and adults. Evening adult program for personal development or technical skills is also available. Fees for secondary students are covered by their school district and adult fees vary according to course selection. For specific information call 273-8551. Local Advisory Committee meetings are held twice a year or as needed. Financial aid available for full time adult students.

#### OPPORTUNITIES FOR VOLUNTEERS

All areas of school

Volunteer Coordinator: Glenn Meck Telephone: 273-8551 x 2134

# **LEBANON COUNTY CHILDREN AND YOUTH SERVICES**

ADDRESS: Room 401 TARGET POPULATION:

Municipal Building Children 0 to 18 years

400 S 8th Street of age Lebanon, Pa. 17042

PHONE: (717) 274-2801 x 2304 FEES: None

(717) 272-2054 - For On-call worker after hours

FAX: (717) 274-8094 EXECUTIVE DIRECTOR:

James W. Holtry

HOURS: 8:30 a.m. - 5:00 p.m. Monday - Friday

# **SERVICES**

Lebanon County Children and Youth Services provides for the protection of all children up to the age of 18 years. Services offered include child abuse protection, specialized and regular foster care, adoption services, group home care, institutional placement, emergency shelter care, group and individual counseling/therapy.

# **LEBANON COUNTY CHRISTIAN MINISTRIES**

ADDRESS: 250 S 7<sup>th</sup> Street TARGET POPULATION: Anyone

Lebanon, Pa. 17042 in need

MAILING ADDRESS: P.O. Box 654 FEE: None

Lebanon, Pa. 17042

PHONE: 274-2601 (LCCM)

STAFF:
Executive Director
Trace Williams

272-4400 (HOPE) Troy Williams 274-2490 (FOOD/CLOTHING)

Noon Meals Coordinator:

AFTER HOURS PHONE: 274-3363 Wenda Dinatale (CRISIS INTERVENTION)

OFFICE HOURS: 8:30 a.m. – 4:30 p.m. Monday - Friday

THE FIRST 4 WEDNESDAYS OF THE MONTH IS GOVERNMENT COMMODITY GIVEAWAY FROM 9:00 a.m. - 1:00 p.m.

NOON MEAL COORDINATOR: 9:00 a.m. - 4:30 p.m. \* NOON MEALS served everyday at various locations

## **SERVICES**

Lebanon County Christian Ministries serves anyone with an emergency material need. Clients may be served through HOPE or by referral from another local human service agency or pastor. LCCM maintains a clearinghouse service. Pastors or others are asked to contact LCCM to report assistance given privately or through other agencies to prevent abuse of the Lebanon County Human Service System and available resources.

# LEBANON COUNTY COMMISSION ON DRUG AND ALCOHOL ABUSE

ADDRESS: 220 East Lehman St. TARGET POPULATION: The

Lebanon, Pa. 17046 agency administers funds and programs

for residents and organizations of

PHONE: 274-0427 Lebanon County

OFFICE HOURS: 8:00 a.m. - 4:30 p.m.

Monday - Friday FEES: Sliding Scale

AFTER HOURS: 274-3363 DIRECTOR: Susan F. Klarsch

(Crisis Intervention)

# **SERVICES**

The Commission offers drug, alcohol, and tobacco prevention, intervention, and treatment services to the Lebanon County community.

SUPPORT GROUPS - See Support Group Directory

AA

NA

**ALA-NON** 

Families Joined (Heroin Support Group)

# **LEBANON COUNTY COMMUNITY ACTION PARTNERSHIP**

ADDRESS: 503 Oak Street TARGET POPULATION:

Lebanon, Pa. 17042 Lebanon County

PHONE: 273-9328 FEES: None

HOURS: 8:30 a.m. - 4:30 p.m. ADMINISTRATOR:

Monday - Friday Phyllis Holtry

E-MAIL: CAP@lebcnty.org

FAX: (717) 675-2129

#### **SERVICES**

Lebanon County Community Action Partnership is a Community Action Program as designated by the Governor of Pennsylvania in 1991. Community Action Agencies are the lead agencies in anti poverty planning for the Commonwealth and are authorized through Act 116. The goal of Community Action is to move people from poverty to self-sufficiency.

## MEDICAL ASSISTANCE TRANSPORTATION PROGRAM (MATP)

Anyone who uses the Access Card and needs help with transportation for medical appointments is encouraged to apply for the Medical Assistance Transportation Program (MATP). MATP provides transportation to doctors, dentists, pharmacies, psychologists, drug and alcohol treatment clinics, mental health outpatient clinics, and medical equipment suppliers that accept the access card.

## TRANSPORTATION and CHILD CARE PROGRAM (TACC)

If you have started a job in the last 90 days, you may be eligible for help with child care costs and/or transportation costs, such as a bus pass or help with car repairs. Eligibility for the TACC Program depends on income.

## HOUSING ASSISTANCE PROGRAM

Help with rent or temporary shelter is available for people who are facing eviction or who are homeless or near homeless. Eligibility depends on income.

#### BRIDGE HOUSE and TRANSITIONAL HOUSING

Bridge and Transitional Housing allows families who are homeless to move into supportive living arrangements while preparing to live independently. Families must meet certain eligibility criteria and go through an application process which includes an interview. Intensive case management services are provided.

## BRIDGES LIFE SKILLS and GED

The Bridges Program utilizes a unique approach to adult education with small class size and individual goal plans for each student. Learning is student driven and uses a variety of real life teaching tools. Eligibility depends on income.

#### **WORK READY**

The Work Ready Program has two components, Supported Work and Outreach Services. Eligibility for this program is determined by the County Assistance Office, and referrals may only be accepted from the CAO. Interested individuals are encouraged to ask their CAO case workers about Work Ready.

#### SUPPORTED ENGAGEMENT

The Supported Engagement is also a program which may only accept referrals from the CAO. Individuals with significant barriers are encouraged to ask their CAO case workers about the Supported Engagement Program.

# FEMALE OFFENDER RE-ENTRY (FORE)

FORE provides services, including education and advocacy, to female ex-offenders in Lebanon County. FORE is a 501(c)(3) organization. Women who need FORE services are encouraged to call.

#### INFORMATION and REFERRAL

A library of Information is available on a wide range of services to guide and direct individuals searching for assistance in meeting their needs.

#### WORKFORCE INVESTIMENT AREA TRANSPORTATION INITIVE

This program is intended to supplement special allowances for supportive services available from the County Assistance Office (CAO) and employment and training contractors. Families meeting the eligibility criteria can be assisted with car insurance, car repair, car purchase.

## OPPORTUNITIES FOR VOLUNTEERS

Various opportunities to volunteer exist. Contact Sandy Long at 273-9328 for details.

CAP is funded in part by DPW, DCED and HUD.

# LEBANON COUNTY CONSERVATION DISTRICT

ADDRESS: 2120 Cornwall Road HOURS: 8:30 a.m. - 4:30 p.m.

Suite #5

Lebanon, Pa. 17042-9788 MANAGER: Charles W. Wertz

PHONE: 272-3908 x 4

## **PURPOSE**

The purpose of the Lebanon County Conservation District is to conserve natural resources at the local level through proper planning and management. Districts focus attention on land, water, and related resource problems developing programs to solve them. They enlist and coordinate help from all public and private sources that can contribute to accomplishing district goals, making all citizens aware of the interrelationship between human activities and the natural environment. The district is governed by a Board of Directors and receives funds from local, state, and federal sources.

#### **SERVICES**

WATER QUALITY: Our Chesapeake Bay Non-point Source Pollution Abatement Program in Pennsylvania is based on providing a farmer with a sound conservation program to help preserve his water quality and that of everyone downstream in the Chesapeake Bay Watershed. The District offers support and guidance in implementing individualized best management practices (BMP's) to decrease nutrient runoff and conserve soil and water. The District coordinates work with technicians from state and federal agencies to provide necessary assistance. Cost share monies are available for landowners to assist in the design and implementation of soil and water conservation practices through programs such as the Federal 319 Program and the state Growing Greener Program. The District is one of 3 sponsors of the Tulpehocken Creek/Blue Marsh Public Law 566 Small Watershed Program whereby qualifying, landowners can institute best management practices to improve with quality in the Delaware River Watershed portion of Lebanon County. Assistance is also readily provided to two County watershed associations.

NUTRIENT MANAGEMENT: Nutrient management plans often allow farmers to cut costs by determining the proper amount of fertilizers to use on their fields. Through the Chesapeake Bay and Nutrient Mgt. Act programs the District can offer nutrient management assistance to landowners allowing them to better manage nutrients from natural and commercial sources. Funding for structures such as manure storage systems, manure and soil testing and other conservation farming application help reduce damaging nutrient loading in bodies of water. The District assists landowners in developing nutrient management plans and local governments requesting guidance on nutrient management issues. The District assists the farming community with compliance regarding the Commonwealths Nutrient Management Legislation, know as Act 6.

EROSION AND SEDIMENTATION: The Conservation District assists landowners with installing practices such as contour-strip cropping which slows surface water runoff and can reduce erosion by up to 50%. We also work with the development community to prevent accelerated erosion on construction sites by reviewing plans and inspecting sites for compliance with state law. Workshops are offered to earthmovers to educate them on erosion control. The District assists landowners with permit information concerning the National Pollutant Discharge Elimination System (NPDES) and EP stream encroachment programs.

FOREST MANAGEMENT: The District offers both rural and urban forestry and in-kind services. We have been instrumental in providing funding to urban planting and management programs. The public is offered technical assistance on pest and disease identification, species selection and proper pruning. The Conservation District coordinates with the PA Bureau of Forestry and the County Commissioners to manage the Gypsy moth spray control program at the local level. Forest landowners are informed of opportunities such as the Forest Stewardship Program and cost sharable forestry practices offered by other agencies. The District educates the public about environmental issues to create an environmentally conscious County. Our annual seedling sale offers conservation plants to the general public.

WILDLIFE MANAGEMENT: Lebanon County Conservation District offers habitat enhancing opportunities through programs such as the Chesapeake Bay Program (for example: stream bank fencing and permanent vegetative cover) and our own seedling sale. Property owners are encouraged to set aside areas for habitat through programs such as the Conservation and Wetland Reserves. We have been successful in securing surplus and federal property to remain as open space within the County. Where possible, we help Conservancies purchase wildlife habitat.

ENVIRONMENTAL EDUCATION: The District offers environmental education program instruction to teachers, grades K-12 on ways to increase environmental awareness in the classroom and how to incorporate the environment into the existing curriculum. The Conservation District also sponsors an annual Envirothon. The Envirothon is our most comprehensive and successful environmental education program for youth from elementary through high school. Schools compete for the title in a contest challenging their skills in the areas of wildlife, soils, aquatics, and forestry. A current environmental issue Poster Contest for grades K-12 is also offered. Talks on soil and other conservation topics are provided to local schools. Literally thousands of Lebanon Countians are touched by the District's environmental education program every year through two newsletters, seminars, programs and community involvement. We strive to teach people about respect for the environment.

RECREATION: The Lebanon County Conservation district is an important participant in the County recreational efforts. With the cooperation of the City Parks and Recreation Department, the District provides programs at Stoever's Dam Nature Barn. District staff is critical source of help for activities such as the Harvest Festival and The Haunted Barn. Proceeds from these events are returned to Stoever's Park to maintain park facilities. The District also assists with tasks such as grounds maintenance at volunteer work sessions. District assistance has been offered to many County parks such as Levitz, Quittapahilla Creek, Stoever's and the proposed Swatara State Park. Recreational activities have been made available through many other programs

GEOGRAPHIC INFORMATION SYSTEMS: GIS is a computer mapping and analysis system that deals with complex spatial databases and displays results in a way that makes relationship, trends, changes and proposed solutions easily understood. The Conservation District is using the ARC Info software for project work in the County. This software will be used to input, store, manipulate, analyze and display geographically referenced data. Layers of data such as township boundaries, soils, elevation geology, hydrography, wetlands, zoning, water and sewer lines will be developed to aid in public policy decision making.

FARMLAND PRESERVATION: The Conservation District administers the Lebanon County Agricultural Land Preservation Program. The Farmland Preservation Program offers landowners the option to sell their property development rights. In return, their farm will be preserved as farmland in perpetuity. Landowners must meet specific guidelines to qualify for the program. And owners interested in this program should contact the Conservation District. Policy is enacted by a voluntary Board of 9 members.

DIRT AND GRAVEL ROADS PROGRAM: The District administers a program to fund environmentally correct maintenance of dirt and gravel roads and municipalities. Better maintenance of the County's dirt and gravel roads will minimize the detrimental affects of erosion and sedimentation in area waterways.

BIOSOLIDS PROGRAM: The District educated the public on the beneficial uses of biosolids through an agreement with the Pennsylvania Department of Environmental Protection.

## OPPORTUNITIES FOR VOLUNTEERS

Tree planting - Tree Sale
Envirothon - Enviro ED.
Special Projects - GIS Digitizing
Stream Testing
Tree Keeper Jr. - Database and inventory updating
Conservation Awards program – Participation & Committee

# **LEBANON COUNTY DOMESTIC RELATIONS**

ADDRESS: Room 202 TARGET POPULATION:

Municipal Building
Divorced or separated
400 S 8th St.
Lebanon, Pa. 17042
Divorced or separated
individuals and parents
of children born out of

wedlock

PHONE: 228-4480 FEES: None

HOURS: 8:30 a.m. - 4:30 p.m. DIRECTOR: Karen Hess

Monday - Friday

# **SERVICES**

The Domestic Relation office deals with many problems of broken marriage, estranged spouses, children born out of wedlock, separated families, indigent parents and children committed to the custody of the Department of Children and Youth Services. It is mainly concerned with financial problems arising from these circumstances and is responsible for the establishment and enforcement of support orders to financially aid those involved. The Domestic Relations office acts as the Court's agent in these matters

# **LEBANON COUNTY EMERGENCY MANAGEMENT AGENCY**

ADDRESS: Room 12, Municipal Bldg.

TARGET POPULATION:

400 S 8th St. Individuals in an

Lebanon, Pa. 17042 emergency

PHONE: 272-7621 FEE: None

Emergency - 911

HOURS: 24 hours a day

DIRECTOR:

Dan Kauffman

S. 24 flours a day Dan K

## **SERVICES**

The Lebanon County Emergency Management Agency dispatches all county police, fire and ambulance units. The staff coordinates field operational disasters response and recovery operations. TY/TTD for hearing impaired residents of the community is located in the EMA 911 Communications Center for emergency situations.

## OPPORTUNITIES FOR VOLUNTEERS

Local Coordinators:
Stream Watch Group
Amateur Radio (RACES)
Lebanon County EMA Hazardous Material Response Team

## LEBANON COUNTY HEADSTART PROGRAM

OFFICE ADDRESS: TARGET POPULATION:

Lebanon County Head Start

1 Cumberland Street
Lebanon, Pa. 17042

Low income families, children
3-5 years old

**CENTERS**:

Harding Elementary K 4 HEAD START CLASSES AT:

6<sup>th</sup> and Chestnut Street

Lebanon, PA 17042

Southeast Elementary

Harding Elementary

Fort Zeller Elementary

Southwest Elementary

Fort Zeller Elementary
Rt. 1, Box 184
Southwest Elementary
Henry Houck Elementary
Richland, PA 17087

Northwest Elementary
900 Maple Street
Lebanon PA 17046

TINY TECH: Lebanon County Career
& Technology Center
833 Metro Drive
Lebanon, Pa 17042

Union Canal 400 Narrows Drive

Lebanon, PA 17046 FEE: None

PHONE: 450-1512 (Office) DIRECTOR: Pamela Okonak

HOURS: 8:30 a.m. - 4:00 p.m. Monday - Friday

#### **SERVICES**

Lebanon County Head Start Program is an educational program for pre-school children of low income families. There are many components to Lebanon County Head Start -education, health, nutrition, social services, and parent involvement. A learning environment is provided to help children develop socially, physically, emotionally and mentally in a way that encourages the child to feel good about himself and about the learning process. Head Start is a family oriented program and offers services to the entire family.

#### OPPORTUNITIES FOR VOLUNTEERS

Helping with field trips Special art or classroom activities

Support Groups are offered to families in the program.

## HEADSTART CHILD CARE COLLABORATIONS

Lebanon County Head Start and area Child Care Centers have termed up to provide full-day/full-year services to income eligible 3 & 4 year old children in Lebanon County.

## **KINDERCARE**

989 Quentin Road Lebanon, Pa 17042 272-7669

## NOAH AND COMPANY

120 N. Center Street Fredericksburg, PA 17026

## YMCA CHILDREN'S CENTER

8<sup>th</sup> & Willow Streets Lebanon, PA 17042 272-2796

## **LUTHERCARE PROGRAMS**

Tiny Tech(Lebanon County Career & Technology Center) 833 Metro Drive Lebanon, Pa 17042 274-2831 (Luthercare Child Care Program Main Office)

Lebanon Valley Child Care & Learning Center 40 S King Street Lebanon, Pa 17003 867-4660

Saint James Activity Center 130 Walton Street Lebanon, Pa 17042 272-4778

## LEBANON COUNTY HOUSING AND REDEVELOMENT AUTHORITY

MAILING ADDRESS: P.O. Box 420 TARGET POPULATION:

Lebanon, Pa. 17042 Low to moderate income individuals

PHONE: 273-1630 (H.A.) FEES: None

274-1401 (R.A.) No after hours phone

HOURS: 8:30 a.m. - 4:30 p.m. DIRECTORS: Bryan Hoffman (H.A.)

Monday - Friday Raymond Bender (R.A.)

The Housing and Redevelopment Authorities provide general assistance and government subsidized housing to eligible participants. The Housing Authority offers 608 affordable units of rental housing for families, senior citizens and persons with disabilities; they also administer the Section 8 rent subsidy program. Applications for all rental programs are accepted on-line at <a href="https://www.lebanoncountyhousing.com">www.lebanoncountyhousing.com</a>; additional information is available by calling the rental office at 273-1639. The rental office is located at 1012 Brock Drive, Lebanon 17046; main administrative office is located at 930 Willow Street, Lebanon, PA 17046. The Redevelopment Authority provides home ownership financial assistance, housing rehabilitation and development, real estate acquisition, as well as renewal, redevelopment and related relocations. Housing and rehabilitation and homebuyer assistance is located at 39 N 12<sup>th</sup> St, Lebanon, Pa 17046 (273-9326).

## **LEBANON COUNTY JUVENILE PROBATION DEPARTMENT**

ADDRESS: 508 Oak Street TARGET POPULATION:

Lebanon, Pa. 17042 Children between the ages of 10-17 years, inclusive, who are alleged to

have committed delinquent acts.

PHONE: 273-1557

AFTER HOURS PHONE: 272-2054

**EMERGENCY ON-CALL SERVICES** 

HOURS: 8:30 a.m. - 4:30 p.m.

DIRECTOR: William R. Sullivan,

Monday - Friday Chief Juvenile Probation Officer

## **SERVICES**

The Juvenile Probation Department provides counseling and supervision to our target population. Parents and/or guardians are included in our efforts to rehabilitate the child's delinquent behavior patterns. When appropriate we work in conjunction with other existing local public and private agencies for Mental Health, Drug & Alcohol, Children & Youth and special issues requiring private or family counseling.

## **LEBANON COUNTY LIBRARY SYSTEM**

ADDRESS: 125 N 7TH St. TARGET POPULATION:

Lebanon, Pa. 17046 Residents of Lebanon County

PHONE: 273-7624 FEES: None

HOURS: Varies with each library

## **SERVICES**

The public libraries of Lebanon County maintain a collection over 220,000 books, audiocassettes, videocassettes, phonograph records, magazines, and puppets, which may be borrowed by anyone with a valid library card. Under the Access PA program, all patrons may also borrow items from any participating Access PA library in the state. County libraries provide Story Hour for children and a Summer Reading Programs during June and July.

LEBANON COMMUNITY LIBRARY

125 N 7<sup>th</sup> Street Lebanon, Pa. 17046 273-7624

RICHLAND COMMUNITY LIBRARY

111 East Main Street Richland, Pa. 17087 866-4939

MYERSTOWN COMMUNITY LIBRARY

199 N. College Street Myerstown, Pa. 17067 866-2800

PALMYRA PUBLIC LIBRARY

325 S Railroad St. Palmyra, Pa. 17078 838-1347

ANNVILLE FREE LIBRARY

216 E. Main Street Annville, Pa. 17003

867-1802

MATTHEWS PUBLIC LIBRARY

102 West Main Street Fredericksburg, Pa. 17026

865-5523

## OPPORTUNITIES FOR VOLUNTEERS

Contact each Library for available opportunities

## **LEBANON COUNTY MEDIATION SERVICES**

ADDRESS: P.O. Box 1244 TARGET POPULATION: Help people

Lebanon, Pa. 17042 resolve conflicts peacefully

PHONE: 277-0111

FEE: No charge

## **SERVICES**

Lebanon County Mediation Service is a local, non-profit program using professionally trained, volunteer mediators. Disputing parties come together in a neutral setting to work through their problems and find an agreement acceptable to both.

## **MEDIATION CAN SOLVE PROBLEMS**

- With a neighbor
- With a neighbor's children
- With local business
- With a landlord or tenant
- With a city, borough or township
- With persons at work

## LEBANON COUNTY MENTAL HEALTH/MENTAL RETARDATION PROGRAM

ADDRESS: 220 East Lehman St. TARGET POPULATION: Lebanon

Lebanon, Pa. 17046

County residents diagnosed with mental illness or mental retardation

PHONE: 274-3415

FAX: 274-0317 FEES: Sliding fee scale

AFTER HOURS PHONE: 274-3415 ADMINISTRATOR: Crisis Intervention Kevin J. Schrum

JOLIDS: 8:00 a.m. 5:00 n.m.

HOURS: 8:00 a.m. - 5:00 p.m. Monday - Friday

## **SERVICES**

The Lebanon County MH/MR Program, through case management services, provides intake, assessment and coordination of the following services: outpatient psychotherapies, psychiatric and psychological evaluation, medication monitoring, residential programs for the mentally retarded, vocational and social rehabilitation, short term inpatient, partial hospitalization, early intervention services (birth to three years old) and 24 hour emergency services. Consultation and education services are available upon request.

SERVICES ARE A) Based on availability of funding

- B) Non-discriminating
- C) Confidential

Lebanon County MH/MR operates under the authority of the Lebanon County Commissioners

SUPPORT GROUPS

Clozaril Support Group -See Support Group Directory

## LEBANON COUNTY PENN STATE COOPERATIVE EXTENSION

ADDRESS: 2120 Cornwall Road TARGET POPULATION: Youth/

> Suite 1 Adults

Lebanon, Pa. 17042

FEES: Minimal fees to cover costs of PHONE: 270-4391

delivery only

DIRECTOR: Winifred W. McGee HOURS: 8:30 a.m. - 4:30 p.m.

Monday - Friday

#### **SERVICES**

The Lebanon County-Penn State Cooperative Extension provides adult informal education on an individual and group basis to families, agencies, local government and business. Professional staff includes: three agriculture agents who assist commercial farmers and producers with questions relating to plant and animal science, agricultural business decision making, and environmental preservation; one family living agent who is responsible for programs and service in the areas of healthy lifestyle and child care education as well as home management, nutrition, food and safety issues; a community/economic development agent who delivers information on small business development, land issues, community leadership, and community visioning; and many Regional agents who are based in nearby counties provide information in water quality, family financial management, poultry production, wine grape propagation and farm management. A 4-H Youth agent supervises a county-wide youth program (See Youth).

Also on staff are a horticultural program assistant, a West Nile Virus program assistant, and a Nutrition Education Advisor who provides nutrition and food safety education for USDA Food Stamp recipients. Volunteer Master Gardeners identify insects, diagnose tree and plant problems, and provide classes on consumer gardening. May services are free; some are offered at the cost of delivery.

YOUTH 4-H PROGRAM: Boys and girls ages 8-19.

ADULT INFORMAL EDUCATION - Any citizen of Lebanon County and surrounding areas. Interest in subject matters covered includes:

-Nutrition education, weight management - Economic Development – Small Business

-Home and commercial food safety - Commercial agriculture – all types

-Home horticulture, gardening - Dairy heard health and nutrition -Child care provider training - Water quality and quantity

-Family Financial Management - Healthy lifestyle (diabetes/osteoporosis)

-West Nile detection/prevention

-Environmental concerns: land use, recycling, water

## OPPORTUNITIES FOR VOLUNTEERS

Educational Program Advisory Board Member-Extension Board Director-4-H Club Project Leader Organizational Leader-Activity Leader-Clerical Assistant-Camp Chaperone-Event Chaperone-Resource Person/Speaker-Board Member

## **MASTER GARDENERS**

With training become program presenters of: horticultural topics, cultivate community gardens, elementary school enrichment in plant science Volunteer Coordinator: Martha Gregory (270-4391)

## **LEBANON COUNTY VICTIM/WITNESS PROGRAM**

ADDRESS: Room 402, Municipal Bldg. TARGET POPULATION:

400 S 8th St.

Lebanon, Pa. 17042 System

PHONE: 274-2801 x 2180 FEES: None

HOURS: 8:30 a.m. - 4:30 p.m. CO - COORDINATORS:

Monday - Friday BETH HOCH

TAMMY HARTMAN-HANKINS

Victims of the Criminal Justice

#### **SERVICES**

The Victim/Witness Program provides assistance for the victims and witnesses throughout the entire process of the Criminal Justice System. Some of those services are: case status and notification of court proceedings, criminal justice orientation, court accompaniment, victim input program, filing of restitution, and Crime Victim's Compensation claims, case disposition, intimidation protection assistance, notification of release from incarceration, property return, and referral to other agencies or ongoing or long term support and treatment.

## OPPORTUNITIES FOR VOLUNTEERS

Office Work Volunteer Coordinator: Carol Copeland Phone: 274-2801 x 2180

## LEBANON COUNTY YOUTH ADVOCATE PROGRAMS, INC.

ADDRESS: 518 S. 8<sup>th</sup> Street

Lebanon, Pa 17042

Youth referred to the program by the Juvenile Court, Children and Youth

Services & MH/MR

PHONE: 228-0935 FAX: 228-0939

E-mail: CShaak@YAPInc.org

OFFICE HOURS: 8:30 a.m. - 4:30 p.m.

24 hours on call for CRISIS

FEES: Contractual services through C&Y and Juvenile Probation; Behavioral health funded through Health Choices

(Medial Assistance) Contractual

Services through MR

DIRECTOR: CHRISTOPHER SHAAK, M.S. DIRECTORS: MELISSA KNAPIK, M.A. ROBERT SWANSON

#### **SERVICES**

- Programs for pre and post adjudicated children and youth
- Aftercare programs for individual returning from placement
- Services for dependent children and youth and their families
- School based programs/in school alternative to suspension and expulsions
- Independent living and life skills
- Behavioral Health Rehabilitation Services (BHRS), behavioral specialist, mobile therapy and therapeutic staff support
- Specializing in services for children diagnosed within the Autism Spectrum Disorders
- Zip code recruitment of staff
- "No Reject, No Eject" policy
- Individualized service planning, focusing on strengths not deficits
- Strictly community based services

## LEBANON FAMILY HEALTH SERVICES, INC.

ADDRESS: 615 Cumberland St.

Lebanon, Pa. 17042 TARGET POPULATION: Women,

Teens, and Families

PHONE: 273-6741 FEES: Vary with service provided.

Some services free of charge

HOURS: 8:00 a.m. - 5:00 p.m.

Monday - Friday

DIRECTOR: Kim Kreider Umble

Evening hours by appointment only

## **SERVICES**

Lebanon Family Health Services, Inc. is a non-profit health care agency which provides gynecological examinations (including breast exams and pap smears), contraceptive services, S.T.D. testing and treatment, pregnancy testing and counseling, and prenatal services. Additional services include adolescent sexuality education programs, postponing sexual involvement series, parenting programs and a variety of workshops for social service agencies, local organizations and interested community members. Medical assistance and some insurance are accepted. Fees are determined o a sliding fee scale and based on patient income.

A teen clinic is provided one day a month to males and females ages 13-19. It is a walk-in clinic with no appointment necessary. Services are free to female teens 17 and under, including gynecological examinations with additional services as listed above.

Comprehensive prenatal services are provided in coordination with the Good Samaritan Family Practice Center. Also provided are prepared childbirth classes and prenatal education classes.

A Medical Awareness Program is provided for women aged 50 years and older in cooperation with the Area Agency on Aging. Gynecological examinations (including hemoglobin, breast exams, pap smears and urine testing) are provided. Any women age 50 and older can utilize this service, with fees assessed according to income. The service is free to women over 60 regardless of income

Women Infants and Children (W.I.C.) is a free food subsidization program for pregnant women, nursing mothers and children under 5 years of age. W.I.C. provides coupons for foods, such as milk, cheese, eggs, peanut butter, juice, cereals and formulas. W.I.C. also provides nutritional counseling and offers referrals to other human services and medical services. You must meet income guidelines to participate. Donna Williams, WIC Pogram-273-6940.

## OPPORTUNITIES FOR VOLUNTEERS

Clerical
Medical Assistant
Interpreters
Public Relations/ Fundraising

#### LEBANON PREGNANCY CENTER

## **Susquehanna Valley Pregnancy Services**

ADDRESS: 132 S 8th St. TARGET POPULATION: Women,

Lebanon, Pa. 17042 men and teens unprepared for

pregnancy

PHONE: 274-5128 (Office) HOURS:

274-0600 (Client Line)

MONDAY 9:00 a.m. - 4:30 p.m.

**AFTER HOURS PHONE: 274-0600** 

**24 HR. Hotline manned by volunteers**TUESDAY
9:00 a.m. - 4:30 p.m.

NOT AN ANSWER MACHINE 6:30 p.m. - 8:30 p.m.

WEDNESDAY 9:00 a.m. - 4:30 p.m.

CENTER DIRECTOR: 6:30 p.m. - 8:30 p.m.

Connie Shea

EXECUTIVE DIRECTOR: THURSDAY 9:00 a.m. - 4:30 p.m.

Lisa Hosler 6:30 p.m. - 8:30 p.m.

FRIDAY 9:00 a.m. - 3:00 p.m.

#### **SERVICES**

We provide a free early pregnancy test with results while you wait. Also a 24 hour Hotline, factual education on pregnancy, abortion, and alternatives, counseling as needed with parents, boyfriends or husbands, referrals for medical care, social services and legal aid, clothing and furnishings for mother and baby, housing for pregnant clients in need, referrals for adoption and career counseling.

#### OPPORTUNITIES FOR VOLUNTEERS

Client services volunteers must complete an in house training and attend regular meetings. Minimum hours required per week: 3.

CLIENT SERVICES: ADMINISTRATIVE:

Counseling with clients Office Work

Hotline Counseling Participation in Special Events

Receptionist

Volunteer Coordinator: Connie Shea

SUPPORT GROUPS: See Support Directory Post Abortion – Carol Weaver 626-8742

Sexual Abuse (Restoration) – Connie Shea 274-5128 x 305

Single Mom Support Group – Sheila Beears 721-7550

Fatherhood Workshop – Suzy Raffensperger 291-9112

Miscarriage Support Group – Suzy Raffensperger 291-9112 (Hope in Heaven)

## **LEBANON STATE HEALTH CENTER**

ADDRESS: 9 North 9<sup>th</sup> St. TARGET POPULATION: Area

Lebanon, Pa. 17042 Residents

PHONE: 272-2044 FEE: See Below \* There may be a

minimal fee

HOURS: 8:00 a.m. - 4:30 p.m.

Monday - Friday DIRECTOR: Kimberly Drum

## **SERVICE**

The State Health Center offers the following services:

IMMUNIZATION CLINIC:\* DTaP, Measles, German Measles, Mumps, Polio, HIB, Prevnar, Hepatitis B, and Chicken Pox vaccinations for children. TD immunizations for adults. Call for an appointment.

TUBERCULOSIS CLINIC: Diagnostic study, treatment and contact follow-up (No Fee)

HYPERTENSION SCREENINGS: Screen and referral for hypertension (No Fee)

HIV CLINIC: Free, anonymous and confidential HIV antibody testing. This includes blood work, (No Fee) Pre & post counseling. Call for an appointment.

HOME VISITING: Registered nurses provide home visits as requested by a Physician or other (No Fee) community agency for health education and counseling. Visits are also made to families with children who have elevated lead levels, and families of SIDS.

COMMUNICABLE DISEASES: Registered nurses follow-up on all reportable communicable (No Fee) diseases.

## **LEBANON TREATMENT CENTER**

ADDRESS: 3030Chestnut Street TARGET POPULATION: Individuals

Lebanon, Pa. 17042 who are opiate dependent

PHONE: 717-273-8000 FEES: Please call for current fees;

patients can be referred for funding

FAX: 717-273-8244 assistance.

HOURS: 5:00AM to 1:30PM DIRECTOR: Jeff Wilmot

## **SERVICE**

Lebanon Treatment Center is a methadone maintenance program that serves individuals who suffer from opiate dependency. Admission criteria include 18 years of age, a year of opiate dependency, and previous opiate treatment attempts. Admission requires a positive opiate drug screen, the ability to pay for treatment, and the willingness to comply with daily dosing, counseling, and treatment planning. Methadone maintenance is a long term outpatient program (average 18months), requiring compliance with methadone regulations by both state and federal organizations, and medication regimen.

Lebanon Treatment Center offers referral, family support, and community presentations. An individual can walk in or call for an assessment for treatment any time during program hours. Lebanon Treatment Center offers Spanish services. Methadone Anonymous is offered as a support to patients.

Educational material is available regarding methadone maintenance treatment.

## **LEBANON VALLEY CHAMBER OF COMMERCE**

Community

ADDRESS: 728 Walnut Street TARGET POPULATION: Business

P.O. Box 899

Lebanon, Pa. 17042

PHONE: 273-3727 FEES: Annual dues/fees for

FAX: 273-7940 seminars, publications

E-mail: info@LVChamber.org.

HOURS: 8:00 a.m. - 5:00 p.m. PRESIDENT: Larry A Bowman

Monday - Friday

## **SERVICES**

The Chamber of Commerce promotes business and community growth and development, serves as a clearinghouse for county statistical information, sponsors educational programs, sends "Relocation Packets" to persons moving to the area, compiles publications, researches legislative issues, handles general inquiries from the public, and maintains a comprehensive internet site - www. lebanononline.org - that provides residents and non residents with a wide variety of information about our community.

#### OPPORTUNITIES FOR VOLUNTEERS

Volunteers are generally sought from member businesses and organizations.

## **LEBANON VALLEY FAMILY YMCA**

ADDRESS: A.L. Hanford Center TARGET POPULATION: All ages

201 N 7<sup>th</sup> Street

Lebanon, PA 17046-5098

PHONE: 273-2691 FEES: Varies, Membership available

Financial assistance available

\*HOURS: 4:30 a.m. - 9:30 p.m.

Mon. - Friday

6:00 a.m. - 6:00 p.m.

Saturday

12:00 noon - 5:00 p.m.

Sunday - Sept. through June

\* Hours are for A.L. Hanford Center

#### **OTHER LOCATIONS:**

YMCA AT THE VA – Building #24 1700 S. Lincoln Ave., Lebanon, PA 17042

## **SERVICES**

The YMCA is a family oriented charitable community service organization. The Y is known for a variety of health and physical education opportunities serving all ages with nationally recognized programs led by certified staff. The YMCA also provides childcare, aquatics, afterschool care, enrichment programs, youth and teen activities, and numerous camps.

#### OPPORTUNITIES FOR VOLUNTEERS

Program Assistants
Policy Making Volunteers
Fundraising & Development

Volunteer Coordinator: Philip Tipton Phone: 273-2691

## THE LEUKEMIA & LYMPHOMA SOCIETY

ADDRESS: 800 Corporate Circle

Suite 100

Harrisburg, Pa. 17110

PHONE: (717) 652-6520

1-800-822-CURE

TARGET POPULATION: patients and families of Leukemia, Hodgkins Disease, Lymphoma, Myeloma, and in Central Pennsylvania Chapter 17 Counties include: Adams, Bradford, Cumberland, Dauphin, Franklin, Juniata, Lancaster, Lebanon,

Lycoming, Montour, Northumberland, Perry, Snyder, Sullivan, Tioga, Union,

and York.

WEBSITE: www.leukemia-lymphoma.org

HOURS: 9:00 a.m. - 5:00 p.m. Monday - Friday

EXECUTIVE DIRECTOR: ELIZABETH MIHMET

PATIENT SERVICES MANAGER: DANIELLE BUBNIS

#### **SERVICES**

The Leukemia & Lymphoma Society provides programs for patients and family members affected by blood cancers. Programs include First Connection, Patient Education Programs, Family Support Groups, Patient Financial Aid, an Advocacy Network, School Re-entry, and Information and Referral Network

#### OPPORTUNITIES FOR VOLUNTEERS

Board of Trustees
Help with special events
Clerical
Health Fairs
Speakers Bureau

Volunteer Coordinator: Angela Smith/Office Manager Phone: (717) 652-6520 or 1-800-822-CURE

#### SUPPORT GROUP

Family Support Group at the Hershey Medical Center Contact Danielle Renteria- (717) 652-6520 First Conncetion (peer to peer support nationwide network) Family Support Group at Lancaster contact Chapter for more info

## **LITERACY COUNCIL OF LANCASTER - LEBANON**

ADDRESS: 756 Cumberland Street, Suite 4

Lebanon, Pa. 17042

TARGET POPULATION: Adults over the age of 17 who need to improve skills in reading, writing, language (speaking English) and math

Mary Hohensee

PHONE: 274-3461 FEES: None

HOURS: Monday 9:00 a.m. - 4:00 p.m. EXECUTIVE DIRECTOR:

Tuesday 9:00 a.m. - 7:00 p.m. Wednesday 9:00 a.m. - 5:00 p.m. Thursday 9:00 a.m. - 7:00 p.m. Friday 9:00 a.m. - 2:00 p.m.

Tuesday & Thursday evenings by appointment

## **SERVICES**

Volunteer tutors are trained in a 15 hour workshop, matched with an adult student and given materials and guidance. Their task is to use what they have learned to teach an adult how to read, write, figure basic math and speak English (if English is a Second Language). Tutoring is done in a neutral setting and usually requires 3 hours a week for a year to note progress.

## OPPORTUNITIES FOR VOLUNTEERS

Tutors
Workshop Trainers
Public Speakers
Board Members

Volunteer Coordinator: Cathy Roth Phone: 274-3461

## MENTAL HEALTH ASSOCIATION IN LEBANON COUNTY

ADDRESS: 136 N 9th St. TARGET POPULATION: Lebanon

Lebanon, PA 17046 County

PHONE: 273-5781 FEES: None - Donations accepted

AFTER HOURS PHONE: Answer Machine

FAX: 273-6908 EXECUTIVE DIRECTOR:

E-Mail: mhaleb @ lmf.net Janet R. Frick

HOURS: 8:30 a.m. - 2:00 p.m. Monday - Friday

#### SERVICES

The Mental Health Association of Lebanon County is working for the prevention of mental and emotional illness and for adequate care and treatment for those suffering from these illnesses. We distribute information, make referrals, assist county groups in planning mental health programs, conduct an extensive education program, and act as an advocate for the mentally ill. The association offers mental health programs for community groups i.e. churches, schools, civic groups, etc. We have set up a mental health library of films, brochures, and books. We also pilot mental health projects, make mental health referrals, and assist in assessing the gaps in legislative rulings that effect metal health issues.

## SUPPORT GROUPS

Survivors of Suicide Support Group (2<sup>nd</sup> & 4<sup>th</sup> Thursday of the month at Philhaven) Mental Health Support Group (1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month 10:30 - 12, 6:30 - 8) Anger Management for Men (1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month 6:30)

## **MIDPENN LEGAL SERVICES**

ADDRESS: 513 Chestnut Street TARGET POPULATION:

Lebanon, Pa. 17042

Low income individuals of Lebanon Co.

PHONE: 274-2834 FAX: 274-0379 FEE: None

HOURS: 8:30 a.m. - 4:30 p.m. MANAGER LEBANON OFFICE

Monday - Friday James Orgass

## **SERVICES**

Legal Services provides free representation to low-income individuals in civil matters only. This representation includes landlord/tenant matters, housing problems, protection from abuse, unemployment compensation, welfare problems (including public assistance, medical assistance, and food stamps), social security matters, custody, visitation, divorce and debtor advice. Legal services provide representation in abuse cases without regard to income.

## OPPORTUNITIES FOR VOLUNTEERS

Filing
Photocopying
Answering Telephones

Volunteer Coordinator: Laurie Yurejefcic Telephone: 274-2834

## **MUSCULAR DYSTROPHY ASSOCIATION**

ADDRESS: 2040 Linglestown Road TARGET POPULATION: We cover

Suite #201 43 neuromuscular diseases

Harrisburg, Pa. 17110

PHONE: (717) 540-4316 FEE: None

HOURS: 9:00 a.m. - 5:00 p.m. DISTRICT DIRECTOR:

Monday - Friday Faith McKAY

## **SERVICES**

The Muscular Dystrophy Association provides diagnostic and follow up care through MDA supported clinics, mobility equipment, and specialized health education dealing with both the disease disorder and the long-term health problems involved with muscular dystrophy.

## OPPORTUNITIES FOR VOLUNTEERS

Patient Assistance - Call Cheri Remmert, Harrisburg Office - 717-540-4316

Camp Volunteers - Call Cheri Remmert, Harrisburg Office – 717-540-4316

Office Help - Call Shannon Jankowski, Harrisburg Office – 717-540-4316

Funding Support - Call Shannon Jankowski, Harrisburg Office – 717-540-4316

#### SUPPORT GROUPS:

Mixed support group for individuals with neuromuscular diseases and their families MEETS: 1<sup>st</sup> Sunday of each month at the Milton S. Hershey Medical Center, Dining Room A Contact Cheri Remmert, Health Care Services Coordinator at 717- 540-4316

# NATIONAL MULTIPLE SCLEROSIS SOCIETY SOUTHEAST BRANCH

ADDRESS: 2028 State Street TARGET POPULATION:

East Petersburg, Pa. 17520 Persons with Multiple Sclerosis and

their families in Lebanon, Lancaster,

PHONE: 1-800-556-6213 and York Counties

(717) 509-6301

HOURS: 8:00 a.m. - 5:00 p.m. FEES: None

Monday - Friday

PRESIDENT: Margie Adelmann

#### **SERVICES**

The Multiple Sclerosis Society provides a variety of services, which includes information, referral, counseling, and equipment. We also have several support groups, and telephone Peer Support programs, to help promote social and staff support. We help sponsor the MS clinic at the Hershey Medical Center and provide various educational programs, such as employment, and symptom management programs for persons who are newly diagnosed.

## OPPORTUNITIES FOR VOLUNTEERS

Assist in fund raising
Social activities involving person with MS
Assist in Chapter Office
CONTACT ROBIN UNANGST

SUPPORT GROUPS

Lebanon Support Group

Contact: Pat Chadwick 273-0278

Hershey/Palmyra Support Group

Contact: Stacy Brockelhurst 566-2216

## **NEW PERSPECTIVES OF WHITE DEER RUN**

ADDRESS: 3030 Chestnut St. TARGET POPULATION:

Lebanon, Pa. 17042 Individuals suffering from substance

abuse problems.

PHONE: 270-3900 FEE: Vary. Most insurance types

accepted. FREE initial consultations

HOURS: 24 hours a day, 7 days a week

## **SERVICES**

New Perspectives provides inpatient and outpatient treatment services to residents, both male and female, with substance abuse problems. These services include inpatient detoxification and rehabilitation, intensive outpatient program and outpatient counseling (group & individuals). The center also provides after care counseling and provides treatment services to DUI offenders.

## **OFFICE OF ATTORNEY GENERAL**

## **BUREAU OF CONSUMER PROTECTION**

ADDRESS: Strawberry Square\* TARGET POPULATION:

14th Floor Pennsylvania Consumers

Harrisburg, Pa. 17120

PHONE: 1-800-441-2555 FEE: None

8:30 a.m. - 5:00 p.m.

Monday - Friday DIRECTOR: Frank T. Donoghue

Chief Deputy Attorney General

HOURS: 8:30 a.m. - 5:00 p.m. Monday - Friday

#### **SERVICE**

The Bureau of Consumer Protection, a civil law enforcement agency, mediates and investigates consumer complaints. We also educate the public and advise the legislature on matters of consumer concern. Legal action is taken when warranted.

\*Regional Offices - Erie, Scranton, Pittsburgh, Philadelphia, Harrisburg, Allentown, & Ebensberg

## **HEALTH CARE UNIT**

ADDRESS: 14<sup>th</sup> Floor – Strawberry Square PHONE: (877) 888-4877

Harrisburg, Pa. 17120 (717) 705-6938

HOURS: Monday - Friday

10:00 a.m. - 3:00 p.m.

Unit is part of the Bureau of Consumer Protection. Mediates complaints regarding Health Care Providers and Health Care Insurance Companies

## **OFFICE OF VOCATIONAL REHABILITATION**

ADDRESS: 555 Walnut Street 8<sup>th</sup> Floor TARGET POPULATION:

Employment –aged individuals

Harrisburg, Pa. 17101 with disabilities

PHONE: 1-787-7834 FEES: None for diagnostics, Financial needs test for others

1-800-442-6352

TTY: 1-787-4013

HOURS: 8:00 a.m. - 4:30 p.m. DISTRICT ADMINISTRATOR: Monday - Friday Chuck Cavaloditch

## **SERVICES**

The Office of Vocational Rehabilitation helps eligible persons with disabilities help themselves to prepare for, be selected for, and keep a job. OVR services include diagnostic services, vocational evaluation, counseling, restoration services including special equipment for car and home. Also, occupational and physical therapy, training and placement.

## <u>PA - TSA, INC.</u> TOURETTE SYNDROME

ADDRESS: 132 West Middle Street TARGET POPULATION:

Gettysburg, Pa. 17325-7002 Patients with Tourette Syndrome,

families and friends

PHONE: (717) 337-1134 1-800-990-3300 FEES: N/A

AFTER HOURS: (717) 337-1134 DIRECTOR: Laura Umbrell

Answering machine

HOURS: 9:00 a.m. - 5:00 p.m. Monday - Friday

## **SERVICES**

The PA-TSA, Inc. is a non-profit agency, affiliated with the National Tourette Syndrome Association, created to serve the needs of Pa. citizens with Tourette Syndrome. PA-TSA, Inc. provides information referral, and advocacy services without regard to race, creed, national origin or sex. It also provides family and individual support through establishment of non-professional support groups & chapters throughout the state. PA-TSA publishes a quarterly newsletter for individuals, families and professionals. Dues are requested yearly at the National level only.

#### OPPORTUNITIES FOR VOLUNTEERS

Fund raising Advocacy In office duties (making of packets) Newsletters Chapter Officers and Board Members Office Volunteers

VOLUNTEER COORDINATOR: Executive Director and Chapter Chairpersons

PHONE: Call PA. -TSA office for specific areas

## PENNSYLVANIA ASSOCIATION FOR THE BLIND

ADDRESS: Lebanon Satellite Office TARGET POPULATION: Blind &

738 Cumberland St. visually impaired persons

Lebanon, Pa. 17042

FEE: None

PHONE: (717) 274-6711

AFTER HOURS: Answer Machine COORDINATOR: Dotti Hoglund

HOURS: Generally 8:00 a.m. - 4:00 p.m., Monday - Friday

Call Central Office in HGB (717) 234-3261 in the event of immediate need

## **SERVICES**

#### SOCIAL SERVICES:

For persons who are legally blind, the Association provides essential assistance to include: escorted transportation, aid with paperwork, shopping, banking and home chores; and individual and group instruction in skills of daily living. The Association also serves as a liaison in securing (for blind and visually impaired): talking book machines; specialized radio receivers for broadcast of local newspaper information; specialized training in travel skill, homemaking, personal management, etc. and other information aids required.

#### PREVENTION OF BLINDNESS:

Provide vision screening, on request, for pre-school children as part of kindergarten registration or nursery school enrollment. Sergeant Seymour Eye Safety Program, a quarterly newsletter for 4th grade and special education students, teaches eye health and safety. Vision screening (for acuity, symptoms of glaucoma and muscular degeneration) is available on request for groups of adults, senior citizens, and area employers.

## PUBLIC EDUCATION:

Customized programs on eye health, safety, problems of vision and blindness are offered, on request, to children, adults and senior citizen programs.

## OPPORTUNITIES FOR VOLUNTEERS

Client Transportation and Escort
Escort Service
Home Chores - such as minor repairs, lawn mowing, leaf raking
and snow shoveling
Training provided by Agency

SUPPORT GROUP
The INSIGHT SUPPORT GROUP - Contact Dotti Hoglund
See Support Directory

## PENNSYLVANIA BAR ASSOCIATION LAWYER REFERRAL SERVICES

ADDRESS: P.O. Box 186 TARGET POPULATION: Those

Harrisburg, Pa. searching for an attorney

PHONE: 1-800-692-7375 PA only FEES: Free over the phone referrals.

1-717-238-6807 If prospective client see attorney, the attorney agrees to charge not more than

HOURS: 8:00 a.m. - 4:30 p.m. \$30.00 initial first half hour of the

Monday - Friday consultation (\$10 referral, and \$20

lawyer) SECRETARY: Susan Rhea

## **SERVICES**

The Pennsylvania Lawyer Referral Service matches clients with private attorneys by type of case and geographic location. Referrals are made by telephone only.

## PENNSYLVANIA COUNSELING SERVICES - RENAISSANCE

ADDRESS: 701 -703 Chestnut St.

Lebanon, Pa. 17042

PHONE: (717) 274-2741

AFTER HOURS PHONE: 274-2741 Answering Service

HOURS OF OPERATION: Monday - Thursday 8:00 a.m. to 9:00 p.m.

Friday 8:00 a.m. - 4:00 p.m.

EXECUTIVE DIRECTOR: Roy A. Smith, Ph.D., CAC

CLINIC DIRECTOR, LICENSED CLINICAL SOCIAL WORKER:

Angela Strickler, LCSW, QCSW

## TARGET POPULATION

Renaissance Counseling Center is a group of caring professionals who offer a wide range of drug and alcohol and/or mental health services. These services are designed to encourage growth and healing both within one's self and one's relationships. We provide a confidential and nurturing climate where individuals, couples, and families can explore new and more adaptive ways of feeling, thinking and behaving. Encouraging emotional, spiritual, and mental health is the primary aim of our treatment programs.

Renaissance Counseling Center targets individuals and families who primarily live in Lebanon County. We offer services for adults, adolescents, children, couples and families. Treatment modalities available range from individuals, family or group therapy, depending on the clients particular therapeutic needs.

Since October of 1988, Renaissance Counseling Center provides outpatient drug and alcohol services for Lebanon County Commission of Drug and Alcohol Abuse, thereby increasing availability of services to those who need financial assistance. This funding includes services related to drug/alcohol abuse/addiction, codependency, adult children of addiction issues that currently interfere in one's life. In addition, as of May 1991, Renaissance Counseling Center is able to accept medical assistance reimbursement for any eligible patient who has been diagnosed as having a chemical dependency or abuse problem and is appropriate for outpatient therapy.

The Intensive Outpatient/Partial Hospitalization program targets services to those individuals who would benefit from more intensive therapy than outpatient services, but do not require inpatient care.

Careful screening at intake will be evaluated in the following areas to ensure a well defined target population for intensive outpatient:

- 1. Need for detoxification/withdrawal symptoms
- 2. Severity level and progression of addiction
- 3. Motivational level for sobriety
- 4. Emotional/Behavioral Stability
- 5. Relapse Potential
- 6. Available support systems
- 7. Ability to enter inpatient treatment
- 8. Prior treatment history

As a guideline, the ASAM criteria for outpatient, intensive and inpatient services will be utilized in the assessment to appropriately determine the level of care for a patient.

#### **FEES**

Fees will vary depending on the services provided. It is our policy that payment is due at the time of the visit. We are happy to provide you with individual receipts, which may be submitted, to your health insurance carrier for reimbursement. Most private insurance and HMO's reimburse a percentage or directly pay for services offered at Renaissance.

Renaissance is a provider for Medical Assistance and Capital Blue Cross for the treatment of alcohol/drug abuse/dependency. There is also funding available for qualified county residents thorough the Lebanon County Commission on Drug and Alcoholic Abuse. Other funding contracts include services provided through Lebanon County Children and Youth Services, Lebanon County MH/MR and Lebanon Valley College.

Please feel free to contact our office with question you have regarding fees, insurance, and payments.

#### **DESCRIPTION OF SERVICES**

## PARTIAL HOSPITALIZATION DRUG & ALCOHOL PROGRAM

## Intensive Outpatient

- -Drug & alcohol evaluation/assessment
- -Individual counseling and psychotherapy
- -Group therapy
- -Family educational group
- -Employee/employer consultation
- -Aftercare planning for client and family members

## **Outpatient Treatment Services**

- -Individual, couple, marital and family counseling
- -Individual counseling for drug and alcohol issues and dual diagnosis issues
- -Mental health: depression, anxiety, adjustment stressors, sexual survivor issues, eating disorders

- Psychiatric Services
- -Group counseling for:

Drug & alcohol addiction

Drug & alcohol continuing care-adult

Drug & alcohol continuing care- adolescent

Codependency children of dysfunction adult

Children of dysfunction parenting sexual offenders sexual addiction

Spanish speaking drug and alcohol addiction group

Non-offending parent group (sexual offense)

#### LEBANON COUNTY DRUG & ALCOHOL PREVENTION PROGRAM

Spring Conference Symposium

Alcohol Awareness for Youth

Contact Youth Line

LVC Alcohol Awareness Program

Red Ribbon Campaign

Video Library

Literature Library

Pathways To Prevention newsletter

Members of DUI Association

Member of Commonwealth Prevention Alliance

Community Group Educational Services

Community educational Awareness Presentation

K-12 Educational Programs

## **OUTREACH SERVICES**

- -Drug and Alcohol Intervention Group Lebanon County Prison
- -Individual Therapy for Students Lebanon Valley College
- -Alcohol Awareness Education Group Lebanon Valley College
- -Alternative Education Program Counseling Component
- -Alcohol Awareness Program for Youth

#### JOB CARE

-Employment Assistance Program

#### WRAP AROUND PROGRAM

Funded by Medical Assistance

Children & Adolescents through age 21

Family Focused as well as child centered treatment

## FAMILY BASED SERVICES

Funded by Medical Assistance Focusing on Family Intervention Conflict Resolution, problem solving, communication skills

## RENAISSANCE COUNSELING CENTER

## Partial Hospitalization Intensive Outpatient Services for Drug and Alcohol Dependency

Intensive Outpatient at Renaissance is a licensed partial hospitalization program designed to offer a treatment option for those suffering from alcohol or drug dependency. Intensive therapy is provided to individuals while they continue to live at home and maintain employment responsibilities. The program is an alternative to inpatient treatment, yet offers all of the therapeutic intensity of a 28-day facility. The individual attends addiction therapy three days per week, several hours each day, for a total of 16 sessions. The therapeutic components include educational intervention, family involvement, and individual therapy and group counseling. After completing the Intensive Program, an individualized aftercare plan will be developed to continue the development of sobriety through outpatient therapy and support services.

## **Aftercare**

After completing the Partial Hospitalization Program Intensive Outpatient Program, adults begin aftercare by attending group sessions one time per week. Emphasis is placed on processing feelings, providing support, identifying and recognizing signs and symptoms of relapse, and establishing healthy ways of living a sober life through the 12 step program. Individual family/therapy may also be recommended in combination with aftercare group sessions.

## Outpatient Therapy

Chemical Dependency Level 2 Groups: For individuals needing support and guidance in remaining abstinent from drugs and/or alcohol. A patient is appropriate for this group if he/she has some motivation to work a recovery program and displays a willingness to improve his/her insight into the signs and symptoms of the disease of chemical dependency. Each patient is educated to the physical, emotional and spiritual characteristics of the progression of his/her use. Emphasis is also placed on processing feeling from the addiction and those associated with early recovery. Abstinence and attendance at 12 step support groups is required.

Chemical Dependency Level 1Group: This group provides a twelve week series of education about chemical dependency; including characteristics of the addiction, the disease concept, cross-addiction, progression, and recovery through the 12 step philosophy. Treatment focus is breaking down denial through educational and therapeutic intervention designed to establish a recovery program.

Adult Children of Dysfunction: Individual therapy for any individual who was raised in an alcoholic or other type of dysfunctional family setting. Therapy focuses on identifying unhealthy patterns in relationships and communication, as well as processing feelings from childhood experience.

Following self-awareness, each patient is encouraged to explore healthy patterns, thus breaking the chain of dysfunctional thoughts and behaviors. Specific issues frequently addressed include fear o intimacy, abandonment, extreme loyalty to the dysfunction, control issues, anger work, grieving over losses, affirmation work, and inner child relationships.

Codependency Group: For any individual who finds himself/herself vesting self-esteem in controlling others despite adverse consequences, assuming responsibility to meet others needs, and/or displaying enmeshment in relationships. Within the group process, each patient is educated and encouraged to identify codependent behaviors. Through self-exploration, each patient can begin to seek alternative ways of functioning, including detachment and self-caring through need fulfillment and boundary setting.

Adolescent Children of Dysfunction: Individual therapy for any adolescent who is affected by stressful family dynamics, education and group process gives adolescents knowledge of coping strategies as well as the ability to share feelings with individuals who are experiencing similar situations. Family involvement is encouraged through family therapy.

Children of Dysfunction: Group or individual involvement for children who have been coping with alcoholism, drug addition, and/or any other high stress family dynamics. Each child participates in eight weeks of structured group activities designed to provide education on identifying feelings and defenses, improving communication and developing coping skills.

*Individual Counseling for Dependency Issues*: Individual therapy is available for anyone who cannot commit to the group process or who has specific needs that are best addressed in a one-on-one session. Both daytime and evening sessions are available.

Food Addiction Treatment: Individual sessions are available for anyone afflicted with an eating disorder including obesity tendencies, anorexia, and/or bulimia. Patients will be encouraged to learn about compulsive and impulsive eating while exploring relational difficulties associated with an eating disorder. Group work will provide a concrete structure that can be used to change addictive behaviors. The goal of group and individual therapy is to identify, interpret and alter faulty patterns and responses, as well as to create healthier behavioral styles.

*Family Therapy*: For couples/families seeking to address family conflict, utilizing family systems and brief therapy approaches. Sessions available upon request.

Mental Health Counseling for Adolescents and Children: Psychological intervention for children and adolescents is provided for a variety of reasons, some of which include behavioral or conduct difficulties, anxiety, depression and adjustment disorders. Therapy with children and adolescents involves the family whenever possible. The focus of therapy varies with each case. Some of the interventions may include parent education with regard to discipline and limit setting, the identification and healthy expression of various feelings, social skills training and the involvement with appropriate peer groups within the community and teaching alternative coping and communication strategies. Sessions available upon request.

Cognitive Rehabilitation: Neurological impairments, such as head injury or stroke, can make simple tasks like planning a trip or grocery shopping a major event. Following an accident or injury individuals may require supportive assistance to regain a level of productive cognitive and emotional functioning. Cognitive rehabilitation focuses on the development and utilization of compensatory strategies to assist with a person's ability to organize, sequence, plan, and problem solve. These services may be provided in the comfort of our offices, or in the actual community, where new skills can actually to practiced and refined.

*Psychotherapy for Adults*: Psychotherapy to confront mental health issues: including, depression, anxiety, grief, adjustment difficulties, and stress. Therapy geared toward providing resolution of problems, interpersonal insight, coping skills, and support. Individual sessions are available upon request.

*Sexual Dysfunction*: Group therapy specifically designed for sexual offenders of children. Focus is on breaking denial through intervention and confrontation, education of relapse designs and symptoms, support for maintaining "safe" behaviors of abstinence from the dysfunction and insight oriented therapy into coping with shame, sexuality, social stigmas and early recovery.

12 Step Sexual Addiction Group: Group therapy providing a 12 step approach to recovery for all forms of sexual addiction. Issues addressed include incorporating a 12 step recovery program, addressing relapse signs and symptoms, processing feelings related to the sexual dysfunction and working on healing childhood emotional scars.

#### SUPPORT GROUP

Families Joined Fighting Heroin's Hold – Prevention Team- 274-9684

## PENNSYLVANIA HUMAN RELATIONS COMMISSION

ADDRESS: Pennsylvania Place TARGET POPULATION: The Suite 300 Commonwealth of Pennsylvania

Suite 300 301 Chestnut Street

Harrisburg, Pa. 17101-2702

HOURS: 8:30 a.m. - 5:00 p.m. FEE: None

PHONE: 787-4410 EXECUTIVE DIRECTOR

TT: 783-9308 Homer C. Floyd

783-4087 INFORMATION DIRECTOR

783-7279 Laura J. Treaster

#### **SERVICES**

The Human Relations Commission focuses on cases of discrimination. The Commission receives and investigates complaints of discrimination in the areas of employment, housing, commercial real state, public accommodations, and education, when such discrimination occurs because of a person's race, color, religious creed, ancestry, age (40 and above) sex, national origin, non-job related disability, known association with a person with a disability, familial status, possession of a general education development certificate (GED) as compared to a high school diploma, or willingness or refusal to participate in abortion or sterilization.

OPPORTUNITIES FOR VOLUNTEERS

Clerical Support

## **PHILHAVEN**

#### **Behavioral Health Care Services**

ADDRESS: 283 S. Butler Road TARGET POPULATION: Mental

> P O Box 550 Health

Mt. Gretna, Pa. 17064

PHONE: 273-8871 FEES: Varies with service

HOURS: 8:00 a.m. - 4:30 p.m. DIRECTOR: LaVern J. Yutzy

24 Hrs. Inpatient Service

## **SERVICES**

Philhaven has been in operation since 1952. Philhaven is a not for profit mental health facility offering programs of treatment, and education that include inpatient, outpatient, day hospital, home care, school based and residential services. Specialized services are available for women, children, adolescents, older adults, and adults. Professional counseling services are available at 204 Hathaway Park in Lebanon - 274-9777 and 283 S Butler Road, Mt. Gretna – 273-8871.

## OPPORTUNITIES FOR VOLUNTEERS

Patient Care **Patient Activities** Clerical Tutors for children/adolescents Housekeeping Medical Records **Community Education** Hair Stylists Older Adult Care Spiritual Care Recreation

> VOLUNTEER COORDINATOR: Debra Klepper PHONE: 270-2485

## P.R.O.B.E. NEW CHOICES/NEW OPTIONS OF LEBANON COUNTY

ADDRESS: 815 Cumberland Street

Suite 206

Lebanon, Pa 17042

TARGET POPULATION: Single parents displaced homemakers & single pregnant women in Lebanon County. Counseling in Spanish is

available.

PHONE: 273-2090

FEES: None

**EXECUTIVE DIRECTOR:** 

Kathy Verna

AFTER HOURS PHONE: 273-2090

Recording

HOURS: 9:00 a.m. - 5:00 p.m.

Monday - Friday

Scheduled Evening Classes

#### **SERVICES**

PROBE/ NEW CHOICES is a career counseling, information and referral program for single parents and homemakers who are seeking employment. Services include individual counseling, interest testing, group counseling and job readiness classes. Clients may be male or female, but must meet single parent or homemaker eligibility criteria. Childcare is available while the client is in guidance classes. Some limited tuition/training funds are available.

#### OPPORTUNITIES FOR VOLUNTEERS

Contact Marilynn Ayala for bi-lingual counselor Contact Debra Santucci, Volunteer Coordinator

#### QUALITY CHILD CARE DEVELOPMENT OF LEBANON COUNTY

Developmental & Disability Services

ADDRESS: Quality Child Care Development FEE: None

1126 Walnut Street

Lebanon, Pa. 17042-0899

HOURS: 9:00 a.m. - 5:00 p.m.

Monday - Friday

PHONE: (717) 274-3493 x 324

FAX: (717) 274-1304 CONTACT: Betty Holsopple, E-MAIL: <u>quvvf@ddslebanon.org</u> QCCD Coordinator

QCCD is a program funded by the Pennsylvania State Department of Public Welfare through Child Care Resource Developers to provide local initiatives aimed at improving the quality of child care in Lebanon County. Guided by the Lebanon County Community Planning for Early Care and Education Team, a multidiscipline committee of professionals concerned with quality child care from the Lebanon area, the QCCD coordinator provides services and supports in collaboration with other county child care and early childhood education related organizations. These services target and are available to three populations:

## **Child Care Providers**

- ⇒ First Step to Stars grant writing assistance and guidance
- ⇒ Supports to achieve accreditation through the Keystone Stars program
- ⇒ Assistance and guidance with Pennsylvania Pathways training program
- ⇒ Child Care Appreciation Week activities and recognition
- ⇒ Coordination and provision of low cost/free trainings
- ⇒ Quarterly informational newsletter
- ⇒ Start-up assistance
- ⇒ Grant seeking and writing for resource funding
- ⇒ Scholarship resources for training
- ⇒ Resource and referral

#### **Parents**

- ⇒ Quarterly informational newsletter
- ⇒ Resource and referral on issues related to affordable quality care
- ⇒ Assistance in locating quality care
- ⇒ Coordination of work site seminars on child care and parenting issues
- ⇒ Coordination of annual child care informational publication in the local newspaper

#### **Employers**

- ⇒ Coordination of Child Care Team visits to worksites to educate employers on child care issues
- ⇒ Quarterly informational newsletter
- ⇒ Assistance in collaborating with child care sites within geographic proximity
- ⇒ Provision of worksite seminars for employees on child care and parenting issues

## **QUALITY EMPLOYMENT SERVICES AND TRAINING, INC.**

## **QUEST**

ADDRESS: 704 Metro Drive TARGET POPULATION:

Lebanon, Pa. 17042 People with disabilities over age 17

PHONE: 273-8118 FEES: Varies with service. Eligible FAX: 273-2580 participants funded through third party sponsorship, such as OVR and MH/MR

HOURS: 8:30 a.m. - 3:30 p.m. (Client Hours) EXECUTIVE DIRECTOR:

8:00 a.m. - 4:30 p.m. (Office Hours)

Anne Vogt

#### **SERVICES**

QUEST, INC. provides vocational rehabilitation services which include:

- 1. Vocational Evaluation a comprehensive assessment of the individual's vocational potential, strengths and needs
- 2. Personal and Work Adjustment Training structured activities designed to develop vocational skills toward the goal of competitive employment
- 3. Industrial Training activities designed to increase the vocational and personal functioning of the individual
- 4. Job Placement assist in obtaining and maintaining employment
- 5. Mobile Janitorial Work Program janitorial training and work experience at various community sites
- 6. Student Transition and Employment Program (STEP) providing vocational opportunities as part of the school-to-work initiative.

#### OPPORTUNITIES FOR VOLUNTEERS

Volunteer opportunities are available through participation in various fund raising activities

## RENAISSANCE PREVENTION PROGRAM OF PENNSYLVANIA COUNSELING

## **SERVICES**

ADDRESS: TARGET POPULATION: All

636 Cumberland Street Lebanon, Pa. 17042

FEE: None

PHONE: 274-9684 FAX: 376-0274

TEAM LEADER:

Jessie Weik

ALCOHOL AWARENESS PROGRAM FOR YOUTH (AAYP) COORDINATOR:

Jessie Weik

Email:prevention@pacounseling.com

WEBSITE: www.pacounseling.com/prevention

#### **SERVICES**

The Prevention Program provides free resources to the community in an effort to increase awareness of drug abuse/use. It also offers community presentations, educational programs, and resource directories to all interested persons. The Alcohol Awareness Program for Youth is designed as an educational tool to help adolescents develop an understanding of the negative effects of alcohol and other drugs and to familiarize them with underage drinking, the law, and consequences.

Prevention also operates Families Joined: Fighting Heroin's Hold. Families Joined is a support group for family members and friends of heroin users. For information on time and location, contact the Prevention office.

Fully stocked pamphlet, video and literature libraries are also available to the public free of charge. A quarterly newspaper is distributed to address current drug-related issues in the community. For more information on any of Prevention's services, please call 274-9684 or email prevention@pacounseling.com.

#### **RENOVA CENTER**

ADDRESS: 25 Metro Drive TARGET POPULATION:

Lebanon, Pa. 17042 Physically handicapped and mentally retarded children and young adults

PHONE: 274-0493 FAX: 274-2574

HOURS: 24 hours a day FEES: \$190.21 per day

MA accepted

DIRECTOR: Roman Shahay Private pay accepted

## **SERVICES**

Renova Center is an Intermediate Care Residential Facility which provides a wide range of rehabilitation and medical services to individuals with severe or profound mental retardation, multiple handicaps and/or complex medical conditions.

## **OPPORTUNITIES FOR VOLUNTEERS**

Variety of opportunities available. Volunteer interests and skills investigated prior to placement. Volunteers who can read, visit, and assist on excursions, with residents are especially needed.

Volunteer Coordinator: Rebecca Duke Phone: 274-0493

#### SUPPORT GROUP

Auxiliary Support Group – Rebecca Troain, Social Services, QMRP

Phone: 274-0493

## **REPRESENTATIVE MAUREE GINGRICH**

ADDRESS: 445 W. Penn Ave. TARGET POPULATION:

Cleona, Pa. 17042 City of Lebanon

Townships of:

PHONE: 270-1905 Annville, North Cornwall, West

Cornwall, North Londonderry, South Londonderry, Boroughs of Cleona,

Mt. Gretna, Palmyra

## **SERVICES**

The District office provides constituents with local access to Representative Gingrich and her staff in addressing state-related problems or concerns.

Administrative Assistant: Dianne Stott

Assistant: Jamie Miller

#### **REPRESENTATIVE ROSE MARIE SWANGER**

ADDRESS: 2134 West Maple Street. TARGET POPULATION:

Lebanon, Pa. 17046 Lebanon County

PHONE: 277-2101 FEE: None

HOURS: 9:00 a.m. - 4:30 p.m.

Monday - Friday

HARRISBURG ADDRESS:

P.O. Box 202102 Harrisburg, Pa.

PHONE: (717) 787-2686

Monday - Friday

## **SERVICES**

Representative Rose Marie Swanger's office provides a forum for residents in the 102<sup>nd</sup> Legislative District to share views with their representative in the General Assembly. It is also a place for people to receive assistance in state related matters.

#### **RESCUE MISSION**

ADDRESS: 439 S 6th Street TARGET POPULATION:

Lebanon, Pa. 17042 Lebanon and surrounding areas

PHONE: 273-2301 FEES: None

AFTER HOURS PHONE: Same EXECUTIVE DIRECTOR:

Chris Smith

HOURS: 6:00 a.m. - 9:00 p.m.

Transient Intake: 4:00 p.m. DIRECTOR MEN'S MINISTRY:

24 Hour Emergency Services Paul M. Topping

## **SERVICES**

The Rescue Mission provides shelter for homeless men. Three meals are provided daily. Live in structured program available for individuals with drug and alcohol related problems and parolees of Lebanon County.

## **OPPORTUNITIES FOR VOLUNTEERS**

VOLUNTEER COORDINATOR: Paul Topping PHONE: 273-2301

# RETIRED & SENIOR VOLUNTEER PROGRAM OF LANCASTER & LEBANON COUNTIES

ADDRESS: 1220 Mifflin Street TARGET POPULATION: 55 years of

Lebanon, Pa. 17046 age or older

PHONE: (717) 273-2671

DIRECTOR: Michelle Strauser

HOURS: 8:30 a.m. - 4:30 p.m.

## **SERVICES**

The Lancaster & Lebanon County Retired & Senior Volunteer Program (RSVP), provides persons 55 years of age and older with meaningful volunteer opportunities which enables the mature adult to engage in direct community service. RSVP collaborates with over 80 community, civic and educational organizations in Lebanon County. RSVP volunteers receive liability insurance, transportation assistance, volunteer recognition events and social opportunities in exchange for their volunteer service

#### **SALVATION ARMY**

ADDRESS: 1031 Guilford Street TARGET POPULATION: Any family

P.O. Box 1109 or individual expressing a need for our

Lebanon, Pa. 17042 services

PHONE: (717) 273-2655 FEES: None

DIRECTOR: Captain Moises Rivera HOURS: 9:00 a.m. - 12 Noon

Captain Jacqueline Rivera 1:00 p.m. - 4:00 p.m. Monday - Friday

#### "Mission Statement"

"The Salvation Army, an international movement, is an evangelical part of the universal Christian church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination."

#### **SERVICES**

The Lebanon "Corps" or church conducts regular Sunday School and Worship Services plus a wide range of human services available to anyone in the community.

We are able to provide limited assistance with fuel, utilities, and medication when ALL other sources are depleted.

Social Development programs are offered to young people ages 6-18. There are also support groups for men and women, ages 16 and up. Two after school programs for children, the Migrant Program and Salvation Army Program are available.

The Salvation Army has started a life skills program for young women in our community. This program runs twice a year or a four-week period with two days per week being devoted to budgeting, meal preparation and speakers addressing today's concerns.

Mortgage Assistance is provided in cases where there the home is in danger of foreclosure.

Second Harvest is a food distribution done twice a month for residents surrounding the Salvation Army building. Residents of Housing Authority please contact Social Services to participate.

#### OPPORTUNITIES FOR VOLUNTEERS

Friendly Visitation Program
Assistance and Leadership Programs for adults, teens, and children

## **SENATOR MIKE FOLMER**

ADDRESS: Room 101, Municipal Bldg. TARGET POPULATION:

400 S 8th St. Lebanon County

Lebanon, Pa. 17042

PHONE: 274-6735 FEES: None

HOURS: 8:30 a.m. - 4:30 p.m.

Monday - Friday

## **SERVICES**

The Lebanon County Legislative Office is a liaison between constituents and state agencies...giving assistance to constituents should they have a state related problem.

Marie Tribioli – Administrative Assistant

## SENIOR CENTERS OF LEBANON VALLEY, INC.

ADDRESS: 710 Maple Street TARGET POPULATION: Senior

Lebanon, Pa. 17046 citizens of Lebanon County

PHONE: 274-3451 FEES: \$12.00 yearly

\$100.00 Life membership

HOURS: 8:00 a.m. - 4:00 p.m. DIRECTOR: Doris Myers

Monday - Friday

Socials and programs are held on some

weeknights and weekends.

#### **SERVICES**

The Senior Center of Lebanon Valley promotes programs and activities to encourage the elderly to enhance, maintain, re-establish, their self-dignity, promote independent living and remain valuable assets in the community.

#### OPPORTUNITIES FOR VOLUNTEERS

All programs and activities are implemented through volunteer participation
Programs - Activities
Socials - Health Community Services
Promotions - Fund Raisers

ADMINISTRATOR & FINANCIAL ADVISOR: Doris Myers Phone: 274-3451

<sup>\*</sup> The Senior Centers of Lebanon Valley, Inc. is now excepting memberships from all persons who have reached their 55th birthday and to their spouses if their spouses are younger.

## **SENIOR SERVICES VOLUNTEER PROGRAM**

ADDRESS: 710 Maple Street TARGET POPULATION: Over 60

Lebanon, Pa. 17046 years of age

PHONE: 273-9262 FEES: None

HOURS: 8:00 a.m. - 4:30 p.m. ADMINISTRATOR: Monday - Friday Michael Kristovensky

#### **SERVICES**

Volunteers are secured to provide specified services for senior citizens that have contacted the Area Agency on Aging for help. Senior citizens who are unable to shop for groceries, etc. are offered help with these chores. Intake workers are supplied for the Apprise Program to prepare PACE applications, rent/tax rebates, energy assistance forms, Medicare forms and supplemental health forms. Drivers are provided for out of county medical appointments. Volunteers are used to serve meals at the Senior Luncheon Centers and deliver Meals on Wheels.

#### OPPORTUNITIES FOR VOLUNTEERS

Intake worker - Meals on Wheels Driver - Mall Displays - Grocery shopping - Collectors Office Clerk - Senior lunch helpers- Telephone interviewer - Income Tax Preparer

Volunteer Coordinator: Michelle Long

Phone: 273-9262

Email: mlong@lebcnty.org

#### SEXUAL ASSAULT RESOURCE COUNSELING CENTER OF LEBANON COUNTY

ADDRESS: P.O. Box 836 TARGET POPULATION: All

Lebanon, Pa. 17042 Lebanon County residents that are or

have been victims of sexual assault and

their significant other.

Individual and group counseling Legal and medical accompaniment

PHONE: 272-5308 (Hotline) FEES: None

270-6972 (Office)

HOURS: 24 hour Hotline DIRECTOR: Jenny Murphy-Shifflet

OFFICE HOURS: 9:00 a.m. - 5:00 p.m. Monday - Friday Evening appointments available upon request

#### **SERVICES**

SARCC provides confidential counseling/support for all victims (male, female, child) and their friends/families via our hotline number or in person by appointment. We provide accompaniment during all medical, police, and court proceedings if victim desires. ARCC also provides prevention education counseling and educational programs.

#### OPPORTUNITIES FOR VOLUNTEERS

Public relations
Fund raising
Education and speeches
Counseling (with training)
Other phases

Volunteer Coordinator: Gary Rusen Phone: 272-5308 (Hotline)

## **SOCIAL SECURITY ADMINISTRATION**

ADDRESS: 924 Russell Drive TARGET POPULATION: Any age

Lebanon, Pa. 17046 group

PHONE/HOURS: (717) 272-5342 FEES: None

9:00 a.m. - 4:00 p.m.

1-800-SSA-1213 (Toll Free)

7:00 a.m. - 7:00 p.m.

BRANCH MANAGER: Sharon K. Swanger

## **SERVICES**

Social Security has been paying benefits to the American for almost 50 years. It is a Federal Government program for you and your family when you retire, become disabled, or die.

#### SOCIAL SERVICES DEPARTMENT

#### UNIVERSITY HOSPITAL/ M.S. HERSHEY MEDICAL CENTER

ADDRESS: P.O. Box 850 TARGET POPULATION: Inpatient/

Hershey, Pa. 17033 Outpatient of University Hospital

PHONE: 531-8306

AFTER HOURS PHONE: 531-8521 FEES: None

HOURS: 8:00 a.m. - 4:30 p.m. DIRECTOR: Deborah Himes

Monday - Friday

## **SERVICES**

The Social Services Department of University Hospital coordinates post hospital care, and arranges services which enables person to receive medical care in their home or community. Also, counseling and long range planning for those with chronic illness or infirmity.

#### OPPORTUNITIES FOR VOLUNTEERS

Office Work Follow up phone calls

Volunteer Manager Phone: 531-8278

## **SOUTH CENTRAL EMPLOYMENT CORPORATION SEC**

ADDRESS: 243 Schneider Drive TARGET POPULATION:

> Lebanon, Pa. 17046 Economically disadvantaged adults and

> > youth, welfare recipients, older adults, unemployed individuals with barriers

PHONE: 274-8901 to employment, and dislocated workers

HOURS: 8:00 a.m. - 5:00 p.m. Monday - Friday FEES: None

**EXECUTIVE DIRECTOR:** Gary Hoover

## **SERVICES**

SEC is the administrative entity and grant recipient for the employment and training programs under the federal Job Training Partnership Act (JTPA) and receives federal and state funding administered by the Commonwealth of Pennsylvania. SEC services include but are not limited to an objective assessment, development of and individual services strategy, case management, basic skills remedial instruction, GED preparation, job readiness/job search training, classroom skills training, on the job training, job development, job placement and retention/follow-up services. Additionally, SEC offers youth an opportunity for career exploration, community service, and work experience through the Summer Youth Employment and Training Program. The customers' income or current work status determines eligibility for participation in SEC programs. All services are delivered to customers with a "one-stop" approach know as the Career Link System in Pennsylvania. "One-Stops" are the vehicle through which employment and training services will be administered to all customers under the new Workforce Investment Act that will replace JTPA in the year 2000.

## **SPECIAL KIDS NETWORK**

ADDRESS: Milton S. Hershey Medical Center TARGET POPULATION:

1 University Drive Families & friends of children

Hershey, Pa. 17033 with special needs

MAILING ADDRESS: P O Box 850

Hershey, Pa. 17033 FEE: None

PHONE: 1-800-986-4550 DIRECTOR: Kim Kennedy

ADMINISTRATIVE ASSISTANT – Kathy Brant

#### **SERVICES**

Information and referral source for family of children with special needs. Data base lists over 3,900 agencies and is still growing. We try to help all callers; parents/caretakers, medical care providers, agency/service providers, school personnel, social worker/case manager, behavior/mental health provider.

## SUSQUEHANNA ASSOCIATION FOR THE BLIND AND VISION IMPAIRED (SABVI)

ADDRESS: 701 Cumberland Street, Suite 201 TARGET POPULATION:

Lebanon, Pa. 17042 Residents in Lebanon and Lancaster

Counties who are blind or vision impaired; all ages, birth to adulthood

PHONE: 274-6711 FAX: 675-2233

HOURS: 8:00 a.m. - 4:00 p.m. PRESIDENT: Stephen Patterson

Monday - Friday CEO: Dennis Steiner

#### **SERVCIES**

SABVI serves more than 1500 individuals in Lebanon and Lancaster Counties through a variety of programs including early childhood education (Lancaster Facility), rehabilitation services, employment training and industrial/manufacturing services. SABVI (Lancaster) also houses the Steinman Eye Clinic, providing diagnostic eye care services at a need-based minimal charge.

#### OPPORTUNITES FOR VOLUNTEERS

Drivers
Friendly Visitors
Friendly Readers
Social Group
Assistant

Volunteer Coordinator: Lindsay Fauth Telephone: 291-5951 x111 Email: LFauth@sabvi.com

Support Groups: Sight Loss Support Group, Insight Group, Craft and Crochet Class, Social Club

#### **TEEN CHALLENGE TRAINING CENTER**

ADDRESS: P.O. Box 98 TARGET POPULATION: Men 18 yrs

Rehrersburg, Pa. 19550 & older with life controlling problems

specifically drugs and/or alcohol

PHONE: (717) 933-4181

WEBSITE: www.teenchallengetc.com FEE: \$750

HOURS: 24 hours a day

DIRECTOR: Joe Batluck

#### **SERVICES**

The Teen Challenge Training Center provides work therapy for our students. We have an auto mechanic and body shop, greenhouses, printing services, wood shop and other opportunities for students to get involved. We also serve the community through these work therapy departments.

## **OPPORTUNITIES FOR VOLUNTEERS**

Secretary Maintenance Any other fields

Volunteer Coordinator: Cathleen Caley PHONE: 933-4181

## UNITED STATES REPRESENTATIVE TIM HOLDEN

ADDRESS: 758 Cunberland Street ADDRESS: 2417 Rayburn, House Office Bldg.

Lebanon, Pa. 17042 Washington, D.C. 20515-3806

PHONE: 270-1395 PHONE: (202) 225-5546

FAX: 270-1095

HOURS: Weekdays 9:00 a.m. - 5:00 p.m.

STAFF: Matthew G. Boyer

## **UNITED WAY OF LEBANON COUNTY, INC.**

ADDRESS: United Way of Lebanon County TARGET POPULATION: Any person

P.O. Box 1164 or agency

Lebanon, PA 17042-1164

PHONE: 273-8144 FEES: None

FAX: 273-7030

HOURS: 8:30 a.m. - 4:30 p.m. DIRECTOR: Mark W. Hoffman

Monday - Friday

#### **SERVICES**

United Way of Lebanon County is people helping people. United Way helps develop financial resources to meet the community's human service needs; reduce the number of appeals for financial support. They provide a means by which a cross section of citizens and agencies join a community wide effort to deliver efficient human service programs effectively according to current needs through its network of 31member agencies. Its mission is to "increase the organized capacity of people to care for one another."

#### OPPORTUNITIES FOR VOLUNTEERS

Committee members Fund Solicitors Speakers

## **VETERANS AFFAIRS, LEBANON COUNTY**

ADDRESS: Room 102, Municipal Bldg.

TARGET POPULATION:

400 S 8th St. Veterans, their widows, and dependent

Lebanon, Pa. 17042-6794 children

PHONE: 228-4422 FEES: None

HOURS: 8:30 a.m. - 4:30 p.m. DIRECTOR: Robert A. Kale

Monday - Friday

## **SERVICES**

The Veterans Affairs Office assists veterans, their widows and dependent children to file for Federal, State and County benefits. They record military separation papers, file claims for education, emergency assistance, government headstone, home loans, hospital and dental service, insurance, pension, compensation, and burial benefits.

## **VISITING NURSE ASSOCIATION**

Department of the Good Samaritan Hospital

**MAILING** 

ADDRESS: P.O. Box 1281 TARGET POPULATION:

Lebanon, Pa. 17042-1281 Lebanon County and parts of

Schuylkill, Berks, Lancaster, and

Dauphin Counties LOCATION: 1503 Quentin Road

Lebanon, Pa. 17042 FEES: See below\*

PHONE: 274-2591 DIRECTOR: Marilyn Reppert

AFTER HOURS PHONE: 274-2591

OFFICE HOURS: 8:00 a.m. - 5:00 p.m.

Monday - Friday On call 24 hrs.

## **SERVICES**

The Visiting Nurse Association, a department of the Good Samaritan Hospital, provides intermittent skilled care in the home setting. Services include skilled nursing, home health aide, medical social services, physical therapy, speech therapy, and occupational therapy. Other specialized services include home intravenous therapy, total parental nutrition, maternal/infant care, and specialized nursing care for patients with congestive heart failure, psychiatric conditions and rehabilitative needs.

#### OPPORTUNITIES FOR VOLUNTEERS

General office duties Phone: 274-2591

\*Most services covered by Medicare, Medical Assistance, Blue Cross, and Commercial Insurance.

## WEATHERIZATION PROGRAM

ADDRESS: Housing Development Corp.

TARGET POPULATION: Low

of Lancaster County income home owners and renters at or

308 E. King St. below 150% of poverty level

Lancaster, Pa.17603

PHONE: 1-800-732-3554 FEES: None

HOURS: 8:30 a.m. - 4:30 p.m. DIRECTOR: Chuck

Monday - Friday Kronenberg

## **SERVICES**

The WEATHERIZATION program provides and installs energy saving materials – insulation, etc., to those qualifying. Labor and material are at no charge. Program funded by the U.S. Dept. of Energy and Pa. Dept. of Community and Economic Development. Gas and Oil furnace repair also available.

#### WERNERSVILLE STATE HOSPITAL

ADDRESS: Wernersville State Hospital

P.O. Box 300

Wernersville, Pa. 19565-0300

PHONE (610) 678-3411 PHONE: (610) 670-4100 FAX: (610) 670-4101 TARGET POPULATION: Seriously and persistently mentally ill persons from Berks, Lancaster and Lebanon Counties over 18 years of age in need of intermediate and extended inpatient psychiatric treatment

FEES: As determined by Facility Reimbursement Office following interview\*\*

OFFICE HOURS: 8:00 a.m. - 4:00 p.m. \*

Monday- Friday

CEO: David W. P. Jones

\* At other times, contact can be made via the Nurse Manager/Supervisor on duty.

#### **SERVICES**

- 1. ADMISSIONS Diagnostic, evaluation and treatment services aimed at return to the community as soon as clinically indicated.
- 2. RECOVERY/PSYCHOSOCIAL REHABILITATION Medications can reduce the debilitating effects of mental illness. Professionals, consumers, and families are, however, also recognizing the important positive role played by therapeutic experiences which enhance quality of life.

The Independence Mall utilizes Recovery Principles to provide programming, activities and support services that afford consumers the opportunity to develop a belief system that says: I can do it! I count as a person! I am connected to others!

- 3. RESTORATION Focuses on basic skill-based interventions specifically targeted at maintaining and incrementally enhancing self-care abilities, environmental awareness, and/or socialization. Attainment of optimal functional level is stressed.
- 4. OLDER ADULT Treatment is provided for depression, anxiety, psychotic disorders and dementia as well as other dysfunctions of behavior, mood, thought, and memory. Staff is attentive to emotional, behavior, and cognitive problems that may be complicated by medical conditions.
- 5. MISA Treatment is provided for consumers with a dual diagnosis of mental illness and substance abuse (MISA). The MISA program, call "Transitions" is focused on providing insight into personal addiction patterns, assisting in establishing motivation to change, developing a process of recovery and introducing methods to prevent relapse.

## **OPPORTUNITIES FOR VOLUNTEERS**

Volunteers recruited to meet specific needs

Volunteer Coordinator: Karen Moyer - Phone: 610-670-4164

\*\* Per Diem - \$434 – The actual charge, based on a sliding scale, is determined following an interview with the Facility Reimbursement Officer to assess available payment resources. Blue Cross/Blue Shield, Medicare, Medical Assistance and commercial insurances are accepted.

## WOMEN, INFANTS, AND CHILDREN PROGRAM - WIC

ADDRESS: 615 Cumberland St.

TARGET POPULATION: Lower income

Lebanon Family Health Services women, infants and children.

Lebanon, Pa. 17042

PHONE: (717) 273-6940 FEES: Free to eligible participants

HOURS: 8:00 a.m. - 5:00 p.m.

Monday through Friday DIRECTOR: Kim Kreider Umble

Closed Weekends and Holidays

PROGRAM COORDINATOR: Donna Williams

#### **SERVICES**

Women, infants, and children (WIC) is a food subsidized program for pregnant women, nursing mothers and children under 5 years of age. W.I.C. provides vouchers for foods, such as milk, cheese, eggs, peanut butter, juice, cereals, and formula. W.I.C. also provides nutrition counseling and offers referrals to other human services and medical services.

## **YOUTHLINE**

ADDRESS: Lebanon County Drug & TARGET POPULATION: Teens

Alcohol Prevention Program

Pennsylvania Counseling Services-RENAISSANCE

701 Chestnut Street

Lebanon, Pa. 17042 FEE: None

PHONE: (717) 272-4444 FUNDED BY: Lebanon County

Commission on Drug & Alcohol Abuse

## **SERVICES**

A twenty-four (24) hour hotline for teens who wish to talk to someone about their problems

## **POLICE AND EMERGENCY NUMBERS**

911 EMERGENCY FIRE, POLICE, AND AMBULANCE

> 1-800-222-1222 POISON CONTROL CENTER

**272-6611**LEBANON CITY POLICE

911 OR 272-2054 ALL OTHER POLICE DEPARTMENTS IN LEBANON COUNTY

272-3925 OR 865 2194
PENNSYLVANIA STATE POLICE
(JONESTOWN BARRACKS)

## **HOTLINES & TOLL FREE INFORMATION NUMBERS**

AIDS Hotline 1-800-232-4636 1-888-232-6348 -TTY-Monday through Friday, 10:00 A.M.-10:00 P.M.

Alcoholism Hotline 1-800-252-6465

Alzheimer's Disease 1-800-272-3900

American Council of the Blind 1-800-424-8666

American Juvenile Diabetes Research Association 1-800-223-1138

American Diabetes Association 1-800-342-2383

American Lung Association 1-800-932-0903

Arthritis Foundation 800-283-7800

Blind & Physically Handicapped Information – Library of Congress 1-800-424-9100

Cancer Information 1-800-422-6237 or 1-800-221-2141 for Breast Cancer

Child Abuse (Information & Counseling) 1-800-422-4453

Childline (Child Abuse) – Open 24 hours. Allows public to report abuse directly to DPW. Complaints referred to County Child Welfare.

1-800-932-0313 -Nationwide

Coalition Against Rape 1-800-692-7445

Commonwealth Information 1-800-932-0784

CONNECT Information – Issues-Early Intervention for birth to kindergarten. 1-800-692-7288 - Info and referral CONSULT – Special Education for ages 3 to 21 800-879-2301

Consumer Credit Counseling of Central PA. 1-800-788-5062

Consumer Protection Hotline 1-800-441-2555

Dept. of Education (State) 1-800-692-7392 (Loand & Grants) www.pheaa.org

Federal Tax Information - Tele Tax 1-800-829-1040 - Tele Tax 1-800-829-4477

Gambling Addiction & Referral 1-877-565-2112

Hearing Society - Hearing Aid Helpline – 10:00 A.M. to 4:00 P.M. 1-800-521-5247

HELPLINE – Income Maintenance Helpline Correspondence Unit Handles complaints after client is seen at local CBA regarding income maintenance problems with assistance, food stamps, medicare drug plans, energy assistance. 1-800-692-7462

Liquor Control Board - takes tips on liquor to sales to minors and complaints against bars 1-800-932-0602 – PA State Police

Lung Line 1-800-222-5864

March of Dimes 1-800-533-9255

Mortgage Assistance/Foreclosure – Assists those faced with home foreclosure 1-800-342-2397

National Clearing House for Alcohol and Drug Information 1-800-662-HELP(4357)

National Downs Syndrome Society 1-800-221-4602

National Poison Control – 24 hours 1-800-222-1222

National Runaway Switchboard 1-800-621-4000

National Sexually Transmitted Disease (STD) – 8:00 A.M. to 11 P.M. 1-800-232-4636 TTY – 1-888-232-6348

P & O A Complaint Line – Receives complaints for all Professional State licenses boards 1-800-822-2113

PA Coalition Against Domestic Violence National Resource Center 1-800-932-4632

PA Higher Education Assistance Agency (PHEAA) 1-800-692-7392 —Grants and Loan - Info on PHEAA Loans

PA Visitors Guide – Sends out Visitors Guides for Pennsylvania 1-800-847- 4872 1-800-VISIT PA

Peace of Mind Runaway Hotline – Referral service for runaways, message relays 1-800-231-6936

Public Utility Commission – Mediation with regulated utilities regarding pending 1-800-782-1110 terminations

Special Kids Network – Info on children with special needs 1-800-986-4550

Social Security Administration 1-800-772-1213

Unemployment Compensation Fraud – Report all U.C. fraud 1-800-692-7469

Veterans Outreach & Assistance Center 1-800-932-0930 (Harrisburg)

Welfare Fraud – To report all Welfare Fraud 1-800-932-0582

Worker's Compensation – General info on work injuries program. Some help with 1-800-482-2383 insurance companies who provide the benefits.