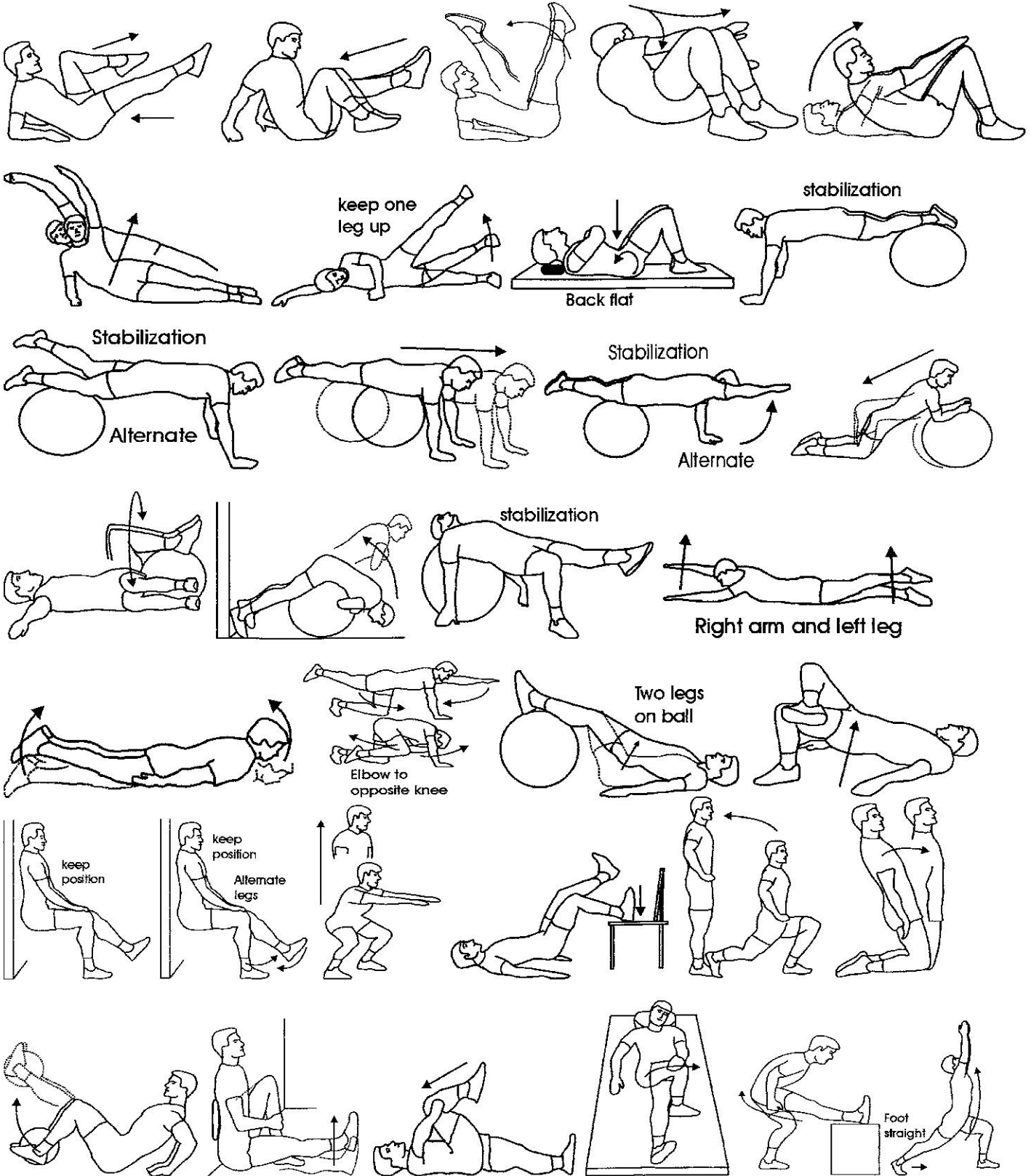
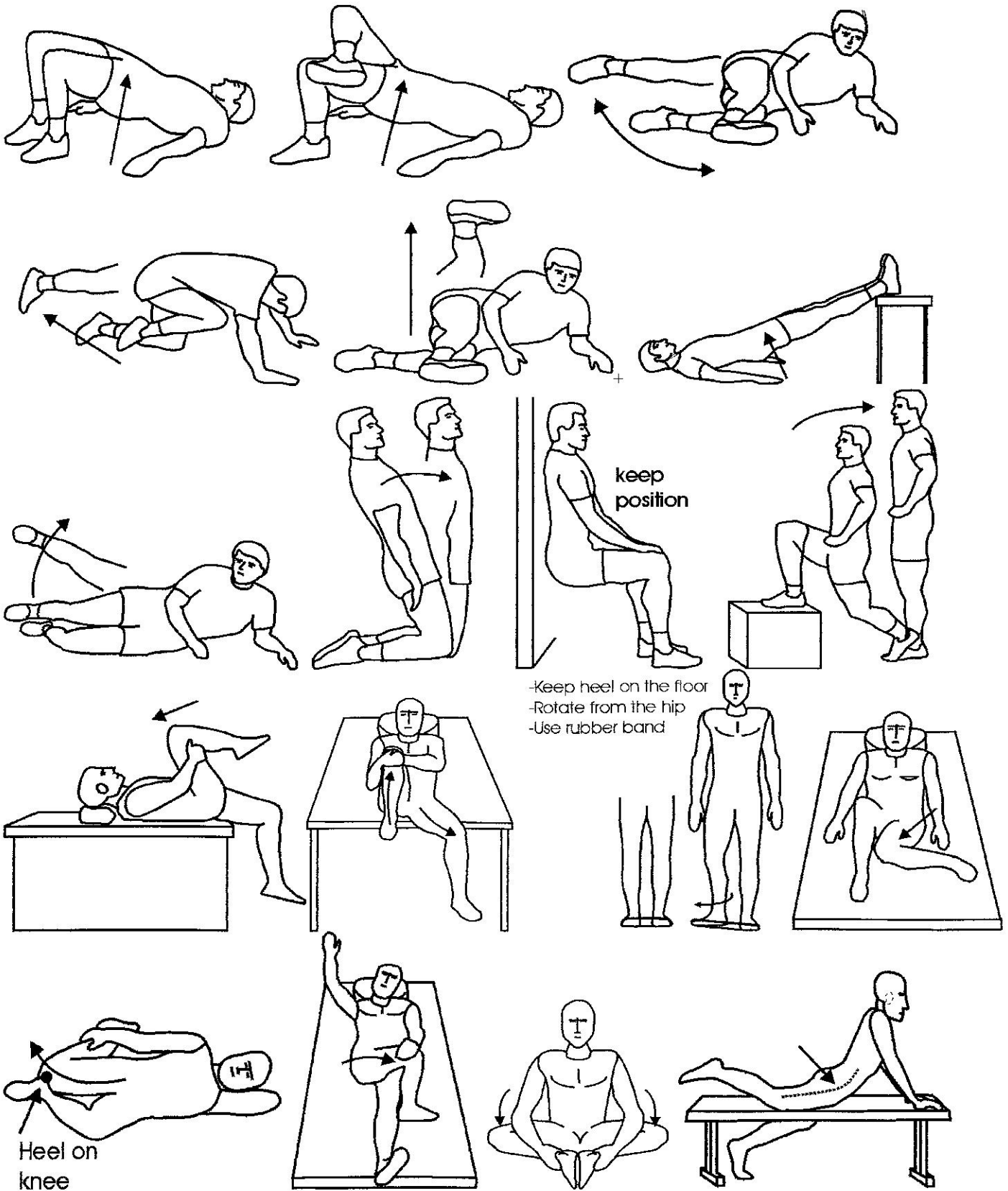
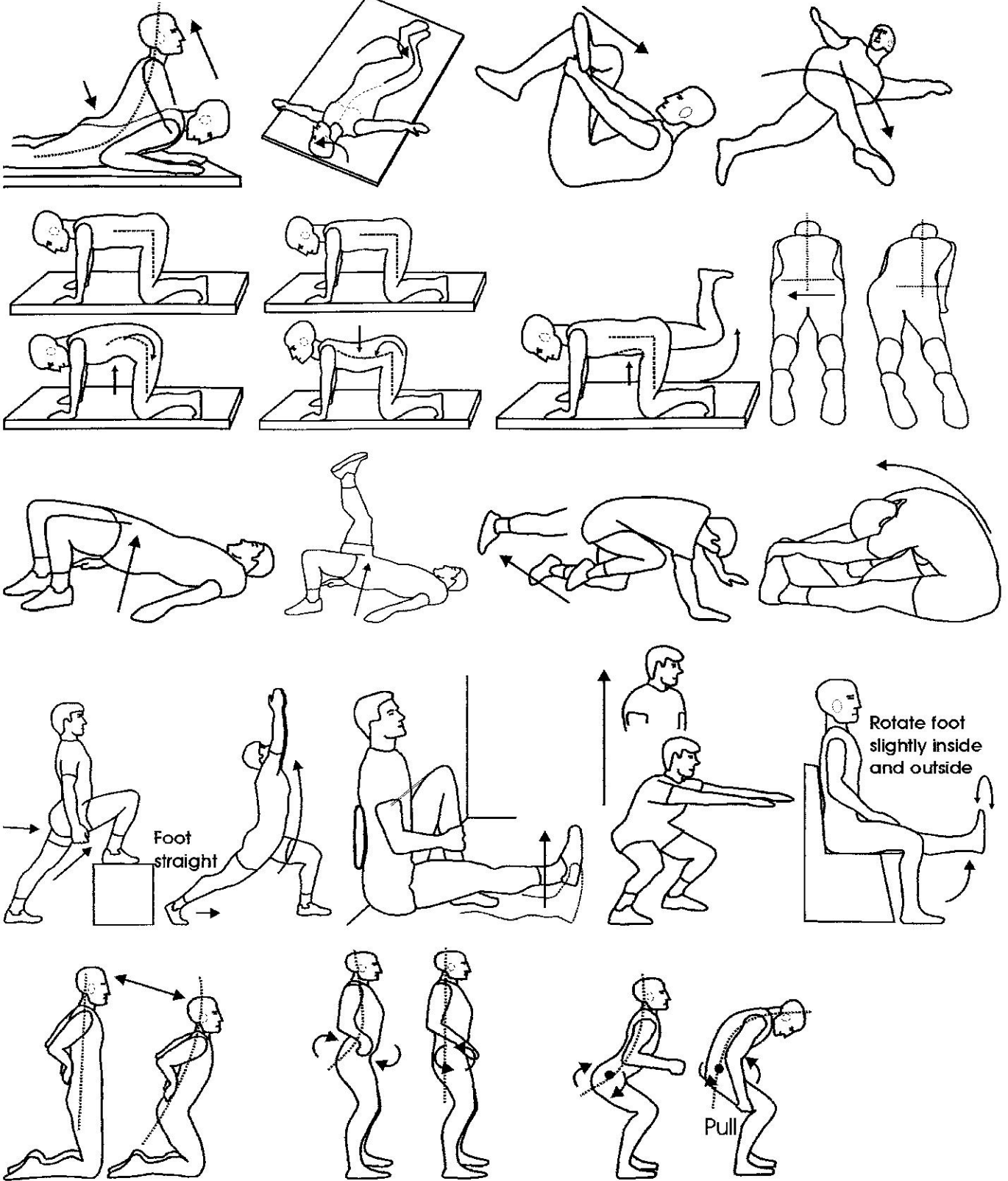


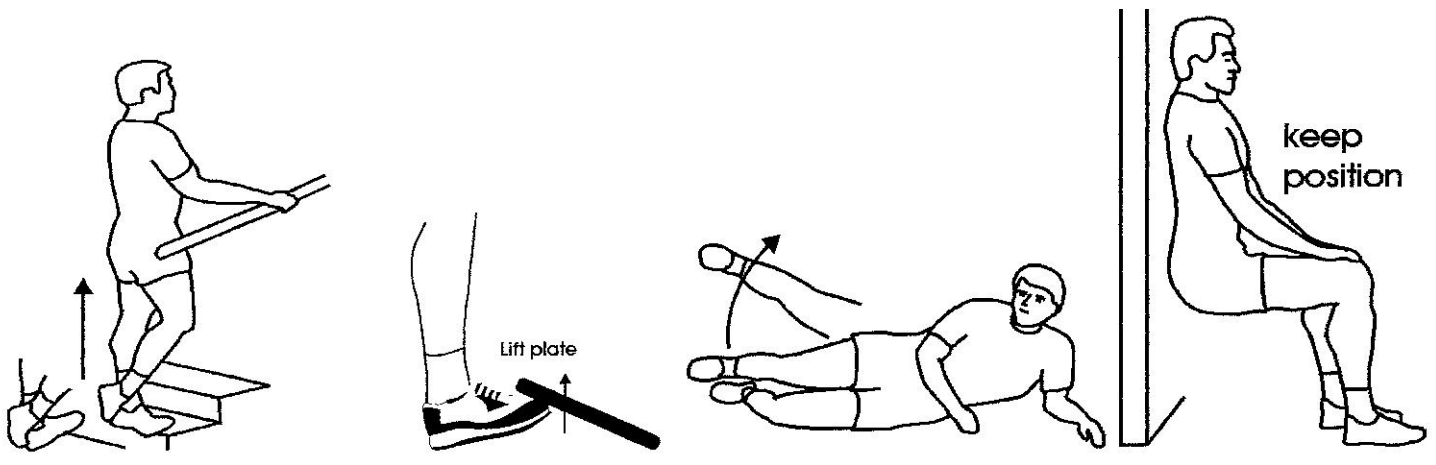
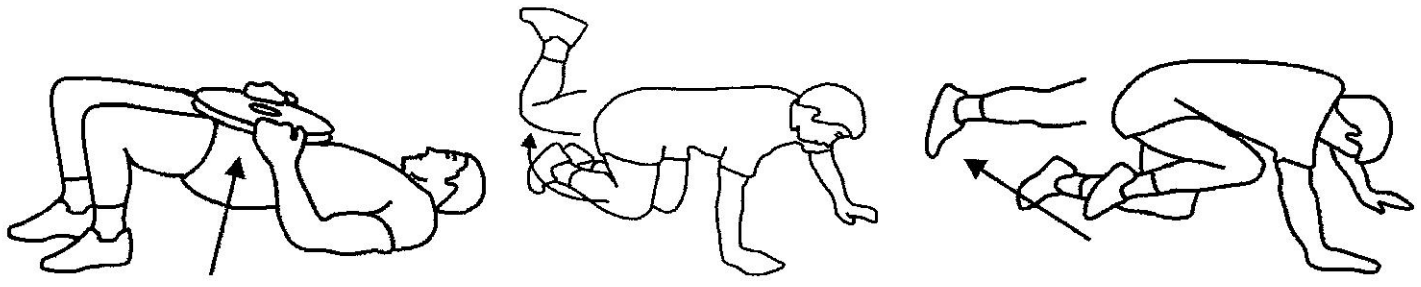
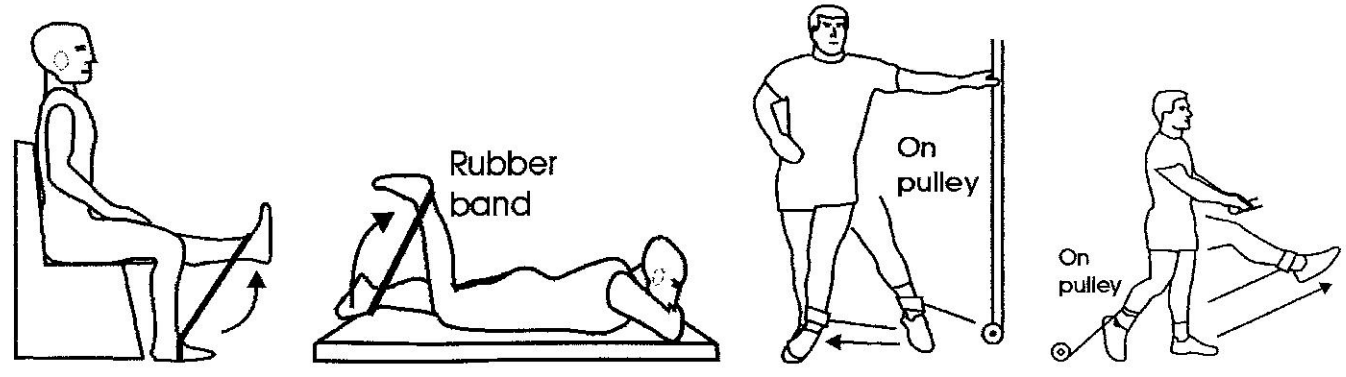
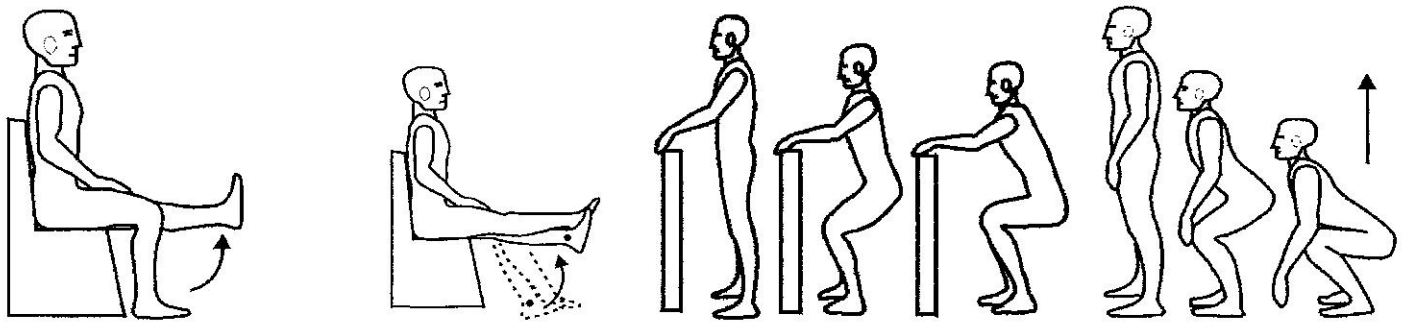
Core Stabilization

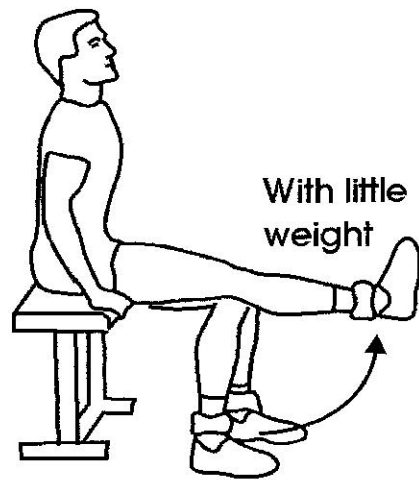
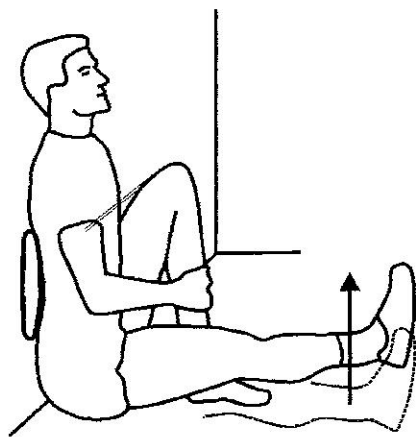
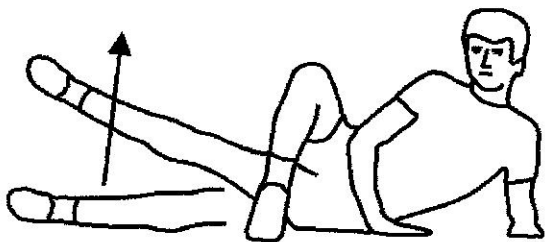
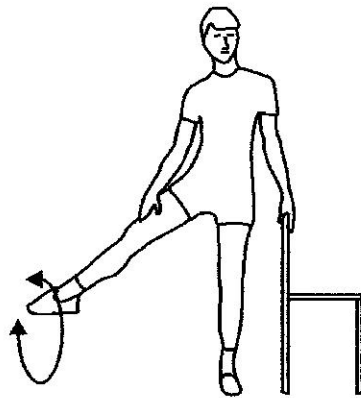
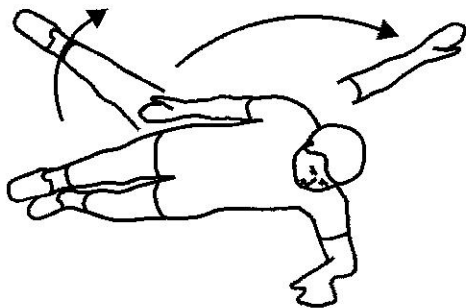
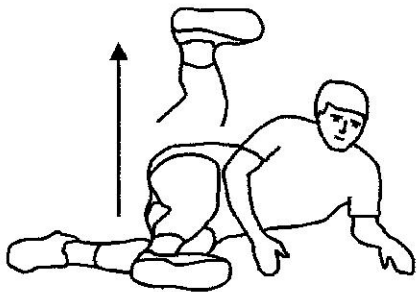
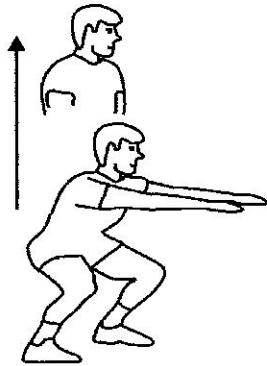
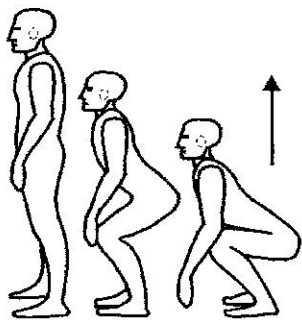
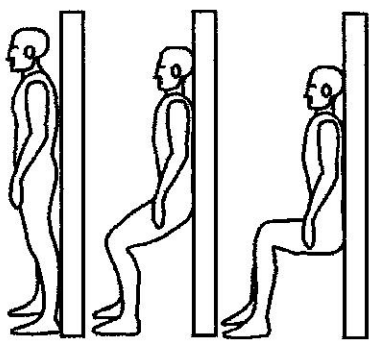


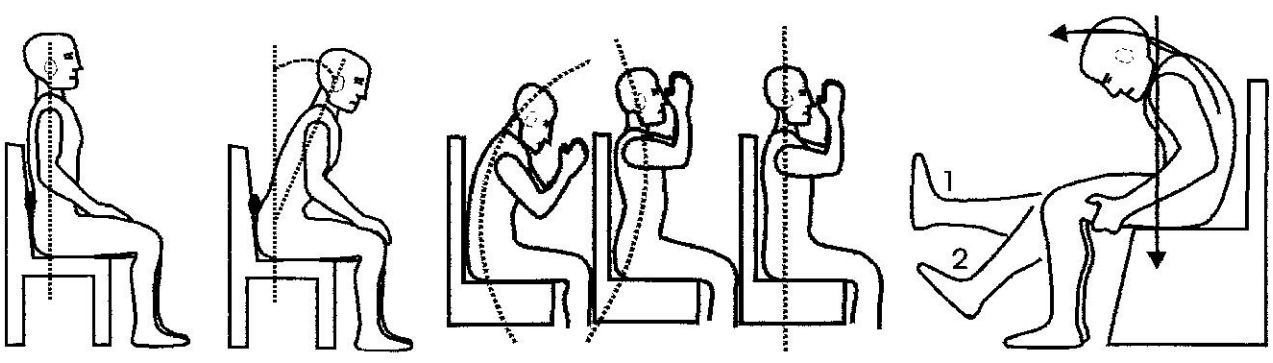
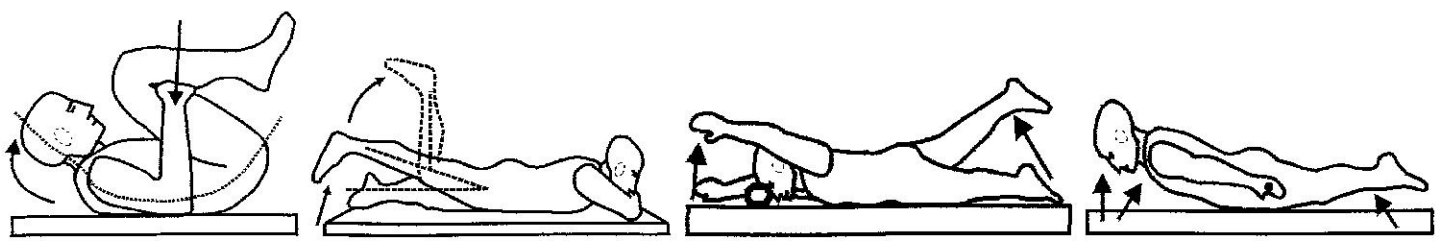
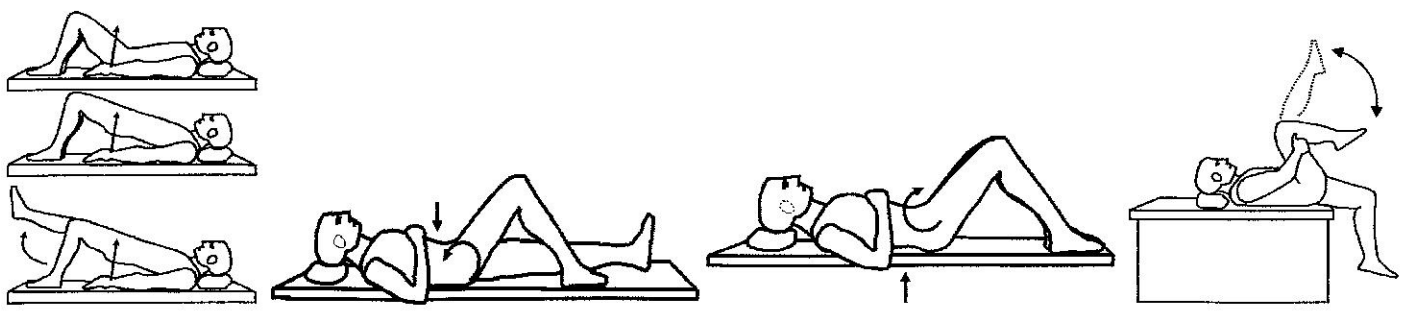
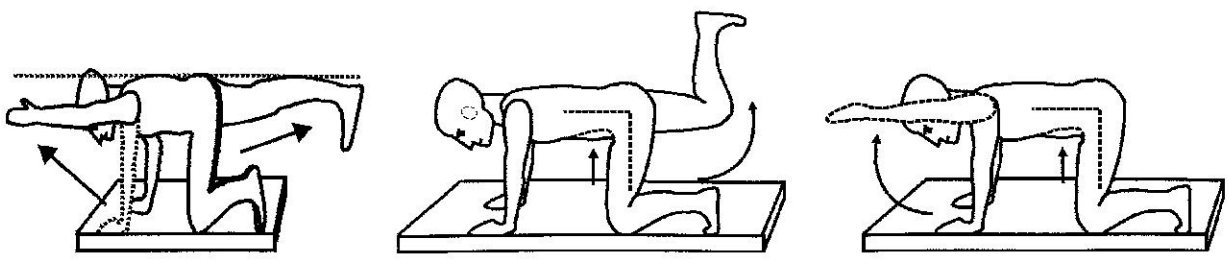
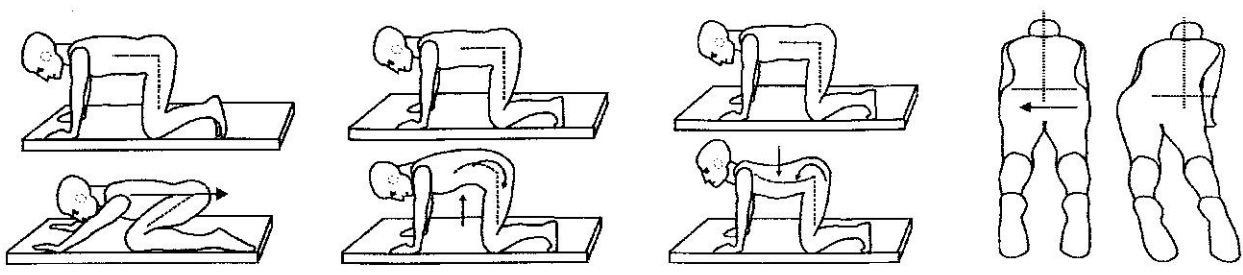


Low Back Instability and Sciatic

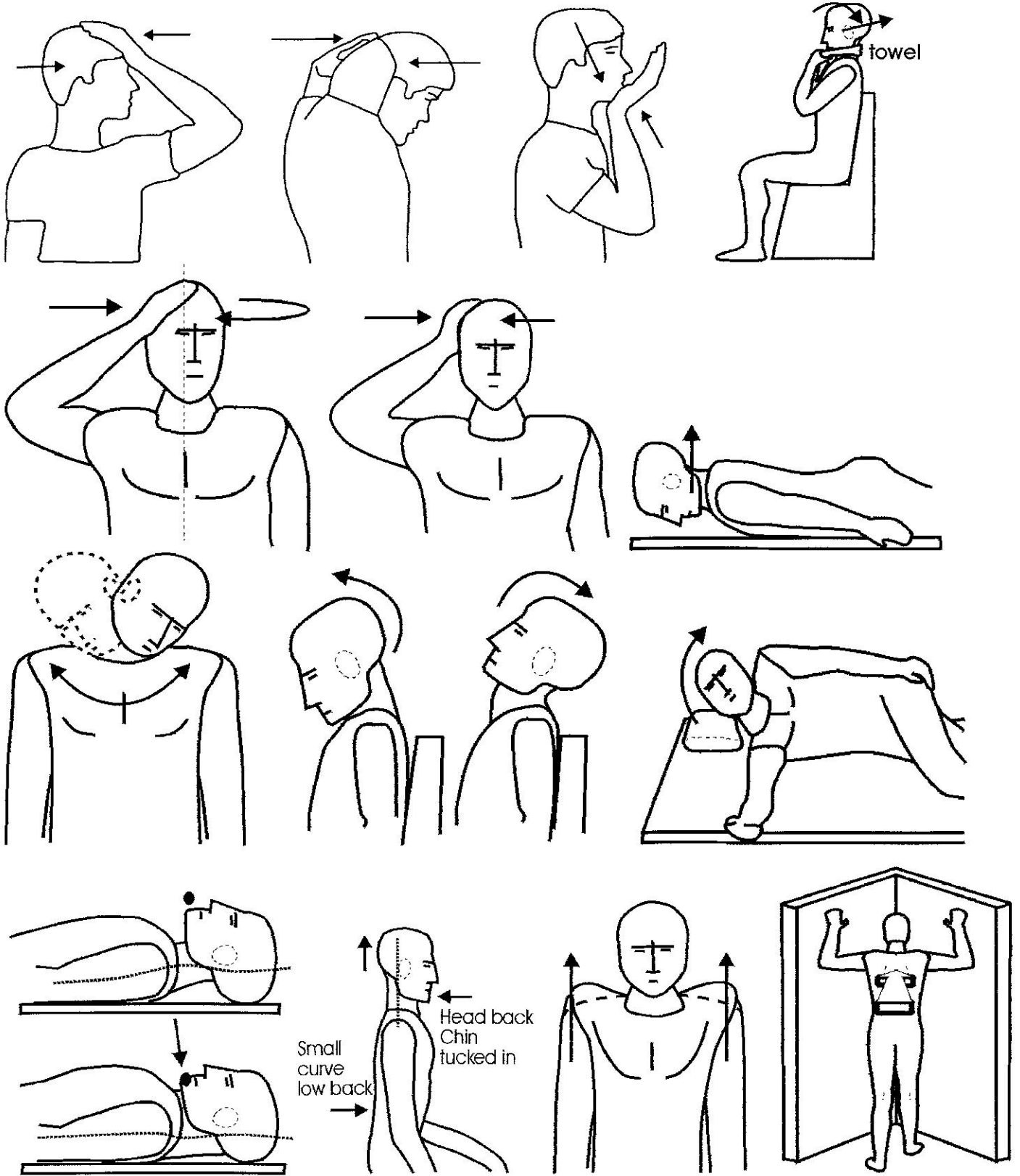




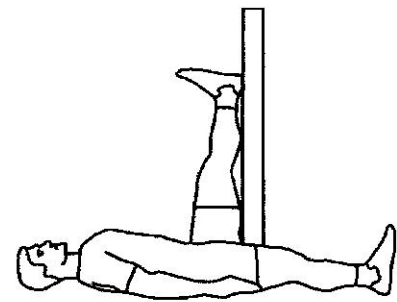
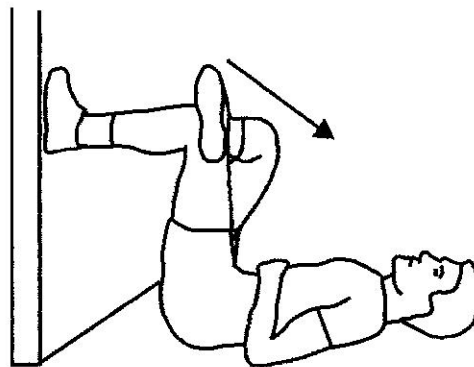
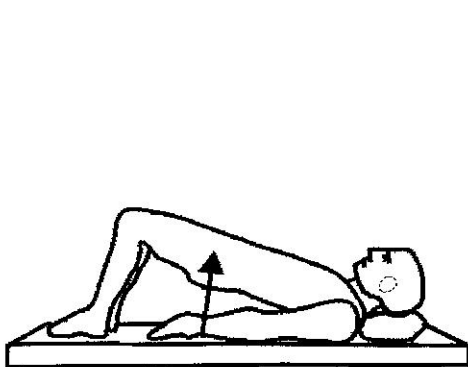
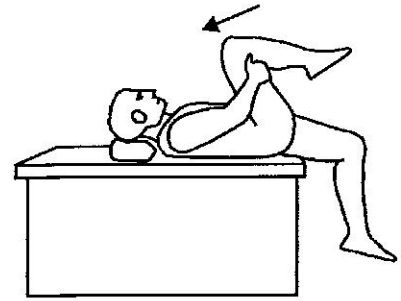
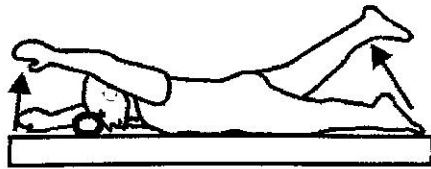
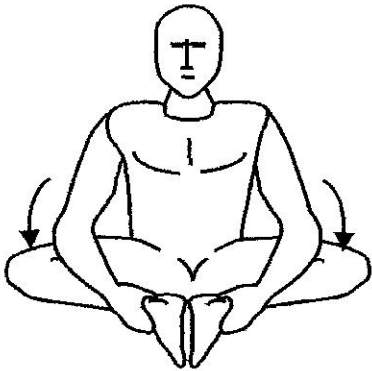
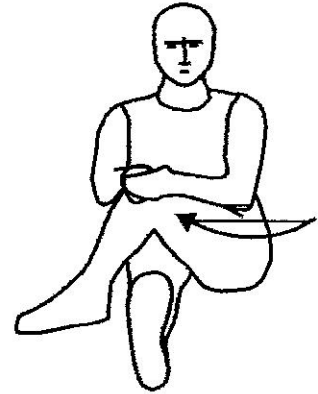
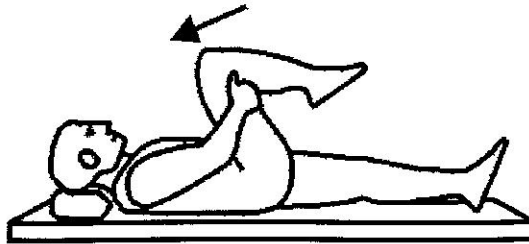
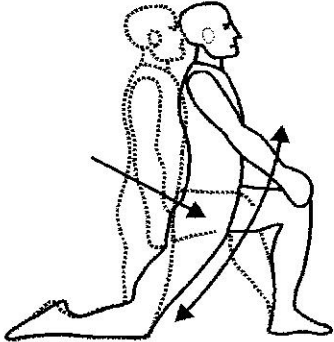
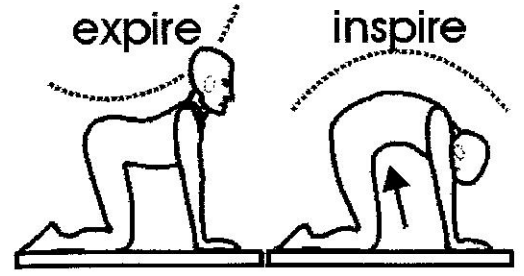
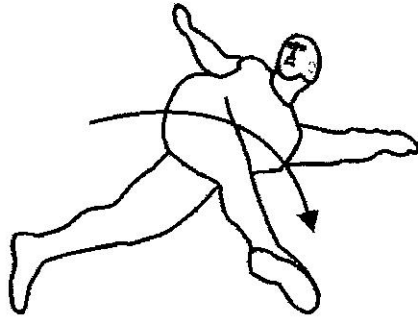
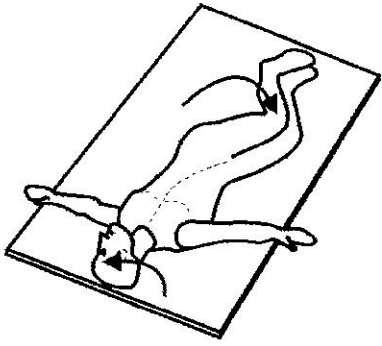


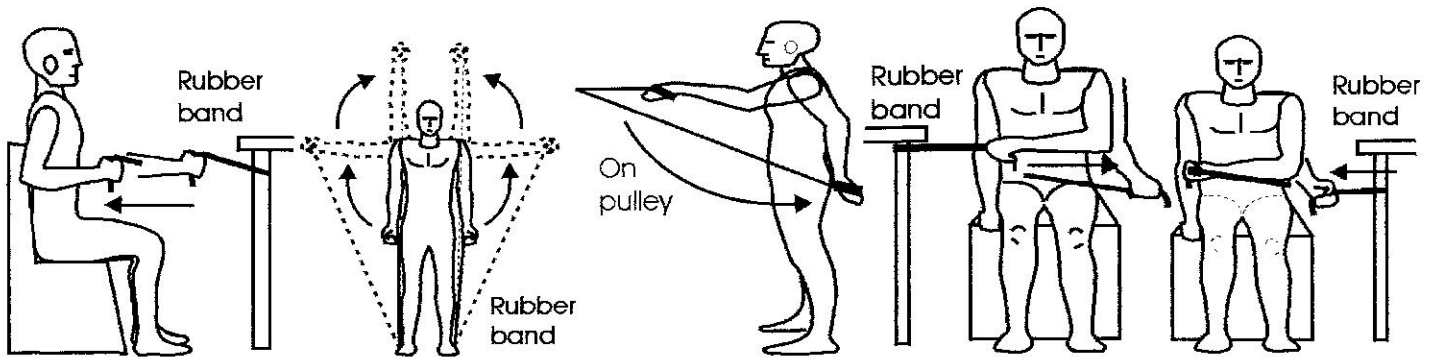
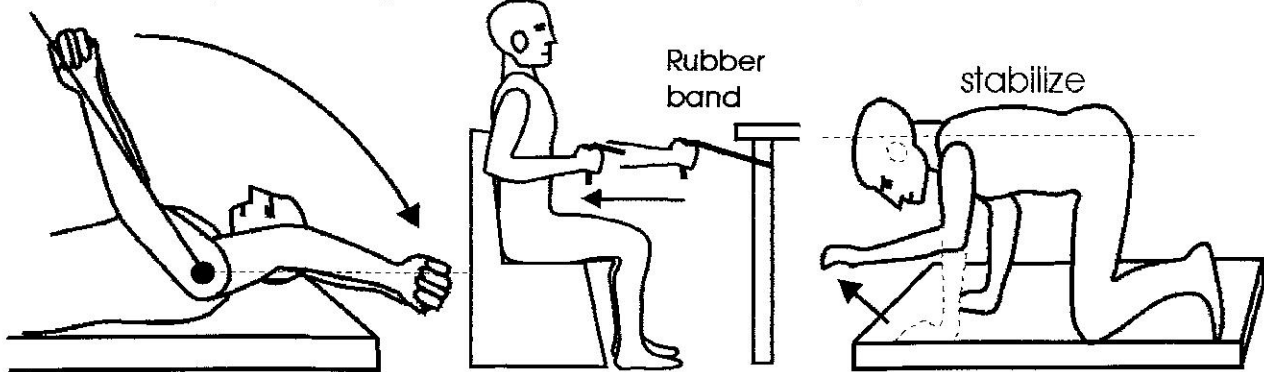
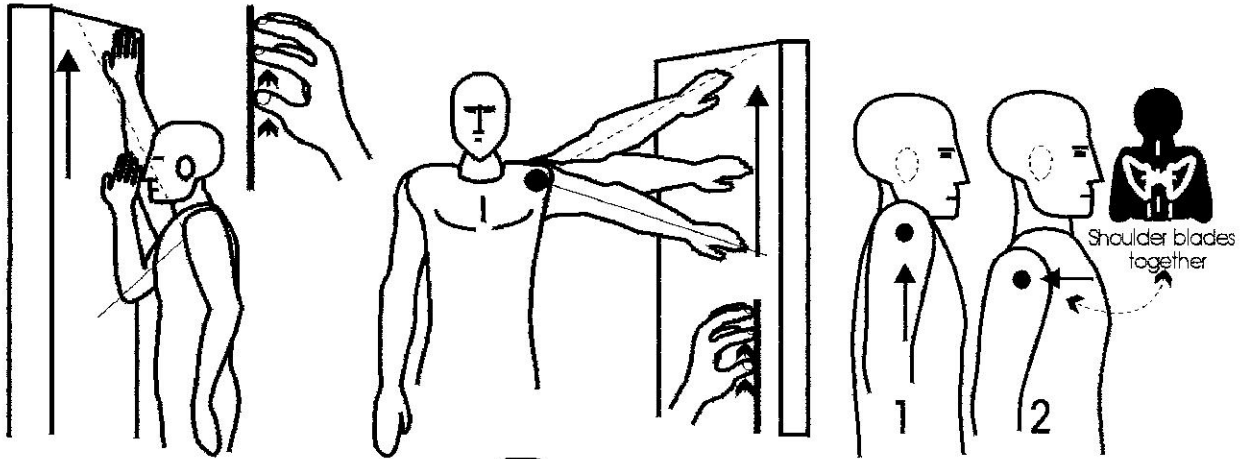
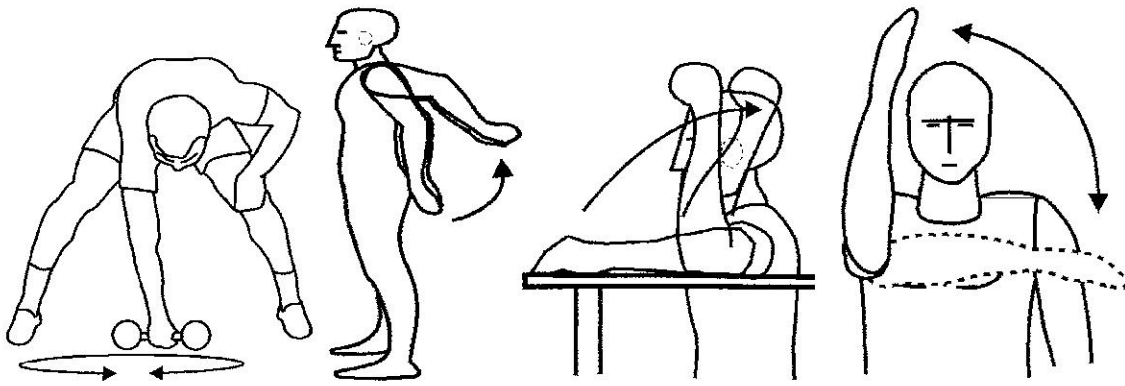




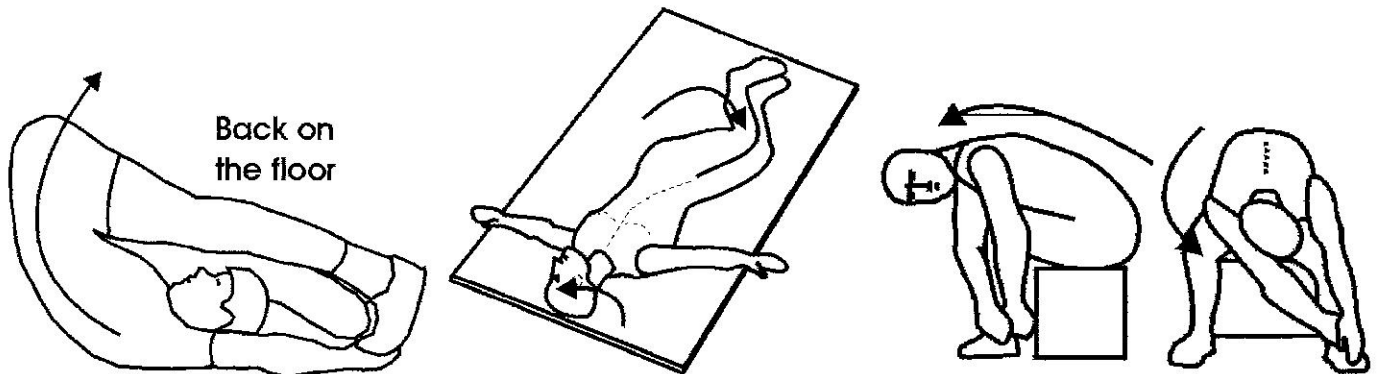
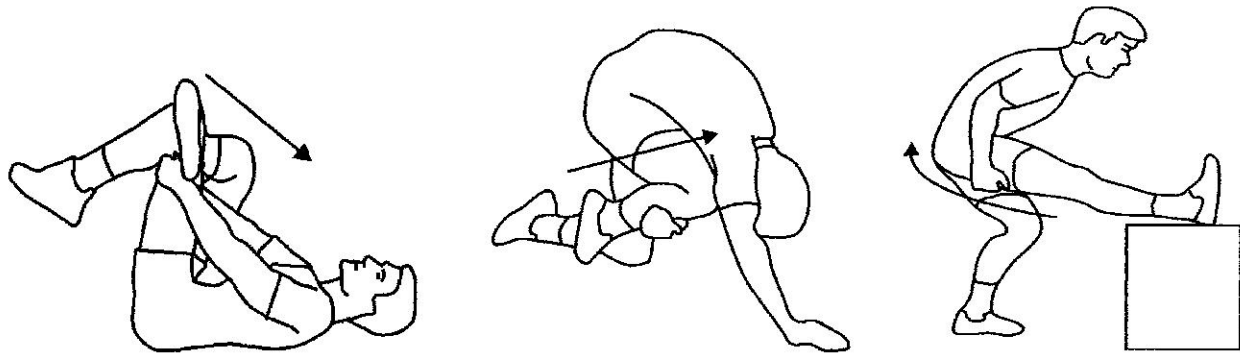
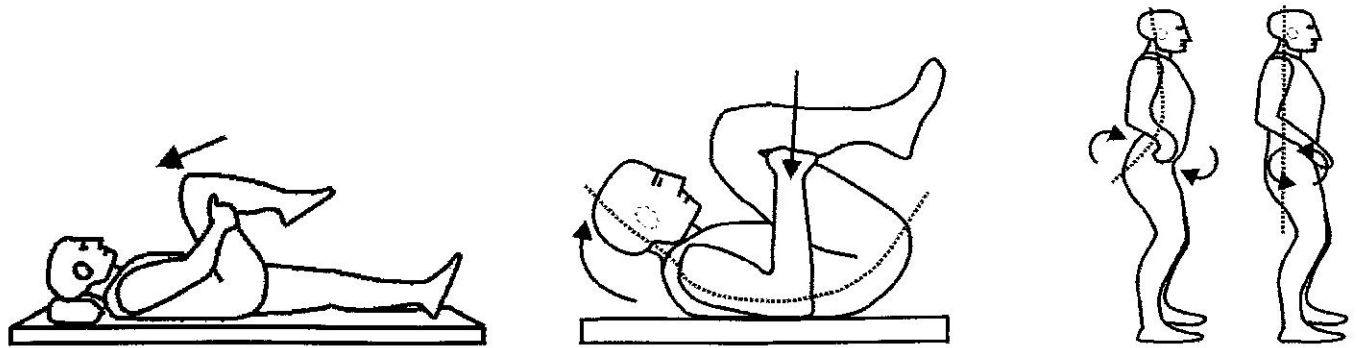
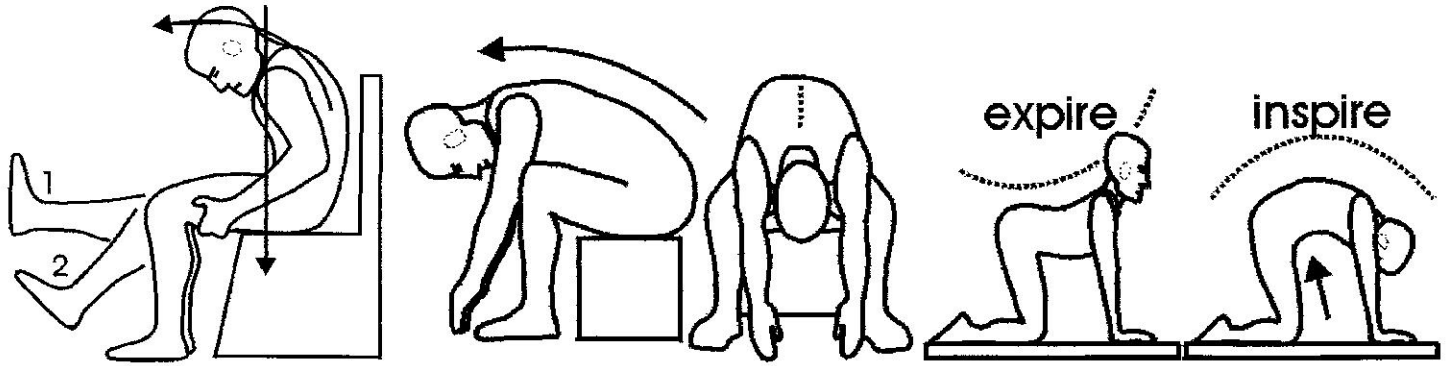


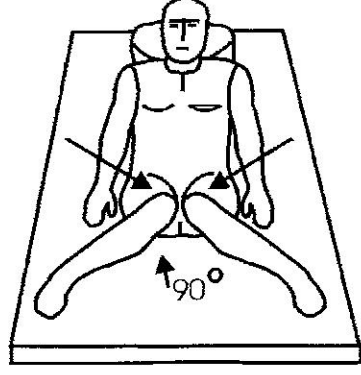
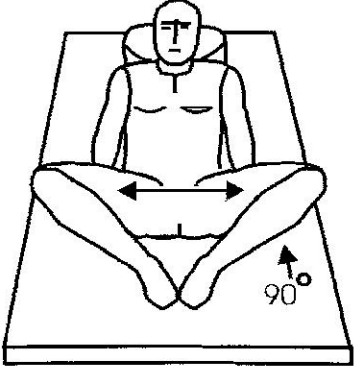
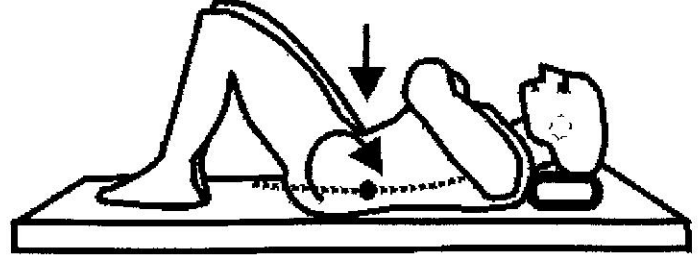
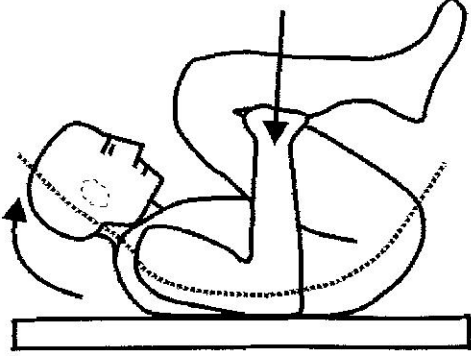
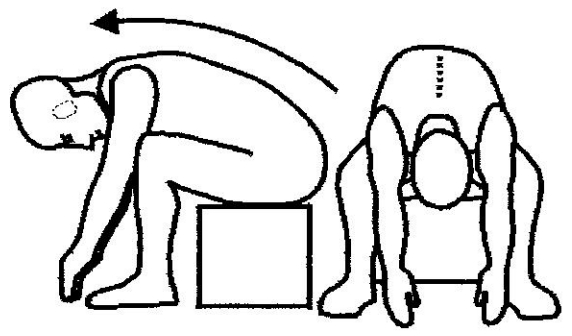
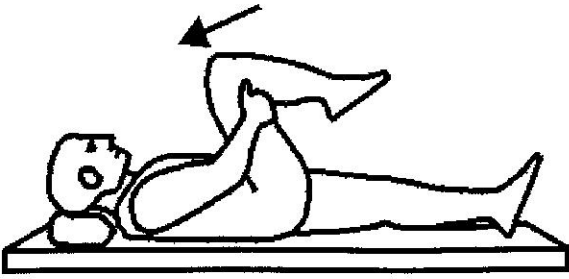
Sacroiliac Dysfunction





Spinal Stenosis





IN POOL below exercises

