

Forty Years of Educating Members



Potomac Association of Housing Cooperatives (PAHC) 2016 Annual Conference April 28-30, 2016



"Withstanding the Test of Time" PAHC's Passion of the Cooperative Spirit is Still Alive & Strong after 40 years.



Sheraton Norfolk Waterside Hotel

**777 Waterside Drive
Norfolk, VA 23510
Phone: 757-640-2748**

Conference Registration

Cooperative Name_____

Address_____

City_____State_____Zip_____

Please make copies for additional registrants

Attendee_____

Attendee_____

Attendee_____

Attendee_____

POSTMARKED ON/BEFORE * POSTMARKED AFTER
4/1 4/1

☐ Full Conference \$300.00 \$350.00
(Includes Thursday Meet & Greet, Friday Breakfast/Lunch/Training Sessions, Saturday Breakfast/
Training sessions/dinner&dance)

☐ All Day Friday \$125.00 \$150.00
(Includes Friday Breakfast/Lunch/Training Sessions)

☐ All Day Saturday \$150.00 \$200.00
(Includes Saturday Breakfast/ Training sessions/dinner&dance)

Optional Events

☐ Thursday Meet/Greet \$ 30.00
☐ Friday Breakfast \$ 15.00
☐ Friday Lunch \$ 30.00
☐ Saturday Breakfast \$ 15.00
☐ Saturday Dinner&Dance \$ 65.00

Cancellation Policy: To receive a full refund (less \$50.00 processing fee) per registrant, PAHC must receive a written request postmarked no later than April 1, 2016. A \$75.00 processing fee per registrant will be charged against cancellations postmarked by April 10, 2016. **No refunds will be given for cancellations postmarked after April 10, 2016. ALL refunds will be processed after the conference.**

PLEASE MAKE CHECKS PAYABLE TO PAHC AND MAIL WITH YOUR LIST OF ATTENDEES TO:

PAHC, 112 N. Stockton Street, Baltimore, MD 21223

For additional inquiries, please call:

Annie Hill: 410-419-9479 or 202-744-4356

Ruthie Wilder: 410-669-0274 or 443-742-1734

Maxine Lyons: 410-523-6422

Program Schedule

THURSDAY, APRIL 28, 2016

*****6:30 – 8:30 p.m. Registration & Meet & Greet – A Networking Experience***

FRIDAY, APRIL 29, 2016

Morning

*****7:00 a.m. - 8:30 a.m. Registration & Breakfast***

*****8:30 a.m. - 9:15 a.m. Opening Ceremony
(Co-op Pride-Strut your Stuff)***

*****9:30 a.m. - 11:45 a.m. Officer's Roles***

*****9:30 a.m. - 11:45 a.m. Site Managers***

*****9:30 a.m. – 11:45 a.m. Maintenance ABCs***

*****12:00 – 1:15 p.m. LUNCH***

Afternoon

*****1:30 – 4:00 p.m. Board of Directors***

*****1:30 - 2:45 p.m. Insurance Requirement for Owners***

*****2:45 - 4:00 p.m. Emergency Ready Preparedness***

Evening

*****5:00 - 5:30 p.m. Candidate Forum “Meet Your Board Candidates”***

*****DINNER ON YOUR OWN*****

SATURDAY, April 30, 2016

Morning

*****7:00 a.m. - 9:00 a.m. Registration & Breakfast***

*****9:00 - 11:45 a.m. – Fair Housing***

*****12:00 - 1:00 p.m. - Annual Membership Meeting***

*****1:00-2:00 p.m. - Board of Directors Meeting***

*****LUNCH ON YOUR OWN*****

YOUR TIME TO ENJOY NORFOLK UNTIL WE GET TOGETHER AT 7:00 p.m.

Evening

7:00 – 11:00 p.m. Dinner & Dance (Red Carpet – Red & White)

*****NOTICE: Trainers, topics and time subject to change without notice.***



HOTEL

Please make overnight accommodation, directly with the Sheraton Norfolk Waterside Hotel.

Accommodations

\$109.00 per night (single/double). Tax not included.

\$129.00 per night (triple). Tax not included.

\$149.00 per night (Quad). Tax not included.

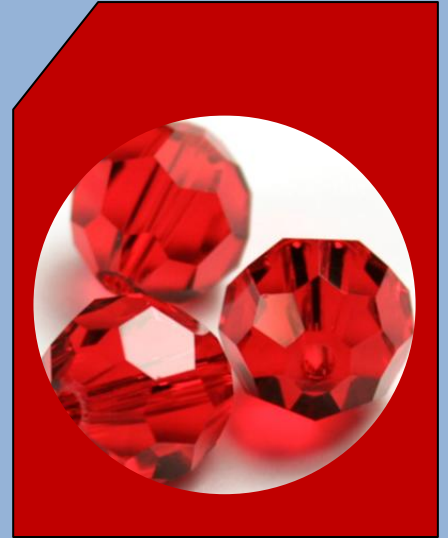
(Rates good from 1/01/16 - 03/14/16)

****NOTE: Room rates increases after 3/14/16:**

\$159.00 per night (single/double). Tax not included.

\$179.00 per night (triple). Tax not included.

\$199.00 per night (quad). Tax not included



Sheraton Norfolk Waterside Hotel

Name_____

Organization_____

Address_____

City/State/Zip_____

Arrival date_____ Departure date_____

Type/Number of room(s)_____

Smoking _____ Non-Smoking _____

Reservations guaranteed by:

____Check ____Credit Card ____ American Express ____Visa ____ Master Card

Card number:_____

Expiration date:_____ Daytime ph. (____)_____

Signature:_____

Mail a completed copy of this form together with your deposit check to:

Sheraton Norfolk Waterside Hotel

777 Waterside Drive

Norfolk, VA 23510

Phone: 757-640-2748

Host Hotel

The 40th Annual PAHC Conference will be held at the Sheraton Norfolk Waterside Hotel.

Sheraton Norfolk Waterside Hotel

is Norfolk's only waterfront hotel and provides stunning views of the Elizabeth River along with an exceptional hotel and meeting experience. A stay with us puts you right in the center of all the great **things to do in Norfolk**, including harbor cruises, upscale shopping, theatres and galleries. Enjoy superb **Norfolk accommodations** and suites, innovative amenities and friendly service during your stay at our inviting Norfolk hotel. As Norfolk's **best pet-friendly** hotel, we welcome furry friends to a great stay, too.



Central Norfolk Hotel Location

From our Norfolk hotel, take a stroll down the waterfront esplanade to Town Point Park, a main hub for festivals, concerts and **upcoming events in downtown Norfolk**. Enjoy great shopping at MacArthur Center, the largest mall in the Norfolk – Virginia Beach area. Located just 15 miles from Virginia Beach, spend a day at the beach during the day, and enjoy great dining and nightlife in the evening, as Granby Street and its many upscale bars and night clubs are just a short walk away.

A limited number of guest rooms have been reserved at a discounted rate of \$109.00 a night single/double occupancy; \$129.00 per night (triple); \$149.00 per night (Quad), plus applicable taxes **until Thursday, March 14, 2016**. In order to receive this special rate, you must mention the Potomac Association of Housing Cooperatives (PAHC) when making your reservation. After March 14, 2016, or once the room block has been filled (**whichever comes first**), reservations will be accepted on a space and rate available basis. To make reservations, please call 1-757-622-6664/1-888-627-8042 or make your reservation online at

<http://www.sheratonnorfolkwaterside.com>

Hotel Directions



Driving directions to Sheraton Norfolk Waterside Hotel are below and be sure to review our parking information.

From East

- Take Interstate 64 East toward Richmond.
- Continue to I-264 West and take Exit 284A (toward Norfolk).
- Follow Exit 9 to Waterside Drive (left exit)
- Turn left at the first traffic light. Guest check in and valet parking is to your right. Self-parking is to your left.

From North

- Take Interstate 95 South toward Richmond.
- Just before Richmond, take Interstate 295 South (toward Norfolk, Virginia Beach).
- Bypass Richmond, and then merge onto Interstate 64 East.
- Continue to Interstate 264 West and take Exit 284A (toward Norfolk)
- Follow Exit 9 to Waterside Drive (left exit)
- Turn left at the first traffic light. Guest check in and valet parking is to your right. Self-parking is to your left.

From West

- Take Route 58 East (toward Norfolk).
- Follow 58 East to Interstate 264 East (toward Norfolk).
- Go through the downtown tunnel and over the bridge.
- Follow Exit 9 (left exit) to Waterside Drive exit
- Turn left at the first traffic light. Guest check in and valet parking is to your right. Self-parking is to your left.

From South

- Take Interstate 95 North to Route 58 East (toward Norfolk).
- Follow Route 58 East to I-264 East (toward Norfolk).
- Go through the downtown tunnel and over the bridge.
- Follow Exit 9 (left exit) to Waterside Drive exit
- Turn left at the first traffic light. Guest check in and valet parking is to your right. Self-parking is to your left.

SOME HAPPENINGS IN NORFOLK

Stewards of the Sea

In partnership with the Hampton Roads Naval Museum and Nauticus, U.S. Fleet Forces Command has created Stewards of the Sea: Defending Freedom, Protecting the Environment. The 1,000-square-foot, highly interactive exhibit uses immersive scenarios to explore how the Navy protects marine life while fulfilling its mission. A section of the exhibit is devoted to Navy careers with an environmental focus.

Friday, 29 April, 2016

10:00 AM - 05:00 PM

Saturday, 30 April, 2016

10:00 AM - 05:00 PM

Cost:

\$15.95 adults; \$11.50 kids 4-12

Bus Transportation to Conference

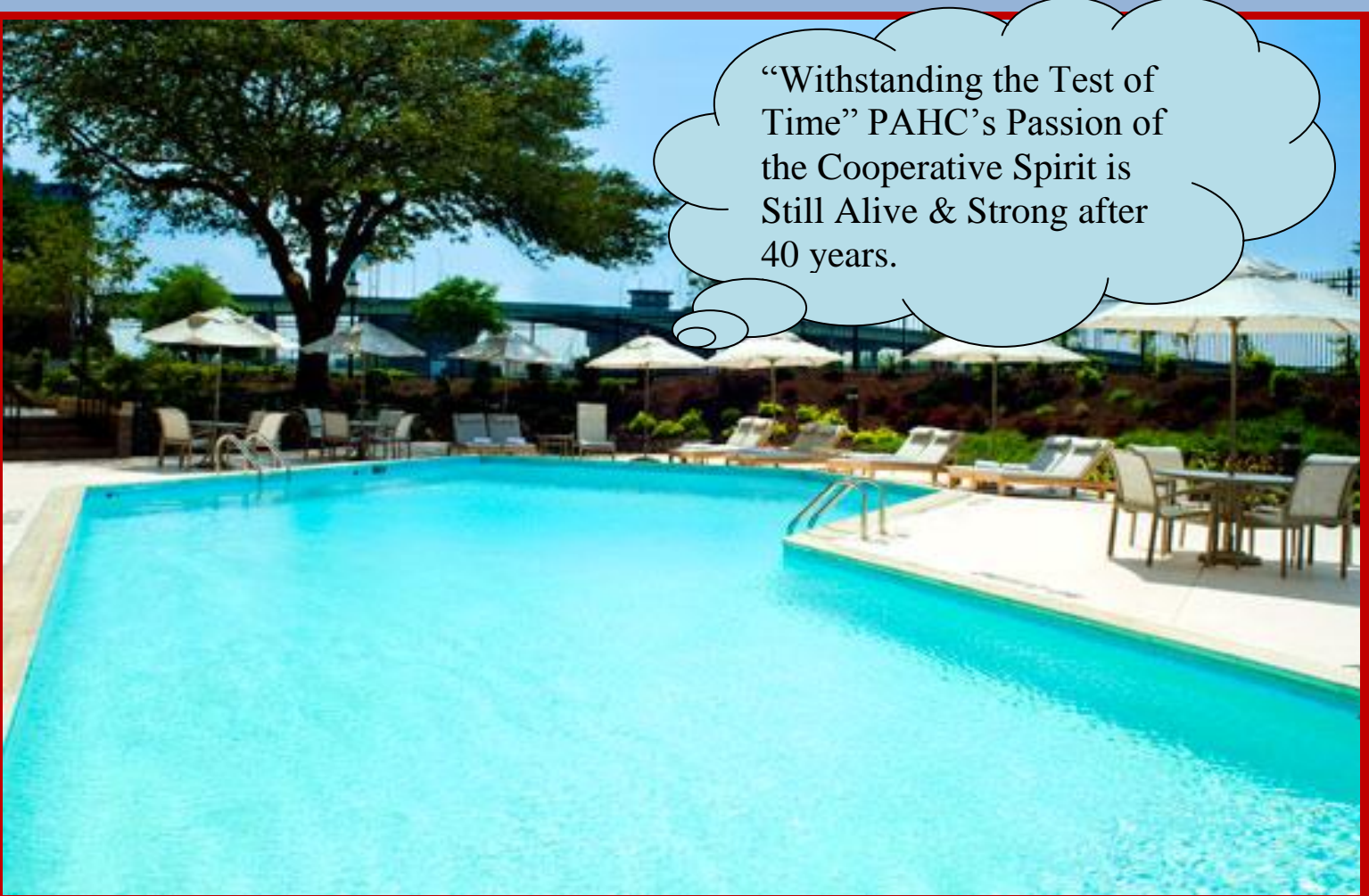
We are looking into bus transportation to Norfolk, further information will be forthcoming.

Dress

Casual attire is appropriate for all meetings. Don't forget to bring apparel for the Strut Your Stuff: Cooperative Pride Luncheon. Saturday night dinner & dance is formal/semi-formal; the dinner theme is: **40 Years representing "Ruby Theme" (Red Carpet-Red & White)**

The outdoor temperature and meeting rooms may vary. We strongly recommend bringing a sweater or light jacket. The month of April is characterized by *rapidly rising* daily high temperatures, with daily highs increasing from 66°F to 76°F over the course of the month, exceeding 86°F or dropping below 54°F only one day in ten.





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WHAT TO DO IN NORFOLK

Sheraton Norfolk Waterside Hotel – USS Wisconsin

The USS Wisconsin Museum is located less than a mile away from the Sheraton Norfolk Waterside Hotel. The Museum showcases the USS Wisconsin ship from World War II and celebrates our nation’s history.



REMINDER! REMINDER! REMINDER!

**PAHC 2016 CONFERENCE ANNUAL TRADITION
“CO-OP PRIDE” DAY**

**WE WILL KICK OFF THE
THE CONFERENCE OPENING CEREMONY ON FRIDAY
MORNING (APRIL 29) WITH “STRUT YOUR STUFF”**

***DON'T FORGET TO BRING YOUR CO-OP
LOGO ITEMS TO WEAR (T-SHIRT, CAP/HAT, SWEAT SUIT, ETC.)***



***SO YOU CAN STRUT OUR STUFF
AND REPRESENT YOUR CO-OP DURING PAHC TRADITIONAL
ANNUAL “CO-OP PRIDE/STRUT YOUR STUFF” PARADE***

**WHEN YOUR CO-OP NAME IS CALL
THIS IS THE TIME YOUR GROUP STRUT YOUR STUFF TO THE
MUSIC**

IT'S GREAT FUN!!!

Display your internal inner flame...

Celebrating Forty Years

IT'S A RED & WHITE AFFAIR

(CASUAL/Semi-casual or formal)

IT'S YOUR CALL!

