



Board Certified, American Board of Surgery
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Bowel Prep for Colonoscopy using Golytely

Colonoscopy is a routine, generally safe, pain free procedure used to examine the colon. Make arrangements for someone to drive you home after the procedure.

Colonoscopy involves sedation and you will not be allowed to leave the facility unaccompanied.

Follow the physician's instructions regarding medication and bowel prep.

For the preparation you will need:

1. Golytely picked up from your pharmacy.

The Day before the Colonoscopy:

- Beginning at 7:00 am follow instructions to mix Golytely. Then drink half of the mixture approximately 2 liters. Refrigerate the rest.
- Drink clear liquids throughout the day. NO solid or SOFT foods. No dairy products of any kind. Avoid red or purple clear liquids. Remember clear liquids are those you can see through.
- At 7:00 pm drink the second half of the Golytely. Continue to drink clear liquids until you go to bed.

If you are having an EGD along with your colonoscopy, NOTHING TO DRINK AFTER MIDNIGHT.

Day of Colonoscopy:

If you are doing a just a colonoscopy you may drink 4 ounces of clear liquids 4 hours before your time of arrival for the procedure.