

## Bishop George Battle, Jr. to headline Wright's 27th Anniversary Gala

Bishop George E. Battle Jr. was inducted into the Baltimore-based National Great Blacks in Wax Museum in 2014. The Wright's Center is pleased to have him here "in person" to headline our 27<sup>th</sup> Anniversary Gala Celebration on April 28, 2016 at the R.T McCarter Fellowship Center.

Upon receiving the honor of having his likeness unveiled in wax, Bishop Battle paid homage to his late mother, Mary Battle, who reared him and his seven siblings as a single parent in Rocky Mount. He stated *"What happens between our entrance and our exit?... I'm heading toward my exit, but I want to thank you for making this day so special in the life of my mom, who's watching over me right now. I'm not here because men in high places call my name. I'm here because I had a mother that had a 10th grade education but who every night before she went to bed demanded we say our prayers ... The only thing I wanted to do when I was young was to graduate from high school, but God had another plan for my life."*

Bishop Battle is the senior bishop of the A.M.E. Zion Church and the presiding prelate of the Piedmont Episcopal District.. He is a 1967 graduate of Clinton Jr. College in Rock Hill, SC with an Associate Degree, and a graduate of Livingstone College in Salisbury, NC with a B.A. degree. He also holds a Master of Divinity degree from Hood Theological Seminary, also in Salisbury. He earned a Doctor of Ministry from Howard University in Washington, D.C. and has received honorary doctorate degrees from Clinton Jr. College, two from Hood Theological Seminary, two from Livingstone College, Queens College, and University of North Carolina at Charlotte. He was elected a Bishop of the African Methodist Episcopal Zion Church in 1992, 84th in the line of succession. He presently serves the Piedmont Episcopal District of the African Methodist Episcopal Zion Church.

Bishop Battle has numerous professional achievements and has worked diligently serving his community. Just to name a few, his achievements include: CEO of the Battle Corporation; former member, Wachovia (now Wells Fargo)

Bank Board; member, Boy Scouts Advisory Board; member, Executive Board of the World Methodist Council; member, Billy Graham Evangelistic Association Board; member, Board of Directors for Carolinas Healthcare System, serving as Chair of the Pension and Retirement Committee; member, Board of Directors for Carolinas Healthcare System Foundation; Chair of the Connectional Budget Board of the A. M. E. Zion Church.



**BISHOP GEORGE EDWARD BATTLE, Jr**

The Bishop is affiliated with the following organizations: Charlotte City Club; Alpha Phi Alpha Fraternity; Sigma Psi Phi; and the National Council of Churches.

Bishop Battle is married to Iris Miller Battle. They have two children and four grandchildren.

### The Wright's Center 27th Anniversary Gala Celebration

Please join us on Thursday, April 28th, 2016, as we celebrate twenty-seven years of serving our community. To secure a Gala sponsorship, purchase tickets, or for additional information, contact

**Doris Howington**, executive director of  
The Wright's Center, at **252.442.8363**.

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Would you like to give of your time, wisdom and talents to enhance the lives of frail elders, adults with disabilities and veterans? If so, The Wright's Center is seeking people to serve on our Board of Directors. Contact Doris Howington, executive director, at 252.442.8363 today for more information.

*"At the age of 82, my aunt needs a greater amount of external stimulation and social activities that will assist her in being more mentally alert and functional. I'm grateful that the Wright's Center will provide social and mental stimulation for my aunt. Her participation in the program is a great benefit to her well-being and a great help to me."*

Annie Burney, Caregiver

## CAREGIVERS CORNER

### Coping with challenging behaviors in Alzheimer's (Part III in a series)

One of the more difficult aspects of Alzheimer's disease is that it changes the way an individual thinks and reacts to every-day situations. Whether you're providing physical care, bringing your loved one to a doctor's appointment or just spending time with them, you may experience a variety of behavioral challenges, including agitation and physical or emotional aggression. Following are two final coping suggestions in this series:

**Depersonalize.** It can be very difficult emotionally when loved ones with Alzheimer's accuse a spouse or adult child of purposely hurting them, hiding things, betraying them or lying to them. To depersonalize this, remember that this is the disease speaking, and not your loved one.

A wife continually fretted that her husband was going to kick her out of their home and not allow her to call anyone for help. They had been married for 45 years and there was no basis for her fears. Despite reassurance, promises, and declarations that his love for her would always continue, she persisted in this fear and accused him daily of planning for the time when he would make her leave their home. This behavior was a result of her confusion, rather than her true feelings for him. Eventually she was able to let this notion go.

Reminding yourself that the disease is a common enemy of both of you can help you to decrease your loved one's agitation by allowing you to approach the situation more calmly.

**Ask for help.** Know when to get assistance. As the caregiver, if your own physical, emotional or mental health is declining, seek help. A physician, social worker, other family members and community organizations such as your local Alzheimer's Association can all provide direction for assistance.

Source: About.com

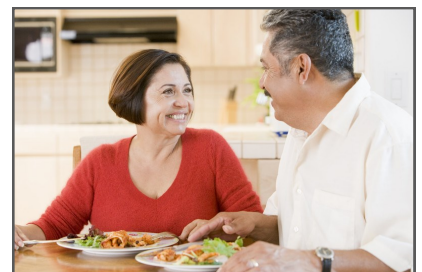
### Nutrition is important for people with Alzheimer's

Eating well is important for people with Alzheimer's disease. Caregivers can help by providing healthy options and keeping mealtime routines consistent. To encourage healthy eating try:

- Giving the person choices about what to eat—for example, "Would you like green beans or salad?"
- Viewing mealtimes as opportunities for social interaction. A warm and happy

tone of voice can set the mood.

- Being patient and giving the person enough time to finish a meal.



**Purchase your Gala tickets today. Call 252.442.8363**

## HAPPENINGS AT THE CENTER

### Conversation, laughter, social interaction — lifestyle at the Center

When you enter the doors of the Wright's Center, you will often hear participants engaged in conversation, laughing or playing card games – just enjoying each other. That's what we do at the Center; provide a safe environment for frail elders, disabled adults and veterans to have joyful, meaningful, interactive days.

During the past several weeks we have been busy with a variety of activities at the Center, including educational games to stimulate the mind. **The Lamplighters**, a local husband and wife team who often entertain our participants, made their seasonal visit. They sang hit songs, as well as oldies but goodies, and encouraged participants to join in and show their moves on the dance floor.

Spring is that time of year participants enjoy crafts such as

painting and making greeting cards for upcoming holidays. In observance of Earth Day, participants will plant flowers they will be able to take home and transfer to their own flower gardens. Mother's Day plans include lunch with a special treat, and a spa day for the ladies. Participants are also gearing up for our annual Spring Fashion Show—always a hit.

Breakfast, lunch and snacks, are provided daily to all participants. **Ingrid Hospedales**, our food service coordinator, continues to provide nutritious meals that help balance the diets of participants.

Social interaction and physical activity help to keep minds and bodies fit. The Wright's Center is pleased to offer a supervised program that helps reduce social isolation and loneliness for our participants.

### Veterans welcome at The Wright's Center

The Wright's Center provides services to veterans in our community who live at home and may benefit from a structured program of activities. Our program, while reducing social isolation and loneliness, enriches lives through educational, cultural and spiritual programs, physical movement and social support. Transportation is also provided for those who require.

If you are a caregiver for a veteran, contact The Wright's Center today to see how our program can benefit you and your loved one. **Call 252.442.8363 and ask for Doris Howington**, executive director of the Center.

#### \$1000

will provide 7 months of transportation for a participant from a rural area.

#### \$500

will provide supplies for arts & crafts, games, activities and bingo prizes.

#### \$200

will provide special music for a month, educational programs or exercise therapy.

#### \$50

will provide a day at the Wright's Center including transportation and meals.

#### \$25

will provide one-half day of respite for a constant caregiver.

The Wright's Center, Inc. is the most cost-effective way to provide care and help delay or avoid institutionalization for chronically ill, disabled, or cognitively challenged adults while offering needed respite for caregivers.

☐ **YES**, I want to help The Wright's Center care for needy elders and disabled adults in our community.

☐ Enclosed find my tax deductible contribution of \$ \_\_\_\_\_

☐ I pledge: ☐ \$500 ☐ \$250 ☐ \$100 ☐ Other \$ \_\_\_\_\_

To be paid: ☐ Monthly ☐ Quarterly ☐ Semi-Annually ☐ Annually

Name \_\_\_\_\_

Address \_\_\_\_\_

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Phone No./Home \_\_\_\_\_ Work \_\_\_\_\_

*Please make check payable and mail to:*

The Wright's Center, Inc., 513 W. Raleigh Boulevard, Rocky Mount NC 27803  
Solicitation License # SL001948

**YOU can make a difference!**

## There's always a need

The Wright's Center, Inc. is always in need of supplies to maintain ongoing activities for our elderly, disabled participants and veterans. Following is our Wish List.

- FINANCIAL SUPPORT
- Lockable filing cabinets
- Supplies for Arts/Crafts activities
- Paper products (towels, napkins, tissues, cups, plates)
- Carpet for all carpeted areas
- Small trash bags
- Volunteers (Monday through Friday)
- Referrals for enrollment

*Thank you for all that you do!*

## Did you know? An estimated 5.3 million Americans were diagnosed with Alzheimer's disease in 2015.

Of the 5.3 million Americans with Alzheimer's, an estimated 5.1 million people are age 65 and older, and approximately 200,000 individuals are under age 65 (younger on-set Alzheimer's).

Almost two-thirds of Americans with Alzheimer's are women. Of the 5.1 million people age 65 and older with Alzheimer's in the United States, 3.2 million are women and 1.9 million are men.

Although there are more non-Hispanic whites living with Alzheimer's and other dementias than people of any other racial or ethnic group in the United States, older African-Americans and Hispanics are more likely than older whites to have Alzheimer's disease and other dementias.

The number of Americans with Alzheimer's disease and other dementias will grow each year as the size and proportion of the U.S. population age 65 and older continue to increase. By 2025, the number of people age 65 and older with Alzheimer's disease is estimated to reach 7.1 million — a 40 percent increase from the 5.1 million age 65 and older affected in 2015. By 2050, the number of people age 65 and older with Alzheimer's disease may nearly triple, from 5.1 million to a projected 13.8 million, barring the development of medical breakthroughs to prevent or cure the disease.

Source: [alz.org](http://alz.org)



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